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16 UNITED STATES DISTRICT COURT
 17 NORTHERN DISTRICT OF CALIFORNIA
 18 SAN FRANCISCO DIVISION

<p>19 ETOPIA EVANS, as the Representative of the) Estate of Charles Evans, et al.,) 20) Plaintiffs,) 21)</p>	<p>Case No. 3:16-cv-01030-WHA PLANTIFFS' SECOND AMENDED COMPLAINT</p>
<p>22 vs.)</p>	
<p>23 ARIZONA CARDINALS FOOTBALL CLUB,) LLC, et al.,) 24) Defendants.) 25)</p>	

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1 Plaintiffs, by and through undersigned counsel, file this Second Amended Complaint and in
2 support thereof allege as follows:

3 **NATURE OF THE ACTION**

4 1. Plaintiffs bring this action for redress of injuries resulting from a conspiracy
5 perpetrated by the 32 defendant clubs (“Clubs” or “Defendants”) that comprise the National Football
6 League (“NFL” or “League”). The allegations herein are supported by some of the hundreds of
7 thousands of pages of documents that Defendants and third parties have produced and by testimony
8 from Bud Carpenter (Bills’ trainer); Lawrence Brown (NFL medical advisor on prescription drugs
9 since the early 1990s); David Chao (Chargers’ doctor); Gerald Kuykendall (Dolphins’ doctor); John
10 Marzo (Bills’ doctor); Matthew Matava (Rams’ doctor); David Olson (Vikings’ doctor); Elliott
11 Pellman (Jets’ doctor and NFL medical advisor); Arthur Rettig (Colts’ doctor); Andrew Tucker
12 (Colts’ doctor); and Anthony Yates (Steelers’ doctor).

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15 2. The conspiracy is perhaps best exemplified by a single-page document prepared in
16 2014 by Dr. Thomas McClellan, an associate of Dr. Brown, titled “The Role of League-Wide
17 Incentives in Promoting the Opioid Use Problem: The Need for League-Wide Collaboration to Solve
18 the Problem” (the “Opioid Use Problem”). The document was produced by Dr. Brown during
19 discovery in this matter.

20
21 3. In the Opioid Use Problem, Dr. McClellan identifies three issues, each of which have
22 several sub-points. The first issue is “Pain and the Ability to Play Competitive Football,” about
23 which Dr. McClellan makes four points: (1) “Pain is omnipresent among NFL players – it is an
24 almost unavoidable consequence of playing the game at the professional level;” (2) “NFL players
25 who are in pain are not as able or as likely to play the game at their most competitive level;” (3)
26 “NFL players who do not play at their competitive best could face loss of status and income;” and
27 (4) “NFL teams whose players do not compete at their best can face loss of status and revenue.” His
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1 takeaway point on this issue: “It is in the players’, the teams’, and the league’s reputational and
2 financial interests to have the most competitive level of play and thus to find ways to overcome any
3 impediment to competitive play – perhaps especially pain.”

4 4. Plaintiffs made similar allegations in their Complaint:

5 Beginning in the 1960s, professional football began to rival baseball as the country’s
6 national sport. Football is far-better suited for television – a veritable match made in
7 heaven. And once the profits flowed from television, the Clubs began to realize the
8 seemingly limitless revenues they could achieve. At the same time, the individuals
9 running the Clubs began to realize the necessity of keeping their best players on the
10 field to ensure not only attendance at games but also the best possible TV ratings.
11 That realization resulted in the creation of a return to play practice or policy by the
12 Clubs that prioritized profit over players’ health and safety. Given the injuries
13 inherent in the game, concern for the players’ health should include giving them
14 adequate rest, having fewer games, and keeping more players on the roster. But all
15 of that would cut into profit. So the Clubs chose a different method to keep their
16 players on the field.
17
18

19 *Etopia Evans, et al. v. Arizona Cardinals Football Club, LLC*, 3:16-cv-02324 (N.D. Cal. 2014),
20 Dckt. # 1, ¶¶ 2 – 4.

21
22 5. The next issue Dr. McClellan addresses is “Pain Relieving Medications and
23 Competitive Football,” about which he makes two points: (1) “Opioids and other non-opioid pain
24 medications are demonstrably effective in the short term for relieving most forms of skeletal and
25 muscular pain so often experienced by NFL players;” and (2) “For these reasons appropriate
26 (properly prescribed and monitored) as well as inappropriate opioid and non-opioid pain medication
27 use are both more common among NFL players.” His takeaway point on this issue: “It is in the
28

1 players', the teams', and the league's reputational and financial interests to use analgesic
2 medications for pain relief. These incentives and the nature of the sport combine to make opioid and
3 other pain medication usage much more prevalent in the NFL than in virtually any other industry,
4 population or endeavor. This really means that there is shared responsibility and joint culpability for
5 the problem.”¹

6
7 6. Cue the Complaint:

8 As far back as the mid-1960s, Club doctors and trainers were providing players with
9 controlled substances and prescription and non-prescription pain killers, anti-
10 inflammatories, and sleep aids (“Medications”) to get them back in the game as soon
11 as possible, despite being injured, and keep them there. Though the Medications
12 have changed over the ensuing decades, the manner in which they have been
13 distributed has not. Players from around the country describe the same thing – Club
14 doctors and trainers providing injections or pills, not telling the players what they
15 were receiving, misstating the effects of the Medications (if they addressed the
16 effects at all), and not talking about the need for informed consent or the long-term
17 effects of what they were taking. These doctors and trainers dispensed the
18 Medications to their football patients in an amount and manner they would never do
19 with their non-football patients.
20
21

22 *Id.*, ¶¶ 5 – 6.
23

24 ¹ Plaintiffs anticipate that Defendants will argue that the foregoing passage indicates that the
25 “shared” responsibility includes that of the players. Of course, until Dr. McClellan is deposed, we
26 will not know exactly what it means. But even if Dr. McClellan did mean that the players share in
27 that responsibility, such a statement would fail to account for the fact that our society, through
28 federal and state laws discussed in detail here, has taken the decision away from the patient as to
whether or not they should be taking addictive medications such as those described herein and
squarely placed it where it belongs: with professionals (doctors) who best understand when to
prescribe such medications.

1 7. Dr. McClellan’s final issue is “Short and Long-Term Risks of Pain Medication Use in
2 Professional Football,” about which he makes three points: (1) “Players in pain who would otherwise
3 not play or play at the same level of competitiveness may be induced by a pain medication and their
4 personal financial/reputational incentives to play under conditions that could exacerbate their injuries
5 and hinder their recovery;” (2) “Players who take opioid or other abuse-labile medications –
6 especially for protracted periods or at high dosages – will be at longer-term risk for developing abuse
7 or addiction;” and (3) “Because opioids relieve pain that might otherwise prevent or diminish normal
8 willingness or ability to play football – they can be considered ‘performance enhancing drugs’
9 although not in the same sense as amphetamines or stimulants.” His takeaway point on this issue:
10 “Because of the shared responsibility for the nature of the problem; because of the multiple
11 incentives for using pain medications; and because the short and long term risks of pain medication
12 use and abuse have already been demonstrated – it is in the shared interests of the players, the teams
13 and the league to take combined action to find practical solutions to the problem – these solutions
14 must address some of the powerful incentives for pain medication use that are endemic to the sport.”

15
16
17 8. Plaintiffs agree, and commit now (they would contend they have already done so) to
18 working with the Clubs on this problem. In any event, this should be considered a standing
19 invitation to do so.

20
21 9. But until Plaintiffs get that call, all they can do (if they are to do anything at all) is
22 proceed with their well-pled allegations that Defendants’ actions violate the Controlled Substances
23 Act (“CSA”) and/or Food Drug & Cosmetic Act (“FDCA”) (which is incorporated to some degree
24 by the CSA), their implementing regulations, and analogous state laws and that their omissions and
25 concealment as detailed herein harmed Plaintiffs and the proposed class.

26 10. It is illegal to distribute controlled substances and medications requiring prescriptions
27 in the manner and at the locations described herein. These illegal acts, and the omissions associated
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1 with them and described herein, have taken place on every Club since at least the mid-1960s and the
2 named Plaintiffs, as a group, have played for every Club in the NFL from 1976 to 2014.

3 11. All of the named Plaintiffs bring intentional misrepresentation and concealment
4 claims against all Defendants based on their behavior as described herein.

5 **JURISDICTION AND VENUE**

6
7 12. This Court has original jurisdiction pursuant to 28 U.S.C. § 1332(d)(2) because the
8 proposed class consists of more than one hundred persons, the overall amount in controversy
9 exceeds \$5,000,000 exclusive of interest, costs, and attorney's fees, and at least one Plaintiff is a
10 citizen of a State different from one Defendant. The claims can be tried jointly in that they involve
11 common questions of law and fact that predominate over individual issues.

12
13 13. This action was originally filed in the United States District Court for the District of
14 Maryland and transferred to this Court upon Defendants' motion. Defendants thus waive any
15 argument that this Court does not have personal jurisdiction over them. In any event, the Court does
16 have personal jurisdiction over Defendants because they do business in this District, derive
17 substantial revenue from their contacts with this District, and because two of the Defendants, the
18 Oakland Raiders, LLP and the Forty Niners Football Company, LLC, operate within this District,
19 where each other Defendant has played at least once.

20
21 14. Venue is proper pursuant to 28 U.S.C. § 1391(b)(1) because Defendants are entities
22 with the capacity to sue and be sued and reside, as that term is defined at 28 U.S.C. §§ 1391(c)(2)
23 and (d), in this District.

1 **THE PARTIES**

2 **I. PLAINTIFFS DID NOT LEARN OF THE CAUSE OF THEIR INJURIES UNTIL**
3 **WITHIN THE APPLICABLE STATUTES OF LIMITATIONS.**

4 15. Plaintiffs suffer from two discrete sets of injuries directly caused by Defendants'
5 omissions and concealment: (1) internal organ injuries; and (2) muscular/skeletal injuries
6 exacerbated by the Clubs' administration of Medications to keep players on the field or in practice.

7 16. Plaintiff Etopia Evans is the widow, and Personal Representative of the Estate, of
8 Charles Evans, a representative member of the putative class. As of the commencement of this
9 action, Ms. Evans is a resident of Louisiana. Mr. Evans died while a resident of the State of
10 Maryland. Mr. Evans played 107 games as a fullback for the Minnesota Vikings from 1993 – 1998
11 and the Baltimore Ravens from 1999 – 2000.

13 17. Based on the information currently available to Ms. Evans – which is limited because:
14 (a) she does not know all of the Medications that Defendants provided Mr. Evans, and (b) the
15 Defendants possess most, if not all, of the information related to dosage units, frequencies and
16 durations of administrations and correlated, documented side effects and Plaintiffs are still in the
17 process of reviewing that information – she is aware that her husband suffered from damage to
18 internal organs and the muscular/skeletal injuries discussed above. Ms. Evans did not become aware
19 that Defendants caused those injuries until, at the earliest, March of 2014. Mr. Evans was not aware
20 that Defendants caused those injuries at the time of his death.

22 18. Plaintiff Eric King is a representative member of the putative class. As of the
23 commencement of this action, he is a resident of California. Mr. King played 63 games as a
24 defensive back for the Buffalo Bills in 2005; the Tennessee Titans from 2006 – 2008; the Detroit
25 Lions from 2009 – 2010; and the Cleveland Browns in 2010.

27 19. Based on the information currently available to Mr. King – which is greatly limited
28 because: (a) he does not know all of the Medications that Defendants provided him, and (b) the

1 Defendants possess most, if not all, of the information related to dosage units, frequencies and
2 durations of administrations and correlated, documented side effects and Plaintiffs are still in the
3 process of reviewing that information – at this time, the only injuries of which he is aware are the
4 muscular/skeletal injuries discussed above. Mr. King did not become aware that Defendants caused
5 those injuries until, at the earliest, March of 2014.
6

7 20. Plaintiff Robert Massey is a representative member of the putative class. As of the
8 commencement of this action, he is a resident of North Carolina. Mr. Massey played 140 games as a
9 defensive back for the New Orleans Saints from 1989 – 1990; the Phoenix Cardinals from 1991 –
10 1993; the Detroit Lions from 1994 – 1995; the Jacksonville Jaguars in 1996; and the New York
11 Giants in 1997. He was selected to the Pro Bowl in 1992.
12

13 21. Based on the information currently available to Mr. Massey – which is greatly limited
14 because: (a) he does not know all of the Medications that Defendants provided him, and (b) the
15 Defendants possess most, if not all, of the information related to dosage units, frequencies and
16 durations of administrations and correlated, documented side effects and Plaintiffs are still in the
17 process of reviewing that information – at this time, the only injuries of which he is aware are kidney
18 damage and the muscular/skeletal injuries discussed above. Mr. Massey did not become aware that
19 Defendants caused those injuries until, at the earliest, March of 2014.
20

21 22. Plaintiff Troy Sadowski is a representative member of the putative class. As of the
22 commencement of this action, he is a resident of Georgia. Mr. Sadowski played 104 games as a tight
23 end for the Atlanta Falcons in 1990; the Kansas City Chiefs in 1991; the New York Jets from 1992 –
24 1993; the Cincinnati Bengals from 1994 – 1996; the Pittsburgh Steelers from 1997 – 1998; and the
25 Jacksonville Jaguars in 1998.
26

27 23. Based on the information currently available to Mr. Sadowski – which is greatly
28 limited because: (a) he does not know all of the Medications that Defendants provided him, and (b)

1 the Defendants possess most, if not all, of the information related to dosage units, frequencies and
2 durations of administrations and correlated, documented side effects and Plaintiffs are still in the
3 process of reviewing that information – at this time, the injuries of which he is aware are the
4 muscular/skeletal injuries discussed above. Mr. Sadowski did not become aware that Defendants
5 caused those injuries until, at the earliest, March of 2014.
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7 24. Plaintiff Chris Goode is a representative member of the putative class. As of the
8 commencement of this action, he is a resident of Alabama. Mr. Goode played 97 games as a
9 defensive back for the Indianapolis Colts from 1987 – 1993.

10 25. Based on the information currently available to Mr. Goode – which is greatly limited
11 because: (a) he does not know all of the Medications that Defendants provided him, and (b) the
12 Defendants possess most, if not all, of the information related to dosage units, frequencies and
13 durations of administrations and correlated, documented side effects and Plaintiffs are still in the
14 process of reviewing that information – at this time, the injuries of which he is aware are damage to
15 internal organs and the muscular/skeletal injuries discussed above. Mr. Goode did not become
16 aware that Defendants caused those injuries until, at the earliest, March of 2014.
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18 26. Plaintiff Darryl Ashmore is a representative member of the putative class. As of the
19 commencement of this action, he is a resident of Florida. Mr. Ashmore played 123 games as an
20 offensive lineman for the Los Angeles and St. Louis Rams from 1993 – 1996; the Washington
21 Redskins from 1996 – 1997; and the Oakland Raiders from 1998 – 2001.
22

23 27. Based on the information currently available to Mr. Ashmore – which is greatly
24 limited because: (a) he does not know all of the Medications that Defendants provided him, and (b)
25 the Defendants possess most, if not all, of the information related to dosage units, frequencies and
26 durations of administrations and correlated, documented side effects and Plaintiffs are still in the
27 process of reviewing that information – at this time, the injuries of which he is aware are damage to
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1 internal organs and the muscular/skeletal injuries discussed above. Mr. Ashmore did not become
2 aware that Defendants caused those injuries until, at the earliest, March of 2014.

3 28. Plaintiff Jerry Wunsch is a representative member of the putative class. As of the
4 commencement of this action, he is a resident of Florida. Mr. Wunsch played 120 games as an
5 offensive lineman for the Tampa Bay Buccaneers from 1997 – 2001 and the Seattle Seahawks from
6 2002 – 2004.

7
8 29. Based on the information currently available to Mr. Wunsch – which is greatly
9 limited because: (a) he does not know all of the Medications that Defendants provided him, and (b)
10 the Defendants possess most, if not all, of the information related to dosage units, frequencies and
11 durations of administrations and correlated, documented side effects and Plaintiffs are still in the
12 process of reviewing that information – at this time, the injuries of which he is aware are damage to
13 internal organs and the muscular/skeletal injuries discussed above. Mr. Wunsch did not become
14 aware that Defendants caused those injuries until, at the earliest, March of 2014.

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16 30. Plaintiff Alphonso Carreker is a representative member of the putative class. As of
17 the commencement of this action, he is a resident of Georgia. Mr. Carreker played 97 games as a
18 defensive end for the Green Bay Packers from 1984 – 1988 and the Denver Broncos in 1989 and
19 1991.

20
21 31. Based on the information currently available to Mr. Carreker – which is greatly
22 limited because: (a) he does not know all of the Medications that Defendants provided him, and (b)
23 the Defendants possess most, if not all, of the information related to dosage units, frequencies and
24 durations of administrations and correlated, documented side effects and Plaintiffs are still in the
25 process of reviewing that information – at this time, the injuries of which he is aware are damage to
26 internal organs and the muscular/skeletal injuries discussed above. Mr. Carreker did not become
27 aware that Defendants caused those injuries until, at the earliest, March of 2014.

1 32. Plaintiff Steve Lofton is a representative member of the putative class. As of the
2 commencement of this action, he is a resident of Texas. Mr. Lofton played 74 games as a defensive
3 back for the Phoenix Cardinals from 1993 –1995, the Carolina Panthers from 1995 –1996 and in
4 1998 and 1999, and the New England Patriots from 1997 –1998. Mr. Lofton was injured for the
5 1994 season.

6 33. Based on the information currently available to Mr. Lofton – which is greatly limited
7 because: (a) he does not know all of the Medications that Defendants provided him, and (b) the
8 Defendants possess most, if not all, of the information related to dosage units, frequencies and
9 durations of administrations and correlated, documented side effects and Plaintiffs are still in the
10 process of reviewing that information – at this time, the injuries of which he is aware are damage to
11 his internal organs and the muscular/skeletal injuries discussed above. Mr. Lofton did not become
12 aware that Defendants caused those injuries until, at the earliest, March of 2014.
13

14 34. Plaintiff Duriel Harris is a representative member of the putative class. As of the
15 commencement of this action, he is a resident of Louisiana. Mr. Harris played 135 games as a wide
16 receiver for the Miami Dolphins from 1976 – 1983 and 1985 and the Cleveland Browns and Dallas
17 Cowboys in 1984. He was a first team All-Conference and All-NFL selection in 1976.
18

19 35. Based on the information available to Mr. Harris – which is greatly limited because:
20 (a) he does not know all of the Medications that Defendants provided him, and (b) the Defendants
21 possess most, if not all, of the information related to dosage units, frequencies and durations of
22 administrations and correlated, documented side effects and Plaintiffs are still in the process of
23 reviewing that information – at this time, the injuries of which he is aware are damage to his internal
24 organs, including his liver and kidneys, and the muscular/skeletal injuries discussed above. Mr.
25 Harris did not become aware that Defendants caused those injuries until, at the earliest, March of
26 2014.
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1 36. Plaintiff Jeffery Graham is a representative member of the putative class. As of the
2 commencement of this action, he is a resident of Ohio. He played 163 games for the Pittsburgh
3 Steelers from 1991 – 1993, the Chicago Bears from 1994 – 1995, the New York Jets from 1996 –
4 1997, the Philadelphia Eagles in 1998 and the San Diego Chargers from 1999 – 2001.

5 37. Based on the information available to Mr. Graham – which is greatly limited because:
6 (a) he does not know all of the Medications that Defendants provided him, and (b) the Defendants
7 possess most, if not all, of the information related to dosage units, frequencies and durations of
8 administrations and correlated, documented side effects and Plaintiffs are still in the process of
9 reviewing that information – at this time, the injuries of which he is aware are the muscular/skeletal
10 injuries discussed above. Mr. Graham did not become aware that Defendants caused those injuries
11 until, at the earliest, March of 2014.

12 38. Plaintiff Cedric Killings is a representative member of the putative class. As of the
13 commencement of this action, he is a resident of Florida. Mr. Killings played 34 games as a
14 defensive tackle/special team player for the San Francisco 49ers in 2000; the Cleveland Browns and
15 Carolina Panthers in 2001; the Minnesota Vikings in 2002-2003; the Washington Redskins in 2004-
16 2005 and the Houston Texans in 2006-2007.

17 39. Based on the information currently available to Mr. Killings – which is greatly
18 limited because (a) he does not know all of the Medications that Defendants provided him, and (b)
19 the Defendants possess most, if not all, of the information related to dosage units, frequencies and
20 durations of administrations and correlated, documented side effects and Plaintiffs are still in the
21 process of reviewing that information – at this time, the injuries of which he is aware are damage to
22 internal organs and the muscular/skeletal injuries discussed above. Mr. Killings did not become
23 aware that Defendants caused those injuries until, at the earliest, March of 2014.

1 40. Plaintiff Reggie Walker is a representative member of the putative class. As of the
2 commencement of this action, he is a resident of Colorado. Mr. Walker played in 75 games as a
3 linebacker for the Arizona Cardinals from 2009 – 2012 and for the San Diego Chargers from 2013 –
4 2014.

5 41. Based on the information currently available to Mr. Walker – which is greatly limited
6 because (a) he does not know all of the Medications that Defendants provided him, and (b) the
7 Defendants possess most, if not all, of the information related to dosage units, frequencies and
8 durations of administrations and correlated, documented side effects and Plaintiffs are still in the
9 process of reviewing that information – at this time, the injuries of which he is aware are the
10 muscular/skeletal injuries discussed above.

11 42. Plaintiffs have attached as **Exhibit A** an excel spreadsheet with specific dates of
12 games played and missed by Mr. Evans and the other Plaintiffs who played in the NFL during their
13 careers. Exhibit A also lists the names of the Club doctors and trainers for each year through 2010
14 as provided by the Defendants during discovery; Defendants have not yet produced the names of the
15 Club doctors and trainers for any season after 2010, or for that matter, any information post-2010,
16 having drawn an arbitrary deadline at the close of the 2010 season for producing information in this
17 case.

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20 **II. DEFENDANTS COMPRISE THE NATIONAL FOOTBALL LEAGUE.**

21 43. Defendant Arizona Cardinals Club, LLC, individually and as successor to the Phoenix
22 Cardinals, St. Louis Cardinals, and Chicago Cardinals (collectively “Cardinals”), is engaged in
23 interstate commerce in the business of, among other things, promoting, operating, and regulating the
24 NFL.

25
26 44. Defendant Atlanta Falcons Football Club, LLC (“Falcons”) is engaged in interstate
27 commerce in the business of, among other things, promoting, operating, and regulating the NFL.
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1 45. Defendant Baltimore Ravens LP (“Ravens”), individually and as successor to the
2 Cleveland Browns, is engaged in interstate commerce in the business of, among other things,
3 promoting, operating, and regulating the NFL.

4 46. Defendant Buffalo Bills, Inc. (“Bills”) is engaged in interstate commerce in the
5 business of, among other things, promoting, operating, and regulating the NFL.

6 47. Defendant Panthers Football, LLC (“Panthers”) is engaged in interstate commerce in
7 the business of, among other things, promoting, operating, and regulating the NFL.

8 48. Defendant The Chicago Bears Football Club, Inc. (“Bears”) is engaged in interstate
9 commerce in the business of, among other things, promoting, operating, and regulating the NFL.

10 49. Defendant Cincinnati Bengals, Inc. (“Bengals”) is engaged in interstate commerce in
11 the business of, among other things, promoting, operating, and regulating the NFL.

12 50. Defendant Cleveland Browns Football Club, LLC (“Browns”) is engaged in interstate
13 commerce in the business of, among other things, promoting, operating, and regulating the NFL.

14 51. Defendant Dallas Cowboys Football Club, Ltd. (“Cowboys”) is engaged in interstate
15 commerce in the business of, among other things, promoting, operating, and regulating the NFL.

16 52. Defendant PDB Sports, Ltd. (“Broncos”) is engaged in interstate commerce in the
17 business of, among other things, promoting, operating, and regulating the NFL.

18 53. Defendant Detroit Lions, Inc. (“Lions”) is engaged in interstate commerce in the
19 business of, among other things, promoting, operating, and regulating the NFL.

20 54. Defendant Green Bay Packers, Inc. (“Packers”) is engaged in interstate commerce in
21 the business of, among other things, promoting, operating, and regulating the NFL.

22 55. Defendant Houston Holdings LP (“Texans”) is engaged in interstate commerce in the
23 business of, among other things, promoting, operating, and regulating the NFL.

1 56. Defendant Indianapolis Colts, Inc., individually and as successor to the Baltimore
2 Colts (“Colts”), is engaged in interstate commerce in the business of, among other things, promoting,
3 operating, and regulating the NFL.

4 57. Defendant Jacksonville Jaguars, LLC (“Jaguars”) is engaged in interstate commerce
5 in the business of, among other things, promoting, operating, and regulating the NFL.

6 58. Defendant Kansas City Chiefs Football Club, Inc. (“Chiefs”) is engaged in interstate
7 commerce in the business of, among other things, promoting, operating, and regulating the NFL.

8 59. Defendant Miami Dolphins, Ltd. (“Dolphins”) is engaged in interstate commerce in
9 the business of, among other things, promoting, operating, and regulating the NFL.

10 60. Defendant Minnesota Vikings Football Club, LLC (“Vikings”) is engaged in
11 interstate commerce in the business of, among other things, promoting, operating, and regulating the
12 NFL.

13 61. Defendant New England Patriots, LLC (“Patriots”) is engaged in interstate commerce
14 in the business of, among other things, promoting, operating, and regulating the NFL.

15 62. Defendant New Orleans Saints, LLC (“Saints”) is engaged in interstate commerce in
16 the business of, among other things, promoting, operating and regulating the NFL.

17 63. Defendant New York Football Giants, Inc. (“Giants”) is engaged in interstate
18 commerce in the business of, among other things, promoting, operating and regulating the NFL.

19 64. Defendant New York Jets, LLC (“Jets”) is engaged in interstate commerce in the
20 business of, among other things, promoting, operating, and regulating the NFL.

21 65. Defendant The Oakland Raiders, LLP, individually and as successor in interest to the
22 Los Angeles Raiders (“Raiders”), is engaged in interstate commerce in the business of, among other
23 things, promoting, operating, and regulating the NFL and is a resident of this district.

1 **FACTS COMMON TO ALL COUNTS**

2 **I. THE RELEVANT HISTORY OF THE RELATIONSHIP BETWEEN THE CLUB**
3 **DEFENDANTS AND THEIR PLAYERS.**

4 **A. Labor Relations Between the Clubs and Players.**

5 76. Clubs playing American professional football first organized themselves as a league
6 in 1920, calling the organization the American Professional Football Association. The Clubs
7 renamed the league the National Football League in 1923 and have conducted joint activities under
8 that name until the present day.

9 77. From 1923 until 1968, players had no bargaining rights and were subject to unilateral
10 rules imposed jointly by the Clubs. No collective bargaining agreement (“CBA”) was in existence
11 for the first 45 seasons of professional football. The National Football League Players Association
12 (“NFLPA”), even though it had been in existence since 1956, was not recognized as a union or the
13 sole and exclusive bargaining representative for the Clubs’ players until 1968. The NFLPA
14 negotiated the first CBA with the Clubs that year. A second CBA between the Clubs and players
15 was signed in 1970.

16 78. The 1970 CBA expired after the 1973 season and no CBA was in existence for the
17 1973 – 1976 seasons. During that period, the NFLPA filed an antitrust suit against the NFL and the
18 Clubs: *Mackey v NFL*, 543 F.2d 606 (8th Cir. 1976). In ruling for the players, the appeals court
19 affirmed the District Court’s holding that the restrictions on player movement contained in the 1968
20 and 1970 CBAs were not the product of *bona fide* arm’s-length bargaining. The Eighth Circuit
21 further noted that “in part due to its recent formation and inadequate finances, the NFLPA, at least
22 prior to 1974, stood in a relatively weak bargaining position *vis-à-vis* the clubs.” *Id.* at 615.

23 79. In 1977, after the *Mackey* decision, the Clubs and players resolved their legal
24 differences in part through a new CBA, the first such agreement that was the product of good faith,
25 *bona fide* arm’s-length bargaining.

1 80. Upon the expiration of the 1977 CBA, the Clubs and players negotiated a new CBA
2 in 1982 that expired after the 1986 season. No CBA was in existence for the 1987 – 1992 seasons.
3 As part of the settlement of another antitrust lawsuit filed by the players, a new CBA was executed
4 in 1993. From that date until present, every football season has been played pursuant to a CBA.

5 81. The football seasons from 1923 through 1967, 1973 through 1976 and 1987 through
6 1992 were not subject to any CBA. The seasons from 1968 through 1972 were subject to CBAs that
7 were not the product of *bona fide*, arm’s-length bargaining. Therefore, only the 1977 through the
8 1986 and 1993 through the 2016 seasons were governed by valid CBAs.

9 82. No CBA has addressed, let alone regulated, the administration or dispensation of
10 Medications. In public filings, the NFLPA has endorsed the statement that “[n]o CBA provision
11 addresses the NFL’s responsibilities *vis a vis* the illicit provision of the Medications. Not one of the
12 hundreds of NFL-selected pages of CBAs going back to 1968 mention[s] the Medications or
13 protocols for their provision.”
14

15
16 **B. The Clubs Mandated that Players Use Their Doctors and Trainers.**

17 **1. Team Doctors Regularly Interact with the League.**

18 83. Alvah Andrew “Doc” Young was a founder of the NFL and owned the Hammond
19 Pros, an early Club. He was also the first professional football team doctor, serving from 1920 –
20 1926. On information and belief, the Clubs have provided doctors for their players continuously
21 since the inception of the NFL.

22 84. The Clubs provided doctors and trainers for the 1923 through 1967, 1973 through
23 1976, and 1987 through 1992 seasons during which time no CBA was in effect. The Clubs provided
24 doctors and trainers for the 1968 through 1972 seasons during which the CBAs in effect were not the
25 product of *bona fide*, arm’s-length bargaining. Since their inception, the Clubs have recognized that
26 they maintain a hazardous workplace.
27
28

1 85. The NFL Physicians Society (the “NFLPS”) was founded in 1966 by a group of long-
2 time Club doctors and exists today. Its mission is “to provide excellence in the medical and surgical
3 care of the athletes in the NFL and to provide direction and support for the athletic trainers in charge
4 of the care of these athletes.” See <http://nflps.org/> (last visited February 22, 2017). It has hundreds of
5 members, including physicians from all 32 Clubs.
6

7 86. Although one would think that teams truly competing against each other would want
8 to maintain a propriety interest in their medical treatments, the opposite is the case with the NFL.
9 For example, in 1970, according to documents produced by the NFLPS, “the New York Jests
10 instituted a procedure to bring draft choices to their club facilities for physical examination during
11 the winter, starting with 40 players. This led to many of the teams doing the same thing and
12 ultimately to the combined physicals” beginning in 1985, commonly known as the Combine, for
13 which the Clubs share costs for medical examinations of draft-eligible players. NFL physicians
14 examine as many as 450 – 500 players at the Combine. The Combine continues to this day and at
15 each annual event, doctors from all 32 Clubs meet to discuss issues common to the member Clubs.
16

17 87. According to the NFLPS, its goals are “to constantly work toward improving the care
18 of the professional football players and prevention and treatment of injuries.” See <http://nflps.org/>
19 (last visited February 22, 2017). Their stated purpose is to “manage injuries once they occur to
20 allow players to reach their ... highest level of potential.” *Id.*
21

22 88. The NFLPS is governed by an executive committee that regularly interacts with the
23 League. For example, Dr. Anthony Yates (Steelers’ doctor), who served on that committee from
24 2000 to 2015 and is a former NFLPS president, testified at his deposition that Elliott Pellman, in his
25 capacity as medical advisor to the League, was a regular attendee of NFLPS executive committee
26 meetings. He further testified that Dr. Brown also attended such meetings, including, for example,
27 the February 11, 1995 meeting at the Westin Hotel in Indianapolis and the February 7, 1998 meeting
28

1 at the Hyatt Regency Hotel in Indianapolis. Other League officials attended these meetings too,
2 including Ed Teitge, who gave a 30 minute presentation on labor relations in the NFL at the
3 aforementioned 1998 meeting; Adolpho Birch, who attended the February 21, 2003 meeting at the
4 Westin Hotel in Indianapolis (along with Dr. Brown), and Commissioner Goodell, who attended the
5 February 23, 2012 NFLPS executive board meeting.
6

7 89. Dr. Yates also testified that Dr. John York, an owner of the San Francisco 49ers who
8 was also chairman of the owners' health and safety committee, would attend NFLPS meetings and
9 events, including the 2013 executive committee meeting at the Combine. Dr. Yates called Dr. York
10 "an important resource to and advocate for the team physicians and athletic trainers for all 32 clubs"
11 at the 2013 NFLPS business meeting.
12

13 90. He further testified that he attended "one or two" owners' health and safety
14 committee meetings and was present at the League's New York offices once or twice a year while he
15 was NFLPS president.

16 91. Dr. Matava (Rams' doctor) testified that, while president, he too attended owners'
17 health and safety committee meetings and regularly visited the League's New York offices for
18 meetings. Both he and Dr. Yates testified that, while serving as president of the NFLPS, they
19 attended, and gave presentations regarding medications (including Toradol) at, owners' meetings,
20 the Toradol meeting having occurred in March 2013.
21

22 92. Dr. Yates further testified that the League funded studies performed by the NFLPS
23 and in fact funded the Matava Toradol task force, discussed in greater detail below.

24 93. Moreover, the League, through Dr. Brown and the Club physicians, has audited the
25 Clubs' use of controlled substances since the late 1970s according to documents produced by Dr.
26 Brown in discovery. For example, a March 1, 2013 memorandum prepared by Dr. Brown (in which
27 he is styled as "Medical Advisor National Football League") for Adolpho Birch, Senior Vice
28

1 President of Law and Labor Policy for the NFL Management Council, covers the then nearly 40 year
2 history of the NFL Prescription Drug Program and Protocol, which apparently had “evolved ...
3 dramatical[ly] in the last two years” (which happen to be the two years after the DEA investigated
4 the Clubs, as discussed herein). In that memorandum, Dr. Brown notes that the players’ “health and
5 safety” were major reasons for the existence of the Prescription Drug Program and Protocol from its
6 inception through the time that memorandum was prepared.
7

8 94. From a review of related documents, and based on the testimony of Dr. Brown, it
9 appears that these audits are part of the larger pattern of lip service that the League and Clubs play to
10 their Medications problem. For example, a Final Report issued on May 30, 1990 by Forrest
11 Tennant, the NFL’s Drug Advisor, states in relevant part that “[s]ome Clubs ... don’t apparently
12 understand the necessity (and law) to keep dispensing logs and an internal audit” as relates to
13 controlled substances. An audit from the very next year states that “[m]any teams lack evidence of a
14 copy of the current DEA registration for each prescribing physician” and that a “significant number
15 of teams store/stock controlled substances in devices of questionable compliance to governmental
16 regulations.” In 1998, at the NFLPS business meeting held on February 7, 1998, Dr. Lawrence
17 Brown reported to the NFLPS that, during the last audit, at least “5 teams were in noncompliance
18 with controlled substances” (and he fails to make mention of what, if anything, would be done to
19 bring those teams into compliance). And as of 2010, when the DEA began its investigation, all of
20 the Clubs were in violation of the CSA with regard to traveling with controlled substances and, upon
21 information and belief, most of the Clubs continued to remain in non-compliance on that issue until
22 2015.
23

24
25 95. Indeed, Dr. Marzo (Bills’ doctor) testified that, even after being informed that they
26 could not travel with controlled substances in 2011, as late as 2014, he would still do so and
27 administer that drug to a player.
28

1 96. Put simply, while the League, Clubs and their agents and employees have identified
2 Medication-related problems for decades, it appears they failed to act on them until perhaps 2015,
3 even when the DEA itself gave a presentation in 2011 at the NFL Combine particularly detailing the
4 Clubs' obligations to comply with the CSA.

5 **2. Trainers Interact Directly with Team Owners, GMs and Coaches.**

6 97. On information and belief, the Clubs have provided trainers continuously since the
7 early years of the NFL. The NFL Athletic Trainers Society was founded in the mid-1960's by a
8 number of long time Club trainers.² According to the PFATS web site, that group came together
9 because it "saw an opportunity to share knowledge and techniques on injury prevention and
10 rehabilitation at the National Athletic Trainers Association ... Annual Meeting and Clinical
11 Symposium." See <http://www.pfats.com/about/history/> (last visited February 22, 2017).

12 98. After the AFL-NFL merger, AFL trainers "began attending" that annual meeting as
13 well and "team physicians soon followed." *Id.* "[In 1969], a league official began attending, and by
14 the end of the decade, then-NFL commissioner Pete Rozelle required all teams to send their head
15 athletic trainers to the annual NFL Athletic Trainers Meetings." *Id.*

16 99. The web site used to state that PFATS was founded because NFL Clubs "are always
17 trying to gain an edge. [Clubs] need to provide the best and most complete care for their product –
18 the players." It appears that since that site was last visited in October 2016, that language has been
19 removed.

20 100. Today, PFATS is in partnership with the Physicians Society and the NFL and states
21 that its mission is to serve the players of the NFL.

22 101. The League, through its medical advisor, Dr. Brown, would communicate directly
23

24
25
26
27 ² That organization was succeeded in 1982 by the Professional Football Athletic Trainers
28 Society ("PFATS").

1 with the trainers about issues related to controlled substances. For example, on October 31, 2008,
2 Dr. Brown e-mailed trainers from every team regarding the status of their compliance “with NFL
3 Policies” pertaining to prescription drugs in which he advises them, among other things, that if they
4 “are providing more than one dose [of a prescription medication] this is viewed in most jurisdictions
5 as dispensing. Therefore, you are required to comply with federal (related to controlled drugs) and
6 state (related to all prescription medications) guidance with respect to the packaging and labeling of
7 prescription medication dispensed to a patient.”

9 **II. THE CLUBS HAVE CREATED A RETURN TO PLAY PRACTICE OR POLICY**
10 **THAT PERMEATES PROFESSIONAL FOOTBALL.**

11 102. The Clubs have recognized the appeal of violence associated with football since the
12 inception of the sport. But the Clubs have also recognized that, to give the public the best product
13 possible, marquee players need to play, even if they are injured and in pain. One solution to this
14 inherent conflict – violence sells but it also puts players on the sidelines who bring fans to the game
15 – would be to play fewer games (like in college), give players more time to rest between games, and
16 have larger rosters (the NCAA allows for 105 man rosters before the first day of class or the first
17 game – twice that of the NFL). But that would cut into the Clubs’ profit margins.

19 103. Instead, the Clubs have resolved this inherent conflict in favor of profit over safety
20 with more games, less rest (*e.g.*, Thursday night football), and smaller rosters that save payroll
21 expenses. And they achieve their ends through a business plan in which every Club employee –
22 general managers, coaches, doctors, trainers and players – has a financial interest in returning players
23 to the game as soon as possible. Everyone’s job and salary depend on this simple fact. The return to
24 play practice or policy was based on four cornerstone concepts: profit, media, non-guaranteed
25 contracts, and drugs. As professional football took off, these bedrock concepts would become the
26 driving force behind every business decision made by the Clubs.

1 104. While professional football has been a popular spectator sport since its inception, with
2 the widespread availability of television in the 1960's, the Clubs realized that the opportunity for
3 profits would greatly increase as income would no longer be dependent solely on attendance at the
4 games. As the television networks began competing for the rights to televise games, the Clubs
5 sought to further capitalize on the public's demand for the violence of the sport. But the ever-
6 escalating profitability of the Clubs was dependent on keeping the players on the field, even when
7 games and practices spawned increasing numbers of injuries as the result of bigger, stronger players
8 having less time between games to recover. The health interests of the players were increasingly
9 subordinated and forgotten as the Clubs evolved into multi-billion dollar businesses.

11 105. The Clubs also manipulated the media to increase revenue and reinforce the return to
12 play practice or policy. In 1965, the Clubs created NFL Films to market video of the Clubs' games,
13 coaches, and players. NFL Films highlighted the violence of the game and the "toughness" of its
14 players. Dramatic collisions between players were highlighted in slow motion. Players who
15 returned to the game with severe injuries were lauded as courageous heroes. These same themes
16 were repeated by the broadcast networks. American folklore regarding professional football players
17 was indelibly established – the players were super human warriors who played through pain for the
18 integrity of the game they loved. The return to play practice or policy became an accepted fact of
19 doing business by the Clubs as profits soared.

22 106. One need only examine the 1987 season to understand the importance of keeping the
23 best players out on the field at all costs. That year, the players went on strike and the Clubs played a
24 number of regular season games with so-called "replacement players." Television ratings for these
25 games dropped by more than 20%. The networks agreed to continue broadcasting them only when
26 the Clubs agreed to reduce prices to enable the networks to recoup the losses. The Clubs never used
27
28

1 replacement players again. On information and belief, this experience reinforced to the Clubs the
2 importance of having “star” NFL players on the field.

3 **A. Increasing Revenue Fuels the Return to Play Practice/Policy.**

4 107. Between 1990 and 2013, Defendants’ total annual revenue jumped from \$1.5 billion
5 to over \$9 billion. Defendants’ commissioner, Roger Goodell, has set a target of \$27 billion by
6 2027.

7
8 108. In its thirst for constantly-growing revenue, Defendants expanded from 24 to 32
9 Clubs, added two more regular season games (and are looking to add two more), expanded the
10 number of Clubs participating in post-season play, and scheduled more games during the week
11 (particularly on Thursday nights), leaving players with less recovery time and greater chances for
12 new injuries or worsening of existing injuries.

13
14 109. Indeed, professional football is such an omnipresent force, with off-season camps
15 starting in April, the draft in May, practices and pre-season games through August, the regular
16 season through December, and post-season often carrying over into February, that an entire TV
17 channel, the NFL Network, devotes all day, every day to the game.

18 110. During this same time, players have gotten bigger and stronger. Mel Kiper, one of
19 ESPN’s senior football analysts, noted that in 2011, offensive linemen were on average 24 percent
20 heavier than they were in 1979 and an average of 31 percent stronger than they were in 1991. In the
21 1960s, the Colts’ Hall of Fame defensive tackle Art Donovan was considered a giant at 263 pounds.
22 In recent years, the NFL has seen the likes of Aaron Gibson at 440 pounds, Albert Haynsworth and
23 Shaun Rogers at 350 pounds, and King Dunlap, who stands 6 feet 9 inches and weighs 330 pounds.
24 Indeed, at the NFLPS annual meeting in 2013, the physicians discussed “[s]tudies ... [that] have
25 showed that the increase in foot and ankle [injuries] is a combination of the players being faster and
26
27
28

1 stronger, having higher energy injuries” that has led to an “increase in ankle injuries and ACL
2 injuries.”

3 111. More games, longer seasons, shorter recovery between games, plus bigger and
4 stronger players, equals more frequent and debilitating injuries. These injuries pose a serious
5 business problem for Defendants, which need star players on the field any given Sunday – and
6 Monday and Thursday – so the money can keep rolling in.
7

8 112. In a survey by the Washington Post, nearly nine out of 10 former players reported
9 playing while hurt. Fifty-six percent said they did this “frequently.” An overwhelming number – 68
10 percent – said they did not feel like they had a choice as to whether to play injured.

11 113. Those players are right – Defendants gave them no choice. From the beginnings of
12 professional football to the present day, the Clubs have created a coercive economic environment in
13 which all players have non-guaranteed contracts. The current standard player contract states that the
14 player’s salary is game to game and a player’s contract can be terminated for lack of skill at any time
15 (referred to as being “cut”). Players are constantly reminded by general managers, coaches and the
16 media of the competitive nature of the game and the importance of playing. If a player is injured,
17 coaches advise him to return to play as soon as possible to prevent a replacement from taking his
18 spot on a Club. Rookie players are immediately told of the decades’ long adage promulgated by the
19 Clubs – “You can’t make the Club in the tub.” The named Plaintiffs, including Ms. Evans (who was
20 told by Mr. Evans of the pressure he received), testified at their depositions about the subtle and not-
21 so-subtle pressures they faced to play despite being injured, some of which is detailed herein. The
22 Clubs exert enormous economic pressure on the players to return to play as soon as possible and play
23 through the pain. This financial reality is reinforced by the Club-created image of the professional
24 football player as heroic warrior.
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1 114. From the outset, the means by which the Clubs facilitated the return to play practice
2 or policy was the widespread availability of the Medications. Club doctors and trainers have
3 distributed these controlled substances and prescription medications with little to no regard for the
4 law or the players' health. Club doctors and trainers know that, if players are given adequate rest
5 and do not return to the game, the doctor or trainer will be replaced. As the position of Club doctor
6 and trainer have become increasingly lucrative, the pressures on the medical personnel to return
7 players to the field have only increased. The Clubs have established a business culture in which
8 everyone's financial interest depends on doctors and trainers supplying Medications to players to
9 keep them in the game.
10

11 115. That culture has so permeated the NFL that today, it is almost unshakeable. Although
12 there are too many incidents of such behavior to list, three highly publicized, recent incidents make
13 the point. In a 2013 playoff game, Washington Redskins quarterback Robert Griffin III re-injured
14 his knee severely in the first quarter but still returned to the game despite a clear inability to run or
15 even walk normally. He tore a ligament in his knee during the fourth quarter and was finally
16 removed from the game. And in a game against the Washington Redskins on October 27, 2014,
17 Dallas Cowboys' quarterback Tony Romo experienced a hard tackle that resulted in two vertebrae in
18 his back being chipped and fractured. Romo returned to the game after taking a painkilling
19 injection. He then missed the next week's game. Such injuries take six to eight weeks to heal.
20 However, less than two weeks after the injury, the Cowboys were playing a game in London, an
21 important showpiece for the Clubs trying to increase football's international popularity. Cowboys'
22 owner Jerry Jones stated "[Romo's] going on the trip to London and logic tells you that we wouldn't
23 have him make that trip to London and back if we didn't think he was going to play." Romo played
24 in the game in London and the rest of the games the Cowboys played that year. On information and
25 belief, Romo would have been unable to play through such acute pain without frequent use of
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1 painkilling pills and injections. Finally, on February 5, 2017, ESPN's Adam Schefter reported that
2 Atlanta Falcons center Alex Mack would play in the Super Bowl with a broken left fibula.
3 Apparently there had been a concern that the four-time Pro Bowler would be unable to play after
4 sustaining that injury during the NFC Championship Game and Schefter reported that the injury, had
5 it occurred in the regular season, would require Mack to sit out six to eight weeks but that he would
6 be receiving a pain-killer injection in his leg to alleviate the effect of the fracture, which occurred
7 above the plate inserted in his leg before he broke his fibula in 2014.
8

9 116. By contrast, according to Sally Jenkins of the Washington Post in a February 6, 2017
10 article titled "Tom Brady Rejected NFL's Medical Culture. At Almost 40, He's Never Played
11 Better," recent Super Bowl MVP Tom Brady "seize[d] control of his own body from a league that
12 specializes in ruining men with Mesozoic training methods and corrupt medical practices rife with
13 painkiller abuses and MRSA infections." According to Ms. Jenkins, "around a decade ago, Brady
14 told the NFL doctors and trainers to get their hands off him" and, instead of needles and pills, Mr.
15 Brady did things his own way. The point of the article is that, the Super Bowl win notwithstanding,
16 Mr. "Brady's ultimate victory is over the whole dumb, stick-a-needle-in-it NFL culture."
17

18 117. The Clubs maintain the return to play practice or policy by ensuring that players are
19 not told of the health risks associated with taking Medications. Players are not informed of the long-
20 term health effects of taking controlled substances and prescription medications in the amounts given
21 to them by the Clubs. Players are not counseled that inadequate rest will result in permanent harm to
22 joints and muscles. Players are frequently not told the name of the Medication they are being given.
23 Players are only told that, by taking the Medications offered by the Clubs, they will be able to
24 continue playing or return to play sooner.
25

26 118. The injuries at issue are caused by the volume of Medications given to the Plaintiffs
27 by the Defendants. As detailed herein, Plaintiffs report receiving Medications from the Defendants
28

1 literally every week during the football season of each of their careers. The sheer volume of the
2 Medications, combined with the omissions and concealments by Defendants detailed below, makes
3 it difficult for the Plaintiffs to remember the details of each and every time they received
4 Medications in the NFL (indeed, an analogous inquiry would be to ask a non NFL player how many
5 Advil pills they took in 2002), though Plaintiffs do detail many such administrations herein and
6 documents provided by the Clubs identify their dispensing habits.
7

8 119. For example, on October 13, 2014, 27 teams responded to a survey and noted that an
9 average of 26.7 players (more than half of the active roster) per team took at least one dose of
10 Toradol per game. On September 24, 2010, Paul Sparling (Bengals Head Trainer) e-mailed Dr. Jill
11 Eippert (Bengals doctor): “We, for example rarely dispense more than 12 – 20 Vicodine 5/500 a
12 game, whereas I know others that will routinely dispense 90+ each game.” On October 18, 2007,
13 Dave Granito (Assistant Athletic Trainer of the New England Patriots) e-mailed to Erika of
14 Sportpharm (a provider of the Medications to the Clubs): “I need to order 5 boxes of Toradol
15 60mg/2ml inj (2E6) total of 50 doses. And I have to have it before we leave for Miami on Saturday
16 afternoon. Please touch base if this is an issue.” Erika responded: “I have placed an order for an
17 afternoon delivery, so I should have this to u friday AM.” And in a memo e-mailed to all Team
18 Physicians and Head Athletic Trainers on October 31, 2008 by Dr. Brown, he stated: “Another
19 observation is the report of the number of prescription medication pills provided to a player on a
20 single occasion, from as few as one to as many ***as 40 pills at one time***” (emphasis added).
21
22

23 120. The amount of drugs dispensed to players is also revealed in drug inventories
24 produced by all the Clubs during discovery. For example, the Indianapolis Colts provided
25 information for Medications they dispensed during the seven months that encompassed the 2004
26 season. The data was submitted to Dr. Brown, copying team owner Jim Irsay and general manager
27 Bill Polian, by Hunter Smith (trainer) and Dr. Arthur Rettig (team doctor) on January 31, 2005 and is
28

1 attached hereto as **Exhibit B**. While the range of different types of drugs dispensed is astounding,
2 the 900 different doses of Toradol (oral and injectable combined) and the 585 doses of Vicodin is
3 particularly telling when one remembers that at any time during the regular season, a Club has only a
4 53-man roster. On information and belief, the drug usage memorialized in Exhibit B was average
5 for a Club at that time.
6

7 121. Pursuant to an audit of medications the Colts dispensed from September 30, 2009
8 through February 16, 2010, there were 1,172 Toradol 10mg's dispensed, 523 Toradol IM 60 mg
9 2ml's, and 2,396 doses of Vicodin. The next highest medication dispensed was Mucinex (1105).

10 122. For the Jets (at least), the usage of Toradol and Vicodin exploded between 2004 and
11 2009. In a January 26, 2010 e-mail from David Zuffelato to John Mellody and Joshua Koch,
12 attached hereto as **Exhibit C**, he provides a chart showing that in the 2008 season, the Jets dispensed
13 1,031 doses of oral and injectable Toradol and 1,295 doses of Vicodin (500 and 750 mg) and that, in
14 the 2009 season, their usage of Toradol increased to 1,178 doses and Vicodin increased to 1,564
15 doses. On information and belief, the Jets are an average NFL Club in terms of their Vicodin and
16 Toradol usage during the times identified.
17

18 123. And for the Steelers, the numbers only go higher. In a document dated March 1, 2013
19 from Lawrence Brown (on NFL letterhead) to Dr. Yates (Steelers' team doctor), attached hereto as
20 **Exhibit D**, Dr. Brown notes that "there was documentation of dispensing by a non-physician
21 [despite the numerous warnings that had been going around the League since the early 1990s, as
22 documented herein]. Please re-evaluate to insure that this behavior is congruent with federal and
23 state regulations." It also notes that during the "calendar year 2012, the [Steelers] medical staff ...
24 prescribed 7,442 doses of NSAIDs [again, 53-man roster] compared to League-wide average of
25 5,777 doses of NSAIDs per Club. Regarding controlled medications, [the Steelers] prescribed 2,123
26 doses of controlled medications compared to League-wide average of 2,270 doses of controlled
27
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1 medications per Club. By total doses, your Club ranks 10th in the greatest volume of NSAIDs
2 provided by an NFL Club and 14th in the greatest volume of controlled medications provided by an
3 NFL Club.”

4 **B. Manifestations of the Return to Play Practice or Policy.**

5 124. People trust doctors. Patients intuitively believe that doctors – who are bound by the
6 Hippocratic Oath to put patient interests first – and other medical personnel prioritize the patient’s
7 best interests and would not intentionally advise a procedure or prescribe or distribute a medication
8 that would injure their health. Professional football players are no different.

9 **1. Omissions Constitute Intentional Misrepresentations.**

10 125. Club doctors and trainers do not inform players of the risks posed by the use of
11 Medications, especially in the volume players are instructed to consume. Given the trust placed in
12 the doctors and trainers by players – and every named Plaintiff testified at their deposition that they
13 trusted their doctors and trainers, failure to provide a player with a legally-required warning about a
14 drug’s side effects constitutes an actionable omission that renders the statement misleading or false.

15 126. Club doctors and trainers do not inform players that they are distributing Medications
16 in an amount, dosage and manner they know is illegal. Doctors and trainers provide Medications to
17 professional football players in amounts and distribution procedures they would never do in their
18 regular practice with non-football player patients. Failure to inform players of known illegalities
19 constitutes an intentional misrepresentation that the practices are, in fact, legal.

20 127. Club doctors and trainers do not inform players of the health risks associated with
21 mixing Medications in the volume and manner they are doing (referred to as “cocktailing”). These
22 dangers are increased when the doctors and trainers know the Medications are often being mixed
23 with Club-provided alcohol (*e.g.*, Mr. Carpenter testified that beer would be waiting for players on
24 the steps leading to their planes after games). Failure to inform players of the known dangers from
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1 mixing the Medications being distributed by the Club to them constitutes an intentional
2 misrepresentation.

3 128. Club doctors and trainers do not inform players of the names of the Medications they
4 are being given and often these Medications are provided without a prescription, legally referred to
5 as misbranding. Players frequently report that they were never told all of the drugs they were being
6 given. Failure to disclose the name of a controlled substance or prescribed medication to a player
7 constitutes an intentional misrepresentation.
8

9 129. Club doctors and trainers frequently fail to document properly in a player's medical
10 records the usage of Medications. In a review of the medical records of 745 former players provided
11 by the Clubs for purposes of Workmen's Compensation claims, 164 (22%) players had no records at
12 all, 196 (26.3%) mentioned no drugs at all, 64 (8.6%) mentioned drugs without dosages, and 321
13 (43%) mentioned only some dosages. These failures highlight the omissions that occur as doctors
14 and trainers fail to document the Medications they are providing the players.
15

16 **2. The Clubs Engage in Concerted Activity to Keep Players on the Field,
17 Regardless of the Cost.**

18 130. The Clubs have conspired to put profit over player safety since at least the 1960s.

19 131. As an initial matter, the Clubs have had ample opportunity to share information about
20 revenue and how best to achieve high profit levels. The NFL executive committee has a member
21 from each Club and they meet on an annual basis at a minimum. Moreover, general managers for
22 the Clubs meet on a regular basis and the Clubs come together at other functions during the year,
23 including the yearly Combine. And as described herein, the trainers are mandated to meet on at least
24 a yearly basis while the doctors meet at least annually at the Combine. These regular meetings,
25 which have been taking place for decades, provide the Clubs with the chance to share information to
26 which the public is not privy. And as detailed herein, e-mails are sent *en masse* to all trainers or
27 doctors about medications and trainers or doctors from one team communicate with trainers or
28

1 doctors from other teams about medications via e-mail (*see, e.g.*, the Dr. Chao e-mail to the New
2 Orleans Saints trainer identified herein) or, as Drs. Rettig and Matava testified to, before and after
3 games. The Commissioner attends NFLPS meetings; NFLPS executive committee members attend
4 owners' meetings and NFL Management Council meetings, and lurking in the background of it all
5 are Drs. Brown and Pellman, who go-between the doctors, Clubs and League.
6

7 132. From a structural perspective, it is not difficult for the Clubs to collude. There are
8 high barriers to entry in the League, which has no competition in the world and serious economic
9 incentives to maintain the *status quo*. The limited number of Clubs – there are only 32 – is exactly
10 the sort of highly-concentrated market that fosters the creation, and permits the maintenance, of
11 illicit agreements like those detailed herein. It is (obviously) against one's self-interest to violate
12 federal drug laws unless you know that everyone else is doing so and they all have the same reason
13 not to reveal what the others are doing. Put another way, the usual incentives – increased market
14 share and revenue – are not there for one Club to flip on the others because if they do so, the whole
15 structure will come crashing down and all of them will pay the price. Accordingly, even with the
16 movement of players from Club to Club, the Clubs know that so long as they present a united front,
17 they face little chance of detection.
18

19 133. But simply because one has the means does not necessarily mean they have the
20 motive to collude. The Clubs have ample reason to do so. As detailed herein, the NFL juggernaut
21 has exploded in terms of revenue and it intends to get even bigger. The Clubs share the same
22 economic interest in keeping each other's stars on the field and playing more games to keep TV
23 revenues high, along with jersey sales and all the other means by which the Clubs profit off their
24 players, while at the same time keeping rosters small and overhead low. Indeed, the revenue-sharing
25 that takes place among the Clubs – they all share equally from their TV deal – means they have little
26
27
28

1 if any interest in maximizing their own profit at the expense of competitors and, to the contrary, will
2 protect each other in mutually-advancing their interests.

3 134. And as detailed herein, the Clubs decided to keep their players on the field, and the
4 profits high, by feeding drugs to their players in dangerous quantities and the manner in which they
5 have done so – particularly after they have been made aware that their conduct is wrong – shows
6 brazen disregard for federal and state drugs laws. The ubiquity of their illegal conduct, which comes
7 in several forms and has been ongoing for decades, negates any inference that the Clubs have been
8 acting independently. Such conduct includes in particular the manner in which the Clubs have
9 distributed Medications to players, who have consistently reported that since the mid-1960s,
10 Medications have been distributed as if they were candy. The Medications have changed, but decade
11 to decade, the players report a similarity in the manner in which they are distributed by the Clubs:
12 Quaaludes and amphetamines beginning in the mid-1960’s, Vioxx and OxyContin beginning in the
13 1970’s, Percocet and Indocin in the 1980’s and, beginning in the 1990’s, Toradol.

14 135. The introduction of Toradol by all the Clubs elevated the return to play practice or
15 policy to new heights. From the mid-1990’s until the present day, the Clubs have given Toradol to
16 players as both a painkiller and a prophylactic. Players from multiple Clubs report lines of 30 – 35
17 players lined up for Toradol shots before games. Hall of Fame Coach and media analyst John
18 Madden, commenting on the widespread availability of Toradol, noted “I know an announcer that
19 goes down to the locker room to get a Toradol shot before a game.” In the last few seasons, the
20 Clubs have reduced the number of injections and increased the usage of Toradol pills. The Clubs
21 use Toradol for practice but its extensive use is reserved primarily for games. As the Clubs have
22 scheduled more mid-week games, Toradol has become an even more important component of the
23 return to play practice or policy. The Clubs continue to use other painkillers and anti-inflammatories
24 during the practice week.

1 136. One need only review a February 2, 2006 memorandum from Eric Sugarman, the
2 Vikings' head trainer, to Brad Childress, the Vikings' head coach, Rob Brzezinski, the Vikings' vice
3 president for operations, and Kevin Warren, the Vikings' vice president for operations, to understand
4 Toradol's importance to NFL. In it, he states in relevant part that he met with new team doctor
5 Fischer "for 3 hours yesterday afternoon.... We discussed in depth the use of Toradol and pain
6 medication in the NFL. **I expressed my concern that [the Vikings] are at a competitive**
7 **disadvantage** [in that they were the only club not regularly using Toradol]. I explained that I am
8 and will continue to speak to veteran players concerning their medical care, past and future. **I have**
9 **taken from these discussions that the medical staff has been too conservative in the past.** I
10 explained the Toradol survey results. See attached.... I was standing very firm during this point in
11 our conversation. I feel very strongly about this point. I stated to Dr. Fischer my passion for making
12 this athletic room professional and well respected with our players, coaches, front office, ownership
13 and throughout the NFL. I promised Dr. Fischer that he will develop a respect for me and my staff
14 as he observes how we run a NFL athletic training room. ... Overall, we had a productive meeting.
15 **I feel that Dr. Fischer is beginning to see my point of view on many issues. I also feel he is willing**
16 **to change in order to improve.** We will meet again next Wednesday" (emphasis added).

19 137. The Clubs imposed a uniform Toradol waiver beginning with the 2010 season, a
20 sample copy of which is attached hereto as **Exhibit E**. Every player on each Club was asked to sign
21 the waiver, which is identical for each Club.

23 138. Since the mid-1960's, the Clubs have provided players with sleep aids. Ambien, a
24 controlled substance, has been the drug of choice for multiple decades.

25 139. Since doctors are only present with the players on home game days, away game
26 weekends and one (occasionally a second) day during the week, trainers and their assistants had to
27 be folded into the loop of distributing Medications. Players from at least the 1960's to the present
28

1 consistently state that trainers routinely gave them Medications without examination, diagnosis, or
2 warnings – all outside the presence of a licensed physician.

3 140. As public awareness of the prevalence of drugs has increased, the Clubs have jointly
4 imposed a number of mandated procedures to control the drug distribution system while keeping the
5 flow as high as possible. The Clubs required that all drugs be locked in a closet or similar locked
6 storage facility. The Clubs also required that Club doctors register the Clubs’ facility as a storage
7 facility for controlled substances and prescription medication. The Clubs finally looked into the
8 possibility that they would purchase and utilize tracking software created by a firm called
9 SportPharm. SportPharm collects the data and retains it in the event the Clubs are questioned about
10 their drug distribution by the Drug Enforcement Agency (“DEA”) or an appropriate state agency.

11 141. On information and belief, the Clubs created a committee – the NFL Prescription
12 Drug Advisory Committee – to oversee the administration of controlled substances and prescription
13 drugs to players in all the Clubs. The person in charge of the committee is Dr. Lawrence Brown and
14 the committee, at least as of November 6, 2014, was comprised of the following persons who were
15 attending its meetings: Lawrence Brown, MD; Charles Brown, MD; Louis Baxter, MD; Arun
16 Ramappa, MD; Bertha Madras, PhD; Linda Cottler, PhD; Seddon Savage, MD; Bryan Finkle, PhD;
17 J. Michael Walsh, PhD; Jeff Miller, NFL V.P. for Security who resigned in May 2016 from that
18 position; Lawrence Ferazani, NFL Senior V.P. for Labor Litigation & Policy; Amy Jorgensen,
19 Director, Health and Safety Policy for the NFL; Nicolette Dy, project coordinator for player health
20 and safety issues for the NFL; Lanisha Frazier-Conerson, NFL Program Administrator for
21 Substances of Abuse; Brandon Etheridge, General Counsel for the Baltimore Ravens who as of
22 November 2014 was counsel to the NFL; Dr. Pellman; Christina Mack; Adolpho Birch, NFL Senior
23 V.P. of Labor Policy & League Affairs (and a person who, in an August 25, 2010 e-mail from Dr.
24 Pellman, the NFL’s medical advisor, is identified as Dr. Brown’s “liaison in the NFL office”); and
25
26
27
28

1 Dr. Matava. The committee meets at least twice a year at the Combine and at the summer League
2 meetings.

3 142. A document titled “NFL Prescription Drug Program Advisory Committee Major
4 Findings and Recommendations” that, per its metadata, was created and last modified on September
5 7, 2014, concludes in relevant part that non-physician administration and/or dispensing of
6 medications occurs at many Clubs (despite numerous documents mentioned herein, generated before
7 that date and circulated amongst trainers and others, that state that non-physicians cannot do so –
8 *see, e.g.*, minutes from a February 11, 1995 NFLPS business meeting in which Dr. Brown “stated
9 that it is illegal for trainers to dispense prescription drugs”) and that a correlation between injuries
10 and prescribing behaviors could not be determined. It recommends that the relationship between
11 Club physician prescribing and Club win-loss performance be assessed along with the relationship
12 between opioid prescribing and other indicators of athlete or team performance.
13
14

15 143. The Clubs also exert control over, and constant monitoring of, the storage and
16 administration of controlled substances and prescription drugs through their agent, the NFL Security
17 Office. Security Office personnel regularly meet and consult with Club officials, including doctors
18 and trainers, and conduct regular audits of Club record keeping and facilities.

19 144. In the fifty-one football seasons played from 1964 to 2014, every Club has had a
20 doctor and trainer distribute controlled substances and prescription medication to players in a manner
21 that violates federal and state law. Therefore, hundreds of doctors and trainers are treating their
22 professional football patients differently from any other patient they treat, have treated or will treat.
23 Or, to paraphrase Dr. Pellman from a September 20, 2010 e-mail to John Norwig (Steelers trainer)
24 and Steve Antonopulos (Broncos trainer), Club “physicians should [but do not] prescribe controlled
25 substances in a manner that is consistent with the standard of the medical community ... not the NFL
26 medical community.”
27
28

1 145. Indeed, the NFLPS recognized that “standards of care in the NFL are different from
2 the general population” as reflected in the minutes of a February 21, 2003 NFLPS business meeting
3 (open to all members of the NFLPS). The records go on to reflect that Dr. Brown “suggested that we
4 work with the AOSSM [American Othopaedic Society for Sports Medicine] to develop a standard of
5 treatment for professional athletes since we are ‘outside the lines.’”
6

7 146. The only plausible explanation for this uniform, systematic, decades-long practice is
8 that every Club is following an agreed-upon program of mandating that their doctors and trainers
9 distribute drugs to get players back on the field at all costs.

10 **C. Defendants’ Actions Violate Federal Drug Laws.**

11 147. United States law regulates the dispensation of certain medications that carry a
12 greatly enhanced risk of abuse (“controlled substances”) and other medications too dangerous to be
13 sold over the counter (“prescription medications”). Federal law also criminalizes violations of such
14 regulations. This regulatory regime protects against the dangers of abuse inherent in the use of
15 controlled substances such as opioids and other powerful prescription painkillers and applies to
16 anyone involved in the dispensation of these substances, from a physician operating a solo medical
17 practice to a multibillion-dollar machine such as professional football.
18

19 **1. The Controlled Substances Act Criminalizes the Dispensation and**
20 **Possession of Medications that the Clubs Routinely Give Players.**

21 148. In 1970, Congress enacted the Comprehensive Drug Abuse Prevention and Control
22 Act (the “Act”). Title II of this Act, codified as 21 U.S.C. § 801, *et seq.*, is known as the Controlled
23 Substances Act or the “CSA.”
24

25 149. Regulation and enforcement of the CSA is delegated to the Food and Drug
26 Administration (“FDA”), the DEA, and the Federal Bureau of Investigation (“FBI”).
27
28

1 150. The CSA³ organizes controlled substances into five categories, or schedules, that the
2 DEA and FDA publish annually and update on an as-needed basis. The controlled substances in
3 each schedule are grouped according to accepted medical use, potential risk for abuse, and
4 psychological/physical effects.

5 151. Under authority provided by the CSA at 21 U.S.C. § 821, the United States Attorney
6 General can promulgate (and has promulgated) regulations implementing the CSA.
7

8 **a. The CSA's Regulatory Regime.**

9 152. The CSA contains a number of provisions governing the dispensation,⁴ use,
10 distribution, and possession of controlled substances. Under the CSA, “[e]very person who
11 manufactures or distributes any controlled substance[.]” or “who proposes to engage in the
12 manufacture or distribution of any controlled substance[.] ... [or] who dispenses, or who proposes to
13 dispense, any controlled substance,” shall obtain from the Attorney General a registration “issued in
14 accordance with the rules and regulations promulgated by [the Attorney General].” *Id.* at §
15 822(a)(1)-(2).
16

17 153. To distribute Schedule II or III controlled substances, applicants must establish that
18 they: (a) maintain “effective control[s] against diversion of particular controlled substances into
19 other than legitimate medical, scientific, and industrial channels;” (b) comply “with applicable State
20 and local law;” and (c) satisfy other public health and safety considerations, including past
21 experience and the presence of any prior convictions related to the manufacture, distribution, or
22 dispensation of controlled substances. *Id.* at § 823(b).
23

24
25 _____
26 ³ Medications regulated by the CSA also constitute prescription medications under the Food,
Drug and Cosmetic Act, thereby requiring a prescription before they can be dispensed.

27 ⁴ The CSA defines the dispensation of a controlled substance as the delivery of a controlled
28 substance “to an ultimate user ... by, or pursuant to the lawful order of, a practitioner, including the
prescribing and administering of a controlled substance[.]” 21 U.S.C. § 802(10).

1 154. The CSA mandates that controlled substances may be legally dispensed only by a
2 practitioner or pursuant to a practitioner’s prescription (as similarly established by 21 U.S.C. §
3 353(b)(1)) and within the purview of the practitioner’s registered location. *Id.* at § 829.

4 155. Moreover, Schedule II substances cannot be re-filled, *see id.* at § 829(a), while
5 Schedule III and IV substances cannot be re-filled more than six months after the initial dispensation
6 or more than five times “unless renewed by the practitioner.” 21 U.S.C. § 829(b). Relevant
7 examples of Schedule II substances include OxyContin and Percocet. Morphine, Codeine and Opium
8 are also Schedule II substances. Ambien is a Schedule IV controlled substance.

9 156. Only those prescriptions “issued for a legitimate medical purpose by an individual
10 practitioner acting in the usual course of his professional practice” may be used to legally dispense a
11 controlled substance under § 829(b). 21 C.F.R. § 1306.04(a) (2013).

12 157. The CSA also establishes specific recordkeeping requirements for those registered to
13 dispense controlled substances scheduled thereunder. For example, except for practitioners
14 prescribing controlled substances within the lawful course of their practices, the CSA requires the
15 maintenance and availability of “a complete and accurate record of each substance manufactured,
16 received, sold, delivered, or otherwise disposed[.]” 21 U.S.C. § 827(a)(3).

17 158. The CSA’s recordkeeping regulations require a person registered and authorized to
18 dispense controlled substances to maintain records regarding both the substances’ prior
19 manufacturing and the subsequent dispensing of the substance. Such records must include the name
20 and amount of the substances distributed and dispensed, the date of acquisition and dispensing,
21 certain information about the person from whom the substances were acquired and dispensed to, and
22 the identity of any individual who dispensed or administered the substance on behalf of the
23 dispenser. 21 C.F.R. § 1304(22)(c) (2013).

1 159. Beyond specific recordkeeping, all registrants “shall [also] provide effective controls
2 and procedures to guard against theft and diversion of controlled substances.” 21 C.F.R. §
3 1301.71(a) (2013). Depending on the schedule assigned to a particular controlled substance, such
4 substances must be securely locked within a safe or cabinet or other approved enclosures or areas.
5 *Id.* at §§ .72(b) & .75(b) (2013). Any theft or significant loss of controlled substances must be
6 reported to the DEA upon discovery of the theft or loss. *Id.* at § .74(c) (2013).

8 **b. The CSA’s Criminal Regime.**

9 160. The CSA enacted a comprehensive criminal regime to penalize violations of its rules
10 and regulations.

11 161. Specifically, Part D of the CSA proscribes a series of “Prohibited Acts” that run the
12 gamut from trafficking of controlled substances to their unlawful possession.

13 162. For example, it is unlawful for any person to knowingly or intentionally “distribute,
14 or dispense, or possess with intent to ... distribute, or dispense, a controlled substance[]” in violation
15 of the CSA. 21 U.S.C. § 841(a)(1).

16 163. Each and every single violation of this section that involves a “Schedule III”
17 controlled substance is a Federal felony subject to a variety of penalties, including but not limited to
18 a term of imprisonment of up to ten years (15 years if the violation results in death or serious bodily
19 injury) and a fine of \$500,000 if the violator is an individual to \$2,500,000 if the violator is not an
20 individual (for first offenses). *Id.* at § 841(b)(1)(E)(i). These penalties are doubled if the violator
21 has a prior conviction for a felony drug offense. *Id.* at §841(b)(1)(E)(ii).

22 164. It is also unlawful for anyone with a CSA registration to:

- 23
- 24 • “distribute or dispense a controlled substance” without a prescription or in a fashion that
25 exceeds that person’s registered authority. *Id.* at § 842(a)(1)-(2);
26
- 27

- 1 • distribute a controlled substance in a commercial container that does not contain the
2 appropriate identifying symbol or label, as provided under 21 U.S.C. § 321(k), or to
3 “remove, alter, or obliterate” such an identifying symbol or label. *Id.* at §§ 825, 842(a)(3)-
4 (4); or
5
- 6 • “refuse or negligently fail to make, keep, or furnish any record, report, notification,
7 declaration, order or order form, statement, invoice, or information required” under the CSA.
8 *Id.* at § 842(a)(5).

9
10 A person who violates any of these provisions is subject to a civil penalty up to \$25,000. *Id.* at §
11 842(c)(1)(A).

12 165. It is also unlawful for a person “knowingly or intentionally to possess a controlled
13 substance unless such substance was obtained directly, or pursuant to a valid prescription or order,
14 from a practitioner, while acting in the course of his professional practice, or except as otherwise
15 authorized” under the CSA. *Id.* at § 844(a).

16
17 166. A violation of this provision is subject to a term of imprisonment of up to one year
18 and a fine of up to \$1,000 for a first offense. *Id.* Multiple violations of this provision result in a term
19 of imprisonment of up to three years and a fine of at least \$5,000. *Id.*

20 167. Furthermore, “[a]ny person who attempts or conspires to commit any offense”
21 described above “shall be subject to the same penalties as those prescribed for the offense, the
22 commission of which was the object of the attempt or conspiracy.” *Id.* at § 846.

23
24 168. Except as authorized by the CSA, it is unlawful to “knowingly open, lease, rent, use,
25 or maintain any place, whether permanently or temporarily, for the purpose of distributing or using a
26 controlled substance” or to “manage or control any place, whether permanently or temporarily, either
27 as an owner, lessee, agent, employee, occupant, or mortgagee, and knowingly and intentionally rent,
28

1 lease, profit from, or make available for use, with or without compensation, the place for the purpose
2 of unlawfully manufacturing, storing, distributing, or using a controlled substance.” *Id.* at §
3 856(a)(1) – (2). A violation of this section results in a term of imprisonment of up to 20 years and a
4 fine of \$500,000 if the violator is an individual or up to \$2,000,000 if the violator is not an
5 individual. *Id.* at § 856(b).

6
7 169. For decades, the Clubs’ lack of appropriate prescriptions, failure to keep proper
8 records, refusal to explain side effects, lack of individual patient evaluation, improper diagnosis and
9 attention, dispensing of controlled substances outside of a practitioner’s registered location(s),
10 including at all away game stadiums, in hotels, and on airplanes, and use of trainers to distribute
11 Schedule II and III controlled substances to its players, including Plaintiffs, individually and
12 collectively violate the foregoing criminal and regulatory regime. In doing so, the Clubs not only
13 left their former players injured, damaged and/or addicted, but also committed innumerable
14 violations of the CSA.

15
16 2. **The Food, Drug, and Cosmetic Act Prohibits the Dispensation of Certain**
17 **Medications Without a Prescription, Label, or Side Effects Warnings.**

18 170. A significant complement to the foregoing statutory regime is the Food, Drug, and
19 Cosmetic Act (the “FDCA”). Enacted by Congress in 1938 to supplant the Pure Food and Drug Act
20 of 1906, the FDCA prohibits the marketing or sale of medications in interstate commerce without
21 prior approval from the FDA, the agency to which Congress has delegated regulatory and
22 enforcement authority. *See* 21 U.S.C. § 331(d).

23 171. The FDCA has been regularly amended since its enactment. Most notably, changes
24 in 1951 established the first comprehensive scheme governing the public sale of prescription
25 pharmaceuticals as opposed to “over-the-counter” medications. The purpose of this regulatory
26 regime was to ensure that the public was protected from abuses related to the sale of powerful
27 prescription medications.
28

1 172. Pursuant to this amendment, the FDCA provides that if a covered drug has “toxicity
2 or other potentiality for harmful effect” that makes its use unsafe unless “under the supervision of a
3 practitioner licensed by law to administer such drug[,]” it can be dispensed only through a written
4 prescription from “a practitioner licensed by law to administer such drug.” 21 U.S.C. § 353(b)(1).
5 Any oral prescription must be “reduced promptly to writing and filed by the pharmacist” and any
6 refill of such a prescription must similarly be authorized. *Id.* Failure to do so is frequently referred
7 to as “misbranding.” *Id.*

9 173. Jurisprudence interpreting the FDCA establishes that a proper “prescription” under
10 the FDCA shall include directions for the preparation and administration of any medicine, remedy,
11 or drug for an actual patient deemed to require such medicine, remedy, or drug following some sort
12 of examination or consultation with a licensed doctor. Conversely, a “prescription” does not mean
13 any mere scrap of paper signed by a doctor for medications.

15 174. As a result, a key element in determining whether or not § 353(b)(1) has been
16 violated is the existence (or non-existence) of a doctor-patient relationship from which the
17 “prescription” was issued.

18 175. The FDCA further provides that the prescribing medical professional shall be the
19 patient’s primary contact and information source on such prescription medications and their effects.
20 *Id.* at §§ 352, 353. As such, regulations promulgated by the FDA require medical professionals to
21 provide warnings to patients about such effects.

23 176. Dispensers violate the FDCA if they knowingly and in bad faith dispense medications
24 without a prescription or with the intent to mislead or defraud. 21 U.S.C. §§ 331(a).

25 177. Dispensing a drug without a prescription, as the Clubs’ doctors and trainers regularly
26 did and do, results in the drug being considered “misbranded” while it is held for sale. *Id.* at §
27 353(b)(1). The FDCA prohibits: (a) introducing, or delivering for introduction, a misbranded drug
28

1 into interstate commerce; (b) misbranding a drug already in interstate commerce; or (c) receiving a
2 misbranded drug “in interstate commerce, or the delivery or proffered delivery thereof for pay or
3 otherwise[.]” 21 U.S.C. §§ 331(a) – (c).

4 178. It is also an FDCA violation to provide, as the Clubs’ doctors and trainers routinely
5 did and do, a prescription drug without the proper FDA-approved label. *Id.* at § 352; 21 C.F.R. §§
6 201.50–201.57 (2013). Stringent regulations dictate specific information that must be provided on a
7 prescription drug’s labeling, the order in which such information is to be provided, and even specific
8 “verbatim statements” that must be provided in certain circumstances, such as the reporting of
9 “suspected adverse reactions.” *See generally* 21 C.F.R. §§ 201.56, .57, .80 (2013).

11 179. For instance, labeling for any covered medication approved by the FDA prior to June
12 30, 2001 must include information regarding its description, clinical pharmacology, indications and
13 usage, contraindications, warnings, precautions, adverse reactions, drug abuse and dependence, over
14 dosage, dosage and administration, and how it was supplied, to be labeled in this specific order. *See*
15 21 C.F.R. § 201.56(e)(1) (2013).

17 180. Such information must be provided under the foregoing headings in accordance with
18 21 C.F.R. §§ 201.80(a)-(k) (2013). For example, labeling regarding a covered drug’s tendency for
19 abuse and dependence “shall state the types of abuse [based primarily on human data and human
20 experience] that can occur with the drug and the adverse reactions pertinent to them.” *See id.* at §
21 201.80(h)(2) (2013).

23 181. Covered medications approved by the FDA after June 30, 2001 are subject to even
24 more stringent labeling requirements. *See generally* 21 C.F.R. §§ 201.56(d)(1); .57(a) – (c)
25 (2013). For instance, labeling for such covered drugs must provide: (a) if the covered drug is a
26 controlled substance, the applicable schedule; (b) “the types of abuse that can occur with the drug
27 and the adverse reactions pertinent to them[;]” and (c) the “characteristic effects resulting from both
28

1 psychological and physical dependence that occur with the drug and must identify the quantity of the
2 drug over a period of time that may lead to tolerance or dependence, or both.” *See* 21 C.F.R. §
3 201.57(c)(10)(iii) (2013).

4 182. The Clubs’ use of trainers to distribute medications, lack of appropriate prescriptions,
5 failure to keep records, refusal to explain side effects, and lack of individual patient care,
6 individually and collectively, violate the FDCA.

7
8 183. The FDCA expressly contemplates that the States will implement their own laws
9 regulating controlled substances and prescription medications. All States do have such laws. Many
10 States’ laws are stricter than the FDCA.

11 **C. Specific Examples of Illegal Conduct by Defendants.**

12 **1. The League/Clubs Knew They Were Violating the Law Decades Ago.**

13
14 184. In a final report published May 30, 1990, Forest Tennant, the League’s Drug Advisor,
15 notes in relevant part that audits conducted by the League of the Clubs’ use of controlled substances
16 reveal in relevant part that “[s]ome Clubs don’t seem to know which drugs are controlled substances,
17 and some don’t apparently understand the necessity (and law) to keep dispensing logs and an internal
18 audit. A review of Clubs logs and internal audits ... reveal excellent tracking by some ... and some
19 other Clubs do not have enough documentation to know if controlled substances are accounted for.”

20
21 185. In a drug audit dated October 24, 1995 for the Philadelphia Eagles that went to Dr.
22 Brown (who took over from Dr. Tennant) it was noted that the Eagles’ Dr. Torg used the athletic
23 trainer’s name, rather than the player’s name, on prescriptions.

24 186. A document produced by Dr. Brown during discovery titled “NFL Prescription Drug
25 Program and Protocol” and dated April 1999 states that it was drafted “to comply with regulations of
26 the Federal Drug Enforcement Administration (DEA) as they apply to controlled substances.” The
27 program’s main purpose was “to provide guidelines for the utilization of all prescription drugs
28

1 provided to players and team personnel by physicians and other healthcare providers and associated
2 the NFL clubs” and “to ensure the appropriate handling (purchase, distribution, dispensing,
3 administration and recordkeeping).” The memorandum noted that “[t]he focus of the Program will
4 remain on diuretics, non-steroidal anti-inflammatory drugs ... and all controlled drugs” and the
5 Program’s emphasis was placed on “(1) the on-site audit, (2) the initial inventory and reconciliation
6 reports, and (3) procedures used to provide controlled drugs to team personnel, to obtain prescription
7 drugs from pharmacies, and to secure controlled drugs.” The NFL Prescription Drug Program also
8 provided the guidelines for securing controlled substances and referred to protocol for the travel
9 container, which stated, “At all times, the travel container should be in the possession of a physician
10 or an athletic trainer when not in a team’s safe or in a locked equipment trunk/locker. Access to the
11 locked trunk/locker should be limited to a team physician and/or athletic trainer while on the
12 sidelines during practice or during a game. From a security perspective, a prudent definition of
13 possession means within the effective immediate control, i.e., reasonable distance and sight lines, of
14 the physician or the trainer. This is relevant on the road as well as when a team is at home.”

17 187. In a May 22, 2008 e-mail from Dr. Brown to several Head Trainers, he states that he
18 “had an opportunity to discuss many of the issues with the NFL Management Council” – those
19 issues being the trainers’ concerns with their ability to meet requirements related to “storage, record-
20 keeping administration, and dispensing of prescription drugs, especially the controlled drugs that
21 have a high abuse liability and are under the highest levels of scrutiny at both the state and federal
22 level.” He goes on to state in that e-mail that “the timing of this initiative was not within [his]
23 domain of decision-making [but that] the NFL Management Council has agreed to [his] decision to
24 modify the deadlines [for reporting] for this year.”

26 188. Yet two years later, when the DEA investigated the Clubs, nothing had changed. The
27 Clubs still did not understand the law regarding controlled substances, as evidenced by the many,
28

1 many violations thereof as testified to by Drs. Matava, Rettig, Kuykendall, and Marzo, among others
2 and detailed herein.

3 **2. Trainers Regularly Ordered and Dispensed Controlled Substances.**

4 189. Documents obtained in discovery demonstrate that the Houston Texans allowed
5 trainers to order controlled substances and that the NFLPS recognized that a trainer was distributing
6 controlled substances, all of which violates federal law.

7
8 190. Documents produced by Dr. Brown identify several instances in which he noted that
9 trainers were dispensing prescription drugs:

- 10 • An April 6, 1999 letter to Dave Kendall (Chiefs trainer);
- 11 • An April 7, 1999 letter to Brad Brown (Titans trainer); and
- 12 • An April 25, 2000 letter to Paul Sparling (Bengal trainer).

13
14 191. A memorandum⁵ obtained from the Atlanta Falcons memorializes a phone call
15 between Rob Geoffroy, currently the Falcons' Vice President of Finance, Marty Lauzon, currently
16 the Falcons' Director of Sports Medicine and Performance, Danny Long, currently an assistant
17 trainer for the Falcons, and Mary Ann Fleming, NFL Director of Benefits, that states in relevant part
18 that "the medication dispensation log contains no physician signatures; there is no control from the
19 doctor to know exactly what has been given to players and what type of communication exists
20 between the trainers and the physician; there is no evidence that the doctor actually knows what
21 medication has been given to the players. This log is in the doctors' office, next to the safe, with the
22 doctor having passing out medication before without signing or putting his initials next to the
23 transaction."
24

25
26 _____
27 ⁵ While the memorandum is undated, upon information and belief, the phone conversation it
28 memorializes was referenced in an e-mail dated May 18, 2010 from Mr. Lauzon to Thomas
Demitroff, the Falcons' General Manager.

1 192. But Dr. Pierce Scranton, NFLPS secretary/treasurer, warned the membership on
2 March 3, 1991 that Club doctors needed to stop their practice of allowing trainers to dispense drugs:
3 “Briefly, only one Club out of nineteen that responded, had no OTC medication available, and no
4 prescription medication available. Surprisingly, up to nine Clubs of the nineteen surveyed had some
5 nonsteroidal anti-inflammatory medication that was available, which the trainers stated was given
6 out to players by the trainer, if requested. Physician monitoring, according to the Survey, was not
7 done for the medications which you see checked. For those who answered in the affirmative in this
8 regard, you may wish to check your local State laws, as in the State of Washington, it is illegal for
9 anyone but a licensed physician, or a pharmacist, to dispense medication from the training room,
10 which is prescription in nature. For the protection of your trainers and the Club, you may wish to
11 address that issue.”
12

13 193. Apparently the Falcons, Bengals, Titans, Chiefs, Texans, etc. did not check their laws
14 as Dr. Scranton advised them to, or if they did, they failed to adhere to them.
15

16 **3. Defendants Did Not Properly Secure or Keep Medication Records.**

17 194. In an e-mail dated January 7, 2008 to various team doctors and personnel, Minnesota
18 Vikings head trainer Eric Sugarman stated “Here is week 17’s fiasco The following items
19 did not match up this week. 1. Total of 16 Ambien given out was recorded – however only 11
20 Ambien were missing from the kit. 2. Total of 21 Toradol shots were recorded – however only 20
21 Toradol shots were missing from the kit. 3. Total of 1 Diphenhydramine shots were missing with
22 no record of dispensing. There have been several times where the drug sheet and restock sheet
23 didn’t match but it was easily reconciled that day. There have been two incidences of drugs that
24 have not been accounted for at all. 1. 12/17/07 – Missing all 12 pills of cyclobenzaprine. 2.
25 12/23/07 – Missing all 10 pills of SMZ/TMP 800-160 mg. In the case of the SMZ/TMP the whole
26 bottle itself was missing from the kit.”
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1 195. The Falcons' memorandum referenced above also stated in relevant part that: "On 4
2 NFL regulated medications (medication that we have to report to the NFL on our reports/medication
3 that is counted during the on-site audit), our numbers do not match our League summary report
4 (Norco, Lomotil, Ambien CR, Celebrex 400mg). Also countless antibiotics and non-regulated drugs
5 were missing or not accounted for. Controlled drugs, including narcotics, were kept in an unlocked
6 case, outside the safe. This has been addressed and all controlled drugs are now in the safe as
7 mandated by the NFL and State Laws. Strongly suggested by the NFL that the Head Team
8 physician be present for the on-site drug audit (to answer dispensation questions and review of
9 procedures), unfortunately, our team physician has never taken part in this process. More
10 medication on-site causes unnecessary expenses (most drugs have a limited shelf life and must be
11 returned, if not used, without credit). More problems tracking larger number of medications, more
12 difficulty staying compliant with State Laws. We just returned to Sports Pharm a large number of
13 medications that were expired or that we had in too large of a quantity. So far returned were 92
14 Toradol 10mg, 46 Lortab, 28 Toradol 30 mg/injectable, 279 Ultram (non-narcotic pain medication).
15 Last year the team spent approximately \$100,000 in various medications. To compare, we spent
16 approximately \$ 21,000 on medication in Cleveland. This shows a lack of a thorough inventory
17 system and of control on dispensation. We were told that there was \$18,000.00 worth of improper
18 billing of medications on player's insurance (Cigna). This raised a red flag at the Players Benefits
19 Program at the League Office. A number of NFL teams, improperly billed player's insurance but the
20 largest amount was with the Falcons. This amount almost resulted in a fine to the club in order to
21 repay the insurance Company. The League decided to pay these fines and better educate the teams
22 and trainers. We were also under the radar of the DEA because of the large amount of controlled
23 substances ordered."
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1 196. The Clubs' failure to record and secure Medications leads to other violations of
2 federal law. Jim Anderson, head trainer for the Rams, noted in an e-mail to all Head Trainers on
3 March 28, 2007 (summarizing the 2007 Drugs of Abuse Committee Meeting) that: "Based on 2006
4 auditing results, Dr. Brown stressed the importance of properly labeled medications with current
5 expiration dates and lot numbers. Some teams audited last fall were noted to have been adding new
6 pill counts to old bottles already on the shelf. Each new prescription ordered for team use should be
7 kept in its original container and not combined with pills in other containers."

9 **D. Defendants' Actions Have Long-Term Health Consequences for Players.**

10 197. The constant pain that Plaintiffs and other players experience from their injuries while
11 playing for the Clubs leads directly to a host of health problems.

12 198. Leading experts recognize that former professional football players who suffer from
13 permanent musculoskeletal injuries often cannot exercise due to pain or other physical limitations,
14 leading to a more sedentary lifestyle and higher rates of obesity.

15 199. According to the Centers for Disease Control and Prevention, obesity is linked to:
16 coronary heart disease, type-2 diabetes, endometrial cancer, colon cancer, hypertension,
17 dyslipidemia, liver disease, gallbladder disease, sleep apnea, respiratory problems and osteoarthritis.

18 200. Surveys of former NFL players confirm that they suffer from significantly higher
19 rates of all these disorders when compared to the general population.

20 201. In addition, it is well established that long-term use of opioids is directly correlated
21 with respiratory problems and these problems are made worse by use of alcohol together with
22 opioids.

23 202. Long-term opioid use has also been tied to increased rates of certain types of
24 infections, narcotic bowel syndrome, decreased liver and kidney function and to potentially fatal
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1 inflammation of the heart. Opioid use coupled with acetaminophen use has been linked to hepatic
2 (liver) failure.

3 203. Long-term use of opioids has also been linked directly to sleep disorders and
4 significantly decreased social, occupational and recreational function.

5 204. Given the foregoing potential damage that opioids can inflict, nonsteroidal anti-
6 inflammatory drugs (“NSAIDs”) are often viewed as a safer alternative to narcotics.

7 205. Despite that popular notion, NSAIDs are associated with a host of adverse health
8 consequences.

9 206. The two main adverse reactions associated with NSAIDs relate to their effect on the
10 gastrointestinal (“GI”) and renal systems. Medical studies have shown that high doses of
11 prescription NSAIDs were associated with serious upper GI events, including bleeding and ulcers.
12 Additionally, GI symptoms such as heartburn, nausea, diarrhea, and fecal blood loss are among the
13 most common side effects of NSAIDs. Medical reports have also noted that 10-30% of prescription
14 NSAID users develop dyspepsia, 30% endoscopic abnormalities, 1-3% symptomatic gastroduodenal
15 ulcers, and 1-3% GI bleeding that requires hospitalization. Studies also indicate that the risk of GI
16 side effects increases in a linear fashion with the daily dose and duration of use of NSAIDs.

17 207. NSAIDs are also associated with a relatively high incidence of adverse effects to the
18 renal system. Medical journal articles note that “[p]rostaglandin inhibition by NSAIDs may result in
19 sodium retention, hypertension, edema, and hyperkalemia.” One study showed the risk of renal
20 failure was significantly higher with use of either Toradol or other NSAIDs.

21 208. Patients at risk for adverse renal events should be carefully monitored when using
22 NSAIDs. As the NFLPS Task Force stated, such patients include those with “congestive heart
23 failure, renal disease, or hepatic disease[, and] also include patients with a decrease in actual or
24 effective circulating blood volume (*e.g.*, dehydrated athletes with or without sickle cell trait),
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1 hypertensives, or patients on renin-angiotensin, aldosterone-system inhibitors (formerly ACE
2 inhibitor) or other agents that affect potassium homeostasis” [sic].

3 209. Additionally, the anti-coagulatory effect of certain NSAIDs, including Toradol, can
4 lead to an increased risk of hemorrhage and internal bleeding. *The Physician’s Desk Reference*
5 specifically states that Toradol is “contraindicated as a prophylactic analgesic before any major
6 surgery, and is contraindicated intra-operatively when hemostasis is critical because of the increased
7 risk of bleeding.”

9 210. Moreover, certain NSAIDs can adversely affect the cardiovascular system by
10 increasing the risk of heart attack. Studies have shown that patients with a history of cardiac disease
11 who use certain NSAIDs may increase their risk for heart failure up to ten times.

12 211. Finally, other systemic side effects associated with the use of NSAIDs include
13 headaches, vasodilatation, asthma, weight gain related to fluid retention and increased risk for
14 erectile dysfunction. Medical reports have also noted that “[i]ncreasing evidence suggests that
15 regular use of NSAIDs may interfere with fracture healing” and that “[l]ong-term use of NSAIDs ...
16 has also been associated with accelerated progression of hip and knee osteoarthritis.”

18 **III. THE DEFENDANTS AND THE NFL HAVE RECOGNIZED THAT ITS**
19 **DOCTORS/TRAINERS HAVE VIOLATED THE FOREGOING LAWS.**

20 212. The Defendants and the League have recognized the problem of painkiller abuse for
21 decades. In 1997, one General Manager said that painkiller abuse was “one of the biggest problems
22 facing the league right now.” He said the League was trying to fix the problem, but described
23 painkiller use among players as “the climate of the sport.”

24 213. And while the NFL has acknowledged that “[t]he deaths of several NFL players have
25 demonstrated the potentially tragic consequences of substance abuse,” over the ensuing decade, little
26 changed until they finally got caught.
27

1 **A. The 2010 DEA Investigation and Its Fall Out.**

2 214. But everything came to a head in 2010 when the DEA opened an investigation after a
3 Chargers player was found with 100 Vicodin in his possession after being arrested, all of which
4 came from the Chargers' Dr. David Chao, and the Saints were involved with arbitration regarding
5 the theft of controlled substances from their locker room. On August 11, 2010, doctors Conner
6 (Carolina), Pellman (NFL medical advisor), Yates (Pittsburgh), Caldwell (Miami), Casolaro
7 (Washington, D.C.), Rettig (Indianapolis), Matava (St. Louis), and Tucker (Baltimore) had a
8 conference call to discuss that investigation.
9

10 215. Minutes of that call record the following:

- 11 • Drs. Conner, Yates, and Pellman met in the summer of 2010 with DEA
12 representatives in Washington D.C. to open lines of communication between the
13 DEA, the NFL league office and the NFLPS.
- 14 • At that meeting, which lasted two hours, the DEA gave a 78 slide PowerPoint
15 presentation that offered the following "take home messages":
 - 16 ○ Written prescriptions must be patient specific and medication specific;
 - 17 ○ Common stock bottles must be ordered pursuant to DEA form 222;
 - 18 ○ A DEA registrant must have a distinct DEA number for the specific address
19 where the drugs are stored, including facility, stadium and training camp;
 - 20 ○ Trainers cannot handle the stock bottles;
 - 21 ○ Intermediaries are not allowed to dispense controlled substances;
 - 22 ○ Physicians cannot travel across state lines with stock bottles;
 - 23 ○ Physicians cannot administer or dispense controlled substances in states
24 where they are not registered; and
 - 25 ○ Physicians cannot administer or dispense controlled substances in states
26 where they are not registered; and
 - 27 ○ Physicians cannot administer or dispense controlled substances in states
28 where they are not registered; and

1 ○ Physicians cannot write a prescription for controlled substances other than in
2 the state where they are registered.

- 3 • **“We don’t want to give [the DEA] the fodder that we have all been doing this**
4 **wrong. We don’t want to show them our deficiencies”** (emphasis added).
- 5 • The doctors agreed that things needed to change, that they had to communicate what
6 was going on to the remainder of the NFLPS, and that the first step in doing so would
7 be to “very carefully and very thoroughly draft info, with the help of the league
8 attorneys, and put it on the members only area of the [NFLPS] website,” which they
9 in fact did.

11 216. Every doctor deposed so far – Kuykendall, Rettig, Matava, Chao, Yates, Pellman, and
12 Tucker – has testified that they violated one or more of the foregoing “take home messages,” also
13 known as federal laws and regulations, while serving in their capacity as a team doctor. Indeed, Dr.
14 Yates testified that a majority of clubs as of 2010 had trainers controlling and handling prescription
15 medications and controlled substances when they should not have.

17 217. In discussing what to do about dispensing controlled substances to visiting players in
18 an e-mail exchange dated September 8, 2010 by and among Drs. Yates, Brown, Conner and Pellman,
19 Dr. Yates states that “In order to solve the **NFL/DEA Dilemma** we all need to work together and
20 ‘get along’. NONE of us are immune from scrutiny, trainers, physicians, advisors (employed or
21 independent) Park Ave management and so on. As I’ve said before: To date, there has not been a
22 constructive solution provide by the home NFL office other that the meet and greet with the DEA
23 and the subsequent legal conference calls. The information to date to the Society is one of ‘Good
24 luck’ and you are on your own to decide how to adhere to ‘the law’!!! We are where we are because
25 of our association with the NFL.”
26

1 218. On September 20, 2010, Dr. Pellman “took the liberty of putting together a list of
2 questions/problems that been posed to me by team physicians, ATCs and administrators along with
3 possible responses/solutions” and e-mailed the same to John Norwig (Steelers trainer) and Steve
4 Antonopulos (Broncos trainer). Among the items addressed in that list is a concern from “several of
5 the team physicians ... that the local physician [proposed to provide controlled substances to a
6 visiting team to ensure compliance with the CSA] may not know much about how things are
7 typically managed with NFL players.” One of the “possible responses” to that concern is that
8 “according to DEA[,] physicians are to prescribe controlled substances in a manner that is consistent
9 with the standard of the medical community ... not the NFL medical community.”
10

11 219. In February 2011, DEA agent Joe Rannazzi came to the Combine and spoke to the
12 NFLPS membership about the CSA and its implementing regulations and how the doctors had to
13 abide by them. In other words, no NFL doctor in attendance could plausibly deny not being aware
14 of these regulations after that Combine meeting.
15

16 220. And yet the Clubs and their doctors still failed to comply with federal law. One such
17 example is with the relatively easy-to-understand ban on traveling with controlled substances,
18 something with which the Clubs should have been able to comply in 2011 (let alone from the time
19 the ban was originally put in place). Attached hereto as **Exhibit F** is a chart identifying specific
20 instances when teams travelled with controlled substances.
21

22 221. Yet it took until 2015 for the League to implement a policy that all Clubs had to
23 follow – and then only in response to DEA raids of teams traveling with controlled substances – in
24 which, rather than travel with controlled substances, each team had to have independent doctors
25 registered in their home state to act as intermediaries for dispensing controlled substances to visiting
26 teams. In the years between 2011 and the implementation of that policy, upon information and
27 belief, many teams continued to travel with controlled substances.
28

1 222. That is not to say that the NFLPS did not try to take steps during that period to
2 address the issue. In 2010, a survey went around as to whether physicians would be OK with
3 serving as a medical liaison for visiting physicians to obtain for them controlled substances with
4 which they should not be traveling.

5 223. But in a letter to NFLPS membership dated April 27, 2011, Dr. Yates concluded that
6 the NFLPS would reject that proposal (called the “Medical Liaison Program” or MLP): “The
7 majority of the physicians responding to the survey preferred using the host team physicians. While
8 majority of the physicians responding to the survey preferred using the host team physicians. While
9 30 of the 41 responding physicians would be willing to serve as a host physician, 11 would not. The
10 majority of teams did not have a stadium lockbox or DEA registration for the stadium site. From
11 this survey the use of an MLP was not significantly embraced by the membership. While serving as
12 a host physician may be acceptable to some, it is not to all and hence it is advised that for the
13 immediate future that all society members adhere to the rules and regulations unique to each state
14 and that should you have additional questions feel free to call me, and/or contact Dr. Pellman.”

15 224. Thereafter, each team essentially adopted its own policy with regard to how it dealt
16 with traveling with controlled substances, though the League did try to amend the CSA through a bill
17 in the House of Representatives – H.R. 3724 – that would allow team doctors to travel with
18 controlled substances. The bill never passed. In writing to his congressman on January 8, 2012 to
19 support the bill, Cowboys’ doctor Daniel Cooper stated that “[f]or decades under current law [the
20 CSA], team doctors have illegally (yet unknowingly) transported and administered medications to
21 injured players while covering games away from home.”

22 225. Ultimately, the League funded the current “visiting team medical liaison program,” as
23 testified to by Dr. Yates, whereby independent local physicians provide controlled substances to
24 visiting teams as needed. According to Dr. Yates, the impetus for that program, which went into
25 place in 2015, were raids conducted by the DEA in October 2014 of various Clubs to see if they
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1 were still traveling with controlled substances. As the Clubs were tipped off by a DEA employee in
2 advance of the raids, not surprisingly, none of them were carrying controlled substances.

3 **B. The 2012 Toradol Study was Funded by the NFL.**

4 226. In 2012, Dr. Mathew Matava, team doctor for the St. Louis Rams and then president-
5 elect of the Physicians Society, formed a task force to examine the use of Toradol and provide
6 recommendations regarding the future use of the substance in the NFL: Matthew Matava *et al.*,
7 “Recommendations of the National Football League Physician Society Task Force on the Use of
8 Toradol Ketorolac in the National Football League,” 4 *Sports Health* 5: 377-83 (2012) (hereinafter
9 “Task Force Recommendations”).

10 227. In an e-mail dated February 12, 2012, Dr. Matava described their “task [as requiring
11 them] to formulate a ‘best practice’ recommendation for the other members of the NFL Team
12 Physician Society and to Commissioner Goodell.”

13 228. The Task Force was the brainchild of Dr. Yates, who appointed an *ad hoc* committee
14 to look into the issue because of negative press the NFL was receiving. Funding for the work came
15 from the League, according to Dr. Yates. E-mails obtained during discovery state that Dr. Matava,
16 and possibly Dr. Yates (he could not remember at his deposition), met with Commissioner Goodell
17 in New York to discuss the *ad hoc* Toradol committee prior to it being formed in or around January
18 2012.

19 229. The task force recognized that a decade had passed since the only other study to look
20 at Toradol in professional sports took place. JM Tokish, *et al.*, “Ketorolac Use in the National
21 Football League: Prevalence, Efficacy, and Adverse Effects,” *Phys Sportsmed* 30(9): 19-24 (2002)
22 (hereinafter the “Tokish Study”).

23 230. The Tokish Study sent questionnaires to the head team physician and the head athletic
24 trainer of each of the NFL’s 32 teams, with 30 of them responding. In addition to finding that 28 of
25

1 those 30 teams administered Toradol injections during the 2000 season, the Tokish Study also found
2 the following:

- 3 • Of the 28 teams that used the drug, an average of 15 players were given injections
4 (this answer ranged from 2 players to 35 players); and
- 5 • Twenty-six of the 28 teams used Toradol on game day.

6
7 231. One team had a policy of no use within 48 hours of games, and another team had a
8 policy of no use within 12 hours of games.

9 232. Toradol has the potential for severe complications such as bleeding and renal damage.
10 In fact, the two teams that did not use Toradol injections had strong policies against its use, citing
11 potential complications, including renal failure and increased risk of bleeding.

12 233. Some players did experience Toradol complications; six teams reported at least one
13 adverse outcome relating to Toradol use. Specifically, four teams noted muscle injury, one
14 documented a case of gastrointestinal symptoms that resolved with cessation of Toradol use, and one
15 reported that a player had increased generalized soreness one day after injection.

16
17 234. The Tokish Study concluded that “given that bleeding times are prolonged by 50% 4
18 hours after a single [shot of Toradol, use] on game day may deserve reconsideration in contact
19 sports.” The study then called for additional investigation and sought the development of
20 standardized guidelines for Toradol use in athletes.

21
22 235. A memorandum entitled “Issues for the NFL Team Physician” from KC Orthopedic
23 Institute dated February 18, 2003 and obtained during discovery states on page 2: “Off-label use of
24 Medications – There are a large number of NFL teams that use Toradol in an off-label method. It is
25 designed to be used for the treatment of a painful condition as a short course of either IM or IV
26 administration, followed by oral administration for a maximum of 5 days consecutively. Most of the
27 team doctors use it as a method to limit pain before the onset or as a chronic treatment with players
28

1 receiving weekly doses. I have spoken to the company in the past and the use as a weekly dosing is
2 off-label. Chronic and long-term use is not approved. Your patient needs to be advised of this.”

3 236. On the same day, Brad C. Brown, PFATS secretary, kept the minutes of PFATS
4 winter meeting held at the Combine in Indianapolis. Those minutes reflect that Dean Kleinschmidt
5 reported to the group assembled (open to all NFL trainers) on the meeting of the Drug Abuse
6 Committee as follows: “Those athletic trainers that have to contend with the NFL drug audit, the
7 committee has determined that the special care given to toradol and Vicodin in the reporting will no
8 longer be necessary as, these two drugs have not shown any significant problem.” In other words, at
9 the same time the Tokish study is calling for more study and the KC document is advising of risks
10 associated with Toradol, the NFL collective decided to stop reporting about it.

11
12 237. Over a decade later, the Matava task force determined that standardized guidelines
13 still had not been implemented, and that Toradol use had increased in the NFL during the intervening
14 period.

15
16 238. Therefore, the purpose of the task force was to “[p]rovide NFL physicians with
17 therapeutic guidelines on the use of [Toradol] to decrease the potential risk of severe complications
18 associated with NSAIDs – in particular, the increased risk of hemorrhage resulting from a significant
19 collision or trauma.”

20 239. The task force recommended that:

- 21
- 22 • Toradol should not be administered prophylactically “prior to collision sports such as
23 football, where the risk of internal hemorrhage may be serious” in light of the FDA’s
24 admonition “that [the drug] not be used as a prophylactic medication prior to major surgery
25 or where significant bleeding may occur.”
 - 26 • Toradol should not be used “to reduce the anticipated pain, during, as well as after
27 competition” because “[t]he perception of NFL players getting ‘shot up’ before competition
28

1 has shed an unfavorable light on the NFL as well as on team physicians who are perceived as
2 being complicit with the players' desire to play at all costs, irrespective of the medical
3 consequences.”

- 4 • If Toradol is to be administered, it should be given orally and not through the more
5 aggressive injections/intramuscularly. The Task Force found that the greater risks associated
6 with injections – infections, bleeding, and injury to adjacent structures – combined with
7 quicker onset of the drug when taken orally “favors the oral route of administration.”

9 240. Months after the Task Force issued its recommendations, Dr. Matava, in an e-mail to
10 Dr. Yates, questioned the failure of team physicians to respond to surveys regarding Toradol usage:
11 “If these guys want to give Toradol because they think it is needed or acceptable, then they should
12 have the balls to say so. What are they afraid of?” He commented in the same e-mail that
13 “[c]ontinued use of Toradol in the present climate is not rational.” Yet as detailed herein with regard
14 to Eugene Monroe and Reggie Walker, and upon information and belief, hundreds of other players,
15 the T Train kept rolling.

17 241. Notwithstanding recommendations from the NFLPS that condemn many of the
18 current practices regarding the administration of Toradol on game days, the Matava task force
19 granted the NFL a reprieve given the “unique clinical challenges of the NFL,” allowing that “each
20 team physician is ultimately free to practice medicine as he or she feels is in the best interest of the
21 patient.”

23 242. Finally, despite the clear cut recommendations not to use Toradol prophylactically or
24 intramuscularly, the task force gave itself an out by claiming that the medical literature is “deficient
25 in terms of the ethical considerations implicit with the administration of injectable medications in the
26 athletic setting solely for the athlete to return to competition.”

1 243. But it is obvious that the Task Force was just additional lip service paid to the
2 problems presented by Toradol. For example, Dr. Yates testified that even last season, he witnessed
3 players lining up for the “T Train,” – Toradol injections before a game – something that had been
4 occurring with the Steelers for at least the previous 15 years.

5 244. Ultimately, the Task Force findings were forwarded to Dr. Pellman to forward to the
6 owners, according to the deposition testimony of Dr. Yates.

7
8 **IV. DEFENDANTS OMITTED OR CONCEALED INFORMATION THAT THEY**
9 **WERE LEGALLY REQUIRED TO PROVIDE FROM THE PUTATIVE CLASS,**
10 **CAUSING THEM HARM.**

11 245. Each of the Clubs, through an agent or employee, made intentional misrepresentations
12 of the kind documented herein to each of the named Plaintiffs and/or members of the putative class.
13 Set forth below are representative examples of those misrepresentations for each Defendant.

14 246. **Arizona Cardinals**.⁶ While playing for the Arizona Cardinals from 2009 to 2012,
15 named Plaintiff Reggie Walker received and consumed large quantities of pain-numbing and anti-
16 inflammatory medications, including but not limited to Toradol, at the Cardinals’ training facility,
17 home stadium and during away games, all of which he received from Cardinals team doctors or
18 trainers, including but not limited to team doctor Amit Sahasrabudhe and trainers Jeff Herndon and
19 Jim Shearer, who failed to provide a prescription when one was necessary; identify the medication
20 by its established name; provide adequate directions for the medications’ use, including adequate
21 warnings of uses that have potentially dangerous health consequences; or provide the recommended
22 or usual dosage for the medications. The medications were provided to him for the sole purpose of
23 enabling him to practice and play through pain. Mr. Walker testified at his deposition “that whole
24 phrase, you’re not going to make the team in the training room, or you have be on the field to –
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26

27 _____
28 ⁶ As a reminder, Exhibit A hereto lists the dates of all games played by Mr. Evans and the remainder of the Plaintiffs.

1 you're only as good as your last game. That stuff is repeated all the time." Since retiring from the
2 NFL, he has suffered the following injuries: his left pinky and ring fingers are always numb and that
3 numbness extends all the way to his left elbow; he has particularly painful lower back problems; he
4 often experiences pain in his ankles, knees and hips, and his right leg feels shorter, and functions
5 differently, than his left leg. As of the time of filing, Mr. Walker is only 30 years old. Mr. Walker
6 directly attributes the foregoing current injuries he suffers to the injuries he suffered in the NFL that
7 were masked by the Medications, or the Medications themselves, provided to him by the Clubs for
8 whom he played.
9

10 While playing for the Arizona Cardinals from 1991 to 1993, named Plaintiff Robert Massey
11 received and consumed large quantities of pain-numbing and anti-inflammatory medications,
12 including but not limited to Vicodin and Indocin, at the Cardinals' training facility, home stadium
13 and during away games, all of which he received from team trainers, including but not limited to
14 trainers Jim Shearer and Jeff Herndon, who failed to provide a prescription when necessary; identify
15 the medication by its established name; provide adequate directions for the medications' use,
16 including adequate warnings of uses that have potentially dangerous health consequences; provide
17 the recommended or usual dosage for the medications; or otherwise meaningfully discuss the
18 medications, including potential long-term effect, they were giving to Mr. Massey. The medications
19 were provided to him for the sole purpose of enabling him to practice and play through pain. Mr.
20 Massey also received Toradol injections weekly from Arizona Cardinals' personnel, whose names he
21 cannot remember, at the Cardinals' home stadium and their training facility. Mr. Massey was never
22 informed of the side effects of Toradol. Mr. Massey currently lives in constant pain. His shoulders,
23 knees and ankles bother him on a daily basis. He is unable to exercise properly due to the pain and
24 this has resulted in significant weight gain. Mr. Massey directly attributes the foregoing current
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1 injuries he suffers to the injuries he suffered in the NFL that were masked by the Medications, or the
2 Medications themselves, provided to him by the Clubs for whom he played.

3 While playing for the Arizona Cardinals from 1991 to 1993, named Plaintiff Steve Lofton
4 received and consumed large quantities of pain-numbing and anti-inflammatory medications,
5 including but not limited to Tramadol, Naproxen and muscle relaxants, at the Cardinals' training
6 facility, home stadium and during away games, all of which he received from Cardinals' team
7 doctors or trainers, including but not limited to trainers John Omohundro, Jeffrey Herndon, and Jim
8 Shearer, who failed to provide a prescription when one was necessary; identify the medication by its
9 established name; provide adequate directions for the medications' use, including adequate warnings
10 of uses that have potentially dangerous health consequences; or provide the recommended or usual
11 dosage for the medications. The medications were provided to him for the sole purpose of enabling
12 him to practice and play through pain. Mr. Lofton testified at this deposition that when talking about
13 treating injuries, coaches "would try to encourage you to, you know, tough through it, team needs
14 you, that type of attitude." Mr. Lofton currently lives with intense pain every day. His back, neck,
15 shoulders, elbows, wrists, hands, and hips constantly hurt. He has limited ability to exercise and has
16 recently developed pain in his knees and the lower part of his legs. Mr. Lofton has no family history
17 of back or hip pain. He needs to sleep on a board or similar hard surface to get any rest. After his
18 family leaves in the morning, he faces a day in which he simply tries to find ways to forget the pain
19 for just a few hours. His doctor told him that, even though he was in his mid-40's, he had the body
20 of someone in his mid-80's. Mr. Lofton directly attributes the foregoing current injuries he suffers to
21 the injuries he suffered in the NFL that were masked by the Medications, or the Medications
22 themselves, provided to him by the Clubs for whom he played.
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26 While playing for the St. Louis Cardinals during the 1986 and 1987 seasons, putative class
27 member D. Troy Johnson received Motrin and aspirin, which he consumed, and cortisone injections
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1 from head trainer John Omohundro, who provided no warnings or mention of side effects and for the
2 sole purpose of enabling him to practice and play through pain. Mr. Johnson now suffers from
3 glomerulonephritis and high blood pressure, which he directly attributes to the Medications provided
4 to him by the Clubs for whom he played.

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6 While playing for the St. Louis Cardinals in 1977, putative class member Marvin Kellum
7 received (and consumed) anti-inflammatory drugs in paper cups from head trainer John Omohundro,
8 who provided no warnings or mention of side effects and for the sole purpose of enabling him to
9 practice and play through pain. Mr. Kellum now suffers from chronic joint pain, fatigue, and
10 arthritis in his shoulders, which he directly attributes to the injuries he suffered in the NFL that were
11 masked by the Medications, or the Medications themselves, provided to him by the Clubs.

12 While playing for the St. Louis/Arizona Cardinals from 1979 to 1990, Roy Green, a putative class
13 member here and named Plaintiff in the case of *Dent, et al. v. the National Football League*, C-14-
14 2324-WHA (N.D. Ca. 2014), developed painful calcium build-ups on his Achilles tendons. Rather
15 than treat the pain through rest or surgery, head trainer John Omohundro, assistant trainers Jim
16 Shearer and Jeff Herndon, and team doctors Russell Chick and Bernard Garfinkel gave him massive
17 amounts of anti-inflammatory drugs and allowed him to skip practices to ensure that he would be
18 able to play in games. While playing for the Cardinals, Mr. Green had tests performed on him that
19 showed he had high creatinine levels, indicative of a limitation on his kidneys. No one from the
20 NFL ever informed him of those findings and Mr. Green does not know which of the Cardinals team
21 doctors, or for that matter, Cardinals' staff, was aware of those findings, but presumably someone
22 was looking at the tests. In November 2012, Mr. Green had a kidney replacement.

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25 247. **Atlanta Falcons**: While playing for the Atlanta Falcons during the 1989 and 1990
26 seasons, named Plaintiff Troy Sadowski received and consumed large quantities of pain-numbing
27 and anti-inflammatory drugs, including but not limited to Tylenol 3 and Motrin, at the Falcons'
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1 training facility, home stadium and during away games, from team doctors and trainers, including
2 trainer Billy Brooks, who failed to provide a prescription when one was necessary or adequate
3 directions for the medications' use, including adequate warnings of uses that have potentially
4 dangerous health consequences. The medications were provided to him for the sole purpose of
5 enabling him to practice and play through pain. Mr. Sadowski lives with constant pain in his back,
6 hips, wrists, knees, ankles and shoulders. He still needs to take daily painkillers to get through the
7 day and to sleep. He can no longer run and, when he walks, he feels as if his joints lack sufficient
8 lubrication. He cannot lift his daughter nor have her sit on his lap without excruciating pain. His
9 weight is increasing due to his inability to exercise. Mr. Sadowski directly attributes the foregoing
10 current injuries he suffers to the injuries he suffered in the NFL that were masked by the
11 Medications, or the Medications themselves, provided to him by the Clubs for whom he played.
12 While playing for the Atlanta Falcons from 1975 to 1985, putative class member Steve Bartkowski
13 received anti-inflammatory drugs, including Butazolidin, which he consumed, from team trainer
14 Jerry Rhea, who provided no warnings or mention of side effects and for the sole purpose of
15 enabling him to practice and play through pain. Mr. Bartkowski now suffers from chronic joint pain
16 that he directly attributes to the Medications, or the Medications themselves, he received while
17 playing in the NFL.
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20 248. **Baltimore Ravens**: As reported in ESPN Magazine on November 14, 2016, prior to
21 their January 3, 2015 playoff win against the Pittsburgh Steelers, Ravens' team doctor Andrew
22 Tucker cleared putative class member Eugene Monroe to play, even though he had been suffering
23 from a nagging high ankle sprain and could "barely ... walk, much less run, much less push off."
24 Mr. Monroe sought a second opinion from his own doctor, who advised him not to suit up (and he
25 didn't). In the next game, a loss to the New England Patriots, "Baltimore's coaches played [Monroe]
26 on special teams and not at left tackle. 'It felt like punishment,' [Monroe] says. Baltimore lost."
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1 The article also details how, while playing for the Ravens from 2013 to 2015, Mr. Monroe “stood in
2 line for injections of the anti-inflammatory Toradol, and the rest of the time he took the pills that
3 team doctors and surgeons prescribed for him. A 10-year prescription for the anti-inflammatory
4 Celebrex; another for the gastric distress the Celebrex caused; another for Ambien, when he was too
5 jacked up or in too much pain to sleep; another for the migraines caused by his concussions; and
6 then the prescriptions for the pain, Vicodin and Oxycontin, when he was either trying to forestall
7 surgery or trying to recover from it. His intake wasn’t out of the ordinary. It was typical, and so was
8 the fact that it got him high.” Ultimately, Mr. Monroe was cut by the Ravens because, he thinks, he
9 advocated for use of marijuana as opposed to opioids for dealing with pain in the NFL. Regardless,
10 Mr. Monroe penned an article titled “Leaving the Game I Love” in which he stated that he was “only
11 29 and [that he] still ha[s] the physical ability to play at a very high level, so [he knows his] decision
12 to retire may be puzzling to some. But I am thinking of my family first right now – and my health
13 and my future.” He went on in that article to state that “[m]ore steps need to be taken to curb the
14 overuse of opioids in NFL locker rooms.”

17 In another article that Mr. Monroe penned on May 23, 2016, “Getting off the T Train,” he
18 described “a small office sectioned off from the training room in M&T Bank Stadium that we use”
19 for the “T Train” – Toradol injections, which according to Mr. Monroe “is nothing more than a
20 bunch of really large guys waiting to pull their pants down to get shot in the butt with Toradol, a
21 powerful painkiller that will help them make it through the game and its aftermath.” In that article,
22 in which he advocates for medical marijuana research on pain in the NFL, Mr. Monroe poses the
23 following question: “How can a league so casual about the use of addictive opioids take such a hard
24 line on a drug that might provide a safer alternative?” He also tells the story of a former University
25 of Virginia teammate who “had gotten addicted to pain pills [in the NFL] and essentially vanished
26 [and] left his home for the streets and is now addicted to heroin.”
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1 While playing for the Baltimore Ravens in 1999 and 2000, Charles Evans, represented in this
2 matter by his ex-wife, Etopia Evans, received pills from team trainers, including Bill Tessorf, and
3 Toradol injections from doctors, who upon information and belief were Claude Moorman and/or
4 Andrew Tucker, at the Ravens' training facility, home stadium and during away games. At her
5 deposition, Ms. Evans testified that, while he played for the Ravens, Mr. Evans would take Motrin
6 and Percocet, which were given to him in "a little yellowish envelope" that had no writing on it. She
7 further testified that, while she could not "put a number on it," Mr. Evans took "a lot of pills" while
8 with the Ravens and that he took more pills in Baltimore than he had in Minneapolis. Ms. Evans
9 testified that Mr. Evans did anything and everything he could to stay on the field and was worried
10 every "single day" he played in the NFL about being cut and "losing his spot to guys from major
11 universities because he knew that he came from a small black college that no one had ever heard of,
12 and if he came off the field the guy from Ohio State or everybody who backed him up came from a
13 big school [and if they came in], it [would] be hard for [Mr. Evans] to get back into the rotation"
14 and, as a result, Mr. Evans avoided surgery and instead took pain pills and Toradol injections, which
15 were readily provided to him.
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18 After retiring from the Baltimore Ravens in 2001, Mr. Evans served as a sideline reporter for
19 the team through the time of his death in 2008 at the age of 41 from heart failure. Ms. Evans
20 testified that, while serving as a sideline reporter, Mr. Evans would go to Ravens' team trainer Bill
21 Tessorf at the Ravens training facility in Owings Mills, Maryland to obtain pain pills and anti-
22 inflammatory drugs, including Percocet, Vicodin, Motrin and Advil. Ms. Evans further testified that
23 Mr. Evans would tell her that he was going to obtain those medications from Mr. Tessorf, did in
24 fact obtain those medications from Mr. Tessorf, and that he consumed them. She further testified
25 that she never saw him with a "prescription-like" bottle containing any of the medications he
26 received from Mr. Tessorf, which caused her to "know" that Mr. Evans did not receive a
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1 prescription for those medications (such as Percocet and Vicodin) that required one. She further
2 testified that Mr. Evans saw Ravens doctors after he finished playing for knee, ankle, and neck
3 injuries and that the ankle and neck injuries originally occurred in Minnesota.

4 After he retired, Mr. Evans was addicted to painkillers. He became a person Mrs. Evans no
5 longer recognized – constantly in pain and searching for relief. Eventually, Mrs. Evans and their
6 child moved back to her home in Baton Rouge because daily life with Mr. Evans had become too
7 difficult, thereafter seeing him on family vacations and frequent visits. Ms. Evans testified at her
8 deposition that, after his retirement, Mr. Evans was in pain in all the areas where he had suffered
9 major injuries while playing, such as his wrist, knees, ankles and triceps. A limp that had started
10 while he played for the Vikings became progressively worse. She further testified that he began to
11 progressively lose his hearing in his right ear while playing for the Vikings, that by the time he got to
12 the Ravens, he was completely deaf in his right ear, and that he told no one (other than her) about it
13 because of “job security.” She further testified that, in 2008, the year he died, he “was just aching all
14 over” and that he attributed that pain to the time he played in the NFL.
15
16

17 In 2008, eight years after retiring from professional football, Mr. Evans died of heart failure
18 due to an enlarged heart. His family had no history of heart problems and his parents were alive as
19 of the filing of this action. Mr. Evans died alone in a jail cell – he had been incarcerated two days
20 before his death for failure to pay support for a child from college. He had spent his money on
21 painkillers instead. Ms. Evans directly attributes Mr. Evans’ addiction, pain, and death to the
22 injuries he suffered in the NFL that were masked by the Medications, or the Medications themselves,
23 provided to him by the Clubs for whom he played.
24

25 While playing for the Baltimore Ravens from 1998 – 2001, putative class member Brad
26 Jackson received Toradol, Indocin, Percocet, Vicodin, Prednisone steroid packs, and other anti-
27 inflammatory drugs, which he consumed, as well as injections of cortisone and other anti-
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1 inflammatory drugs, from Dr. Andrew Tucker and trainers Bill Tessorf and Marc Smith, who
2 provided no warnings or mention of side effects and for the sole purpose of enabling him to practice
3 and play through pain. Mr. Jackson now suffers from chronic joint pain, which he believes is
4 directly attributable to the injuries he suffered in the NFL that were masked by the Medications, or
5 the Medications themselves, provided to him by the Clubs for whom he played.
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7 249. **Buffalo Bills**: While playing for the Buffalo Bills during the 2006 pre-season, named
8 Plaintiff Eric King injured his back and was given narcotics by team doctors and forced back into the
9 game before his back healed. During the next game, he hurt his back again. He was given
10 controlled substances after that injury. The pills he received from the doctors were pills in small
11 vials and envelopes, sometimes with no writing on them. In addition, during the 2005 season, Mr.
12 King received and consumed pain-numbing and anti-inflammatory medications, including but not
13 limited to Percocet, Toradol, and muscle relaxants, at the Bills' training facility, home stadium and
14 during away games, all of which he received from Bills team doctors or trainers, including but not
15 limited to trainer Shone Gipson, who failed to provide a prescription when one was necessary;
16 identify the medication by its established name; provide adequate directions for the medications'
17 use, including adequate warnings of uses that have potentially dangerous health consequences; or
18 provide the recommended or usual dosage for the medications.
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21 Bud Carpenter, the Bills' long-time trainer, corroborated certain of the foregoing allegations
22 at his deposition when he admitted under oath that he witnessed team doctors give players injections
23 of prescription medications without telling them what the drug was they were receiving or its side
24 effects, or for that matter, provide any related warnings and was not aware of anyone providing any
25 warnings related to Toradol prior to 2010. He further testified that doctors provided prescription
26 medications at places other than where they were allowed to do so in violation of federal and state
27 laws. He could not identify a single instance in which a player received any warning about a
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1 medication or consented to risks that had been identified to him before receiving the medication. He
2 further testified that he wished things had been done differently.

3 The medications provided to Mr. King were done so for the sole purpose of enabling him to
4 practice and play through pain. Mr. King now lives with constant pain. During his career, he had
5 two surgeries on his left forearm and one on his left shoulder. He also hurt his lower left back. In
6 addition to the surgeries and injections, he was taking pills at least twice a week. The same left
7 forearm and shoulder and back that were “fixed” by Club doctors bring pain to Mr. King’s daily life.
8 Mr. King directly attributes the foregoing current injuries he suffers to the injuries he suffered in the
9 NFL that were masked by the Medications, or the Medications themselves, provided to him by the
10 Clubs for whom he played.

11 While playing for the Buffalo Bills during the 1987 and 1988 seasons, putative class member
12 Dwight Drane regularly received cortisone and other numerous injections from team doctor Richard
13 Weiss, who provided no warnings or mention of side effects and for the sole purpose of enabling
14 him to practice and play through pain.

15 And while playing for the Buffalo Bills from 1987 – 1991, Mr. Drane received anti-
16 inflammatory drugs, which he consumed, from trainers Bud Carpenter and Eddie Abramoski, who
17 provided no warnings or mention of side effects and for the sole purpose of enabling him to practice
18 and play through pain.

19 Mr. Drane now suffers from arthritis, weakened muscles and tendons, stiff joints and joint
20 pain that he believes is directly attributable to the injuries he suffered in the NFL that were masked
21 by the Medications, or the Medications themselves, provided to him.

22 While playing for the Buffalo Bills from 1978 – 1985 and again in 1987, putative class
23 member Will Grant received anti-inflammatory drugs and painkillers, including Butazolidan,
24 Naprosyn and Percodan, which he consumed, from Dr. Richard Weiss and trainers Bud Tice and
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1 Eddie Abramowski, who provided no warnings or mention of side effects and for the sole purpose of
2 enabling him to practice and play through pain. Mr. Grant now suffers from various orthopedic
3 ailments, including knee and ankle replacements, that he believes is directly attributable to the
4 injuries he suffered in the NFL that were masked by the Medications, or the Medications themselves,
5 provided to him.

6
7 250. **Carolina Panthers**: While playing for the Carolina Panthers in 1995, 1996, 1998
8 and 1999, named Plaintiff Steve Lofton received and consumed enormous quantities of pain-
9 numbing and anti-inflammatory medications, including but not limited to Tramadol, Naproxen, and
10 muscle relaxants, at the Panthers' training facility, home stadium and during away games, all of
11 which he received from Panthers team doctors or trainers, including but not limited to head trainer
12 John Kasik, who failed to provide a prescription when one was necessary; identify the medication by
13 its established name; provide adequate directions for the medications' use, including adequate
14 warnings of uses that have potentially dangerous health consequences; or provide the recommended
15 or usual dosage for the medications. The medications were provided to him for the sole purpose of
16 enabling him to practice and play through pain. Mr. Lofton now suffers from the injuries described
17 above, which he directly attributes to the injuries he suffered in the NFL that were masked by the
18 Medications, or the Medications themselves, provided to him by the Clubs for whom he played.

19
20 While playing for the Carolina Panthers from 2001 – 2002, putative class member Brad Jackson
21 received Toradol, Indocin, Percocet, Vicodin, and other anti-inflammatory drugs, which he
22 consumed, from trainers Ryan Vermillion and Mark Shermansky, who provided no warnings or
23 mention of side effects and for the sole purpose of enabling him to practice and play through pain.
24 Mr. Jackson now suffers from chronic joint point that he believes is directly attributable to the
25 injuries he suffered in the NFL that were masked by the Medications, or the Medications themselves,
26 provided to him.
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1 251. **Chicago Bears**: While playing for the Chicago Bears from 1994 to 1995, named
2 Plaintiff Jeff Graham received and consumed enormous quantities of pain-numbing and anti-
3 inflammatory medications at the Bears’ training facility, home stadium and during away games, all
4 of which he received from Bears team doctors or trainers, including but not limited to trainers Fred
5 Caito and Tim Bream, who failed to provide a prescription when one was necessary; adequate
6 warnings of uses that have potentially dangerous health consequences; or provide the recommended
7 or usual dosage for the medications. The medications were provided to him for the sole purpose of
8 enabling him to practice and play through pain. At his deposition, Mr. Graham testified that he took
9 anti-inflammatory “injections before every game.” He further testified that the players “were
10 pressured to play” by “the coaches, you know, getting on the field and playing. The trainers wanted
11 you to play. I mean everybody wanted you to get out there and play.” He further testified that his
12 position coach, Ivan Fears, would routinely say to him “Jeff, we need you to play.”

13
14
15 At other times during his playing career, Mr. Graham took in pill form Celebrex, Indocin,
16 Toradol, Tylenol-Codeine # 3, Prednisone and Catephlam. Trainers also gave him pills without
17 telling him the name of the drug he was receiving. These pills were handed to him by Club trainers
18 or placed in envelopes or vials. For approximately the last seven years of his career, he received
19 injections of Toradol twice a week – once for practice and before every game. He also received
20 many injections of Cortisone in various injured body parts. His Clubs frequently provided Mr.
21 Graham with alcohol during the return flight from away games. His experience regarding these
22 Medications was substantially similar with each Club for whom he played.

23
24 Mr. Graham now lives in constant pain. He has pain in both shoulders, neck, hips, lower
25 back, both elbows, both hamstrings, his fingers, wrists, left toe and right knee. He cannot stand for
26 long periods and needs special shoes to lessen the pain. He is stiff and sore all day. He cannot sleep
27 at night, moving from bed to floor to couch throughout the night. Mr. Graham struggles to control
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1 his weight due to his limited ability to exercise. He believes his current pain is directly attributable
2 to various injuries suffered during his NFL career.

3 While playing for the Chicago Bears from 1975 to 1983, putative class member Thomas
4 Daniel Neal received Darvon, Percocet, and Vicodin, which he consumed, and cortisone and other
5 painkiller injections from head trainer Fred Caito and team doctors Theodore Fox and Clarence
6 Fossier, who provided no warnings or mention of side effects and for the sole purpose of enabling
7 him to practice and play through pain. Mr. Neal now suffers from high blood pressure, arthritis, and
8 chronic joint pain, which he directly attributes to the injuries he suffered in the NFL that were
9 masked by the Medications, or the Medications themselves, provided to him by the Clubs for whom
10 he played.

11
12 While playing for the Chicago Bears during the 1983, 1988, and 1991 seasons, putative class
13 member here, named Plaintiff in the case of *Dent, et al. v. the National Football League, C-14-2324-*
14 *WHA* (N.D. Ca. 2014), and Hall of Famer Richard Dent received enormous amounts of anti-
15 inflammatory drugs and painkillers, which he took upon receipt, from head trainer Fred Caito and
16 team doctors Clarence Fossier and John Bryna, who provided no warnings or mention of side effects
17 and for the sole purpose of enabling him to practice and play through pain. Mr. Dent now suffers
18 from an enlarged heart and nerve damage, particularly in his feet, which he directly attributes to the
19 injuries he suffered in the NFL that were masked by the Medications, or the Medications themselves,
20 provided to him by the Clubs for whom he played.

21
22 In particular, during his rookie 1983 season, Mr. Dent badly tore his hamstring and
23 tendons/ligaments in his right ankle when four players fell on him during a pre-season game against
24 the Buffalo Bills. The pain was so bad that it was difficult for Mr. Dent to sit on the toilet or walk.
25 He questioned head trainer Fred Caito as to whether he should return to play but rather than sit him
26 out, Mr. Caito gave Mr. Dent massive amounts of anti-inflammatory drugs and painkillers to enable
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1 him to play. He ended up playing in the final pre-season game against the Kansas City Chiefs, so
2 doped up on medications that he could hardly remember playing.

3 Moreover, on September 9, 1990 during a game against the Seattle Seahawks, Mr. Dent
4 suffered a broken bone in his foot. Fred Caito and team doctors Clarence Fossler and Jay Munsel
5 told him that he had done all the damage he could and that, while he therefore could have surgery,
6 they could also supply him with painkillers to allow him to continue playing. Trusting the doctors
7 and trainers had his best interests at heart, he chose to continue playing and for the following eight
8 weeks, he received repeated injections of painkillers from those doctors, as well as pills from Mr.
9 Caito, to keep playing. Today, Mr. Dent has permanent nerve damage in that foot.

11 While playing for the Chicago Bears during a playoff game against the New York Giants,
12 Keith Van Horne, a putative class member here and named Plaintiff in the case of *Dent, et al. v. the*
13 *National Football League*, C-14-2324-WHA (N.D. Ca. 2014), could not lift his arm. He told the
14 team doctor and head trainer Fred Caito what was going on; rather than keep him out of the game,
15 they gave him two Percodan for the first half and two Percodan for the second half. They did not tell
16 him any side effects or give him any warnings related to the foregoing administration of a Schedule
17 II controlled substance.

19 This was not the only issue that Mr. Van Horne had with Percodan. Early in his career, he
20 obtained a prescription for Percodan related to an ankle injury from a physician not affiliated with
21 the NFL. Days later, head trainer Fred Caito called Mr. Van Horne into his office and lambasted
22 him for obtaining the Percodan because it led the DEA to issue a letter to the Bears inquiring as to
23 why Mr. Van Horne was obtaining Schedule II controlled substances. When Mr. Van Horne
24 explained that he had obtained the controlled substances from a physician, Mr. Caito dismissed the
25 explanation, and had the temerity to say that Mr. Van Horne had put him in a bad spot by lawfully
26 obtaining Percodan from a licensed physician after a consult and work-up, which is the way it is
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1 supposed to work, because he ordered controlled substances, including Percodan, before the season,
2 in bulk, in players' names (even if they had no need for the medication), all of which are violations
3 of the CSA and/or its implementing regulations

4 252. **Cincinnati Bengals**: While playing for the Cincinnati Bengals from 1994 to 1996,
5 named Plaintiff Troy Sadowski received Toradol shots before every game for which he suited up at
6 the stadium at which the game was taking place from Rob Recker, who provided no warnings or
7 mention of side effects and for the sole purpose of enabling him to practice and play through pain.
8 The injections were given prophylactically. In addition, Mr. Sadowski received and consumed
9 enormous quantities of pain-numbing and anti-inflammatory medications, including but not limited
10 to Tylenol-Codeine # 3 and muscle relaxants, at the Bengals' training facility, home stadium and
11 during away games, all of which he received from Bengals team doctors or trainers, including but
12 not limited to trainers Paul Sparling and Rob Recker, who failed to provide a prescription when one
13 was necessary or identify the medication by its established name. The medications were provided to
14 him for the sole purpose of enabling him to practice and play through pain. Mr. Sadowski testified
15 at his deposition that "trainers will pressure you, get you out of the training room, hey, you been in
16 here too long, get out of here." Mr. Sadowski now suffers from the injuries described above, which
17 he directly attributes to the injuries he suffered in the NFL that were masked by the Medications, or
18 the Medications themselves, provided to him by the Clubs for whom he played.

19 While playing for the Cincinnati Bengals from 1970 to 1978, putative class member Ken
20 Johnson received anti-inflammatory drugs, including Butazolidan, which he consumed, from Marvin
21 Pollins, who provided no warnings or mention of side effects and for the sole purpose of enabling
22 him to practice and play through pain. Mr. Johnson now suffers from arthritis in his shoulders and
23 knees, high blood pressure, a chemical imbalance in his brain, an enlarged prostate, and sciatic
24 nerve pain down his left side, all of which he attributes directly to the injuries he suffered in the NFL

1 that were masked by the Medications, or the Medications themselves, provided to him by the Clubs
2 for whom he played.

3 While playing for the Cincinnati Bengals from 1977 to 1983, putative class member Peter
4 Johnson received anti-inflammatory drugs, which he consumed, from Bill Davis and Marvin Pollins,
5 who provided no warnings or mention of side effects and for the sole purpose of enabling him to
6 practice and play through pain. Mr. Johnson now suffers from arthritis, a fractured neck, high blood
7 pressure, and headaches, all of which he directly attributes to the injuries he suffered in the NFL that
8 were masked by the Medications, or the Medications themselves, provided to him by the Clubs for
9 whom he played.
10

11 While playing for the Cincinnati Bengals from 2000 to 2002, putative class member Curtis
12 Keaton received Vioxx, Celebrex, Ibuprofen, Naproxen, Flexeril, Percocet, which he consumed, and
13 Cortisone and other pain killer injections from team trainer Paul Sparling, who provided no warnings
14 or mention of side effects and for the sole purpose of enabling him to practice and play through pain.
15 Mr. Keaton now suffers from chronic joint pain, which he believes is directly attributable to the
16 injuries he suffered in the NFL that were masked by the Medications, or the Medications themselves,
17 provided to him by the Clubs for whom he played.
18

19 253. **Cleveland Browns:** While playing for the Cleveland Browns on or about October
20 8, 1984, named Plaintiff Duriel Harris began having heart issues during practice; he testified at his
21 deposition that it was “beating like a rabbit heart.” He was in the middle of running sprints when it
22 happened and testified that he had to stop, having never had to quit a drill in his life, because he was
23 afraid he was having a heart attack. He then went inside the training room where trainers and
24 doctors had him do simple jumping jacks but his heart kept racing. He was then rushed to the
25 Cleveland Clinic, where he saw the team doctor, Dr. Bergfeld, who prescribed him medications. He
26 then went back to the Browns doctors and trainers, including Bill Tessoroff, who told him he was
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1 OK to practice and to take the medications prescribed to him without ever telling him what caused
2 the heart problem in the first place, whether it would come back, or whether he might die as a result
3 of it. Mr. Harris testified that thereafter, he had to “play with that fear in the back of [his] mind”
4 because this had never happened to him before and it “scared the living daylights out of [him].”
5 Even though he still played after the incident, he was never the same player.
6

7 Mr. Harris currently has elevated serum creatinine concentrations. He is not on dialysis at
8 this time, but his doctor is monitoring his kidney for any signs of additional failure. His heart also
9 has an irregular beat due to an enlarged chamber. He takes daily pills to help his heart pump, which
10 is related to the heart issues he had with the Browns. Mr. Harris has also required surgery to remove
11 one parathyroid gland after it was discovered that his parathyroid glands were improperly regulating
12 the calcium levels in his body. He does not smoke or drink alcohol and he has no family history of
13 kidney, heart or thyroid problems. Mr. Harris is also in constant pain from all of his joints. He has
14 arthritis in his fingers and remembers a doctor stitching up the webbing of his hand at half time of a
15 game. He also has pain from football injuries in his neck, back, hands, shoulders, knees and ankles.
16 On or around February 13, 2017, Mr. Harris underwent a cardiogram which showed a partial arterial
17 blockage. As a result of this finding, Mr. Harris’ medical providers scheduled an angiogram to
18 further investigate the blood flow in his arteries. Prior to the angiogram, however, Mr. Harris’
19 laboratory results showed a large spike in his kidney creatinine levels. This finding caused Mr.
20 Harris’ doctors to cancel the scheduled angiogram and recommend that he immediately see a kidney
21 specialist to diagnose this impaired functionality. At this time, Mr. Harris is attempting to schedule
22 an appointment with a kidney specialist before Friday, February 24, 2017. Pending this visit, all of
23 Mr. Harris’ future medical procedures – including a knee replacement – have been placed on hold.
24 Mr. Harris directly attributes the foregoing current injuries he suffers to the injuries he suffered in
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1 the NFL that were masked by the Medications, or the Medications themselves, provided to him by
2 the Clubs for whom he played.

3 While playing for the Cleveland Browns during the 1976 and 1977 seasons, putative class
4 member Albert R. Dennis III consumed anti-inflammatory drugs, which Leo Murphy and other
5 trainers for the club provided to him without warnings or mention of the side effects and for the sole
6 purpose of enabling him to practice and play through pain. Mr. Dennis now suffers from high blood
7 pressure, urinary problems, fatigue, lower back pain, headaches, and ankle and foot swelling that he
8 believes is directly attributable to the injuries he suffered in the NFL that were masked by the
9 Medications, or the Medications themselves, provided to him.

10
11 While playing for the Cleveland Browns from 1975 to 1982, putative class member Cleophus
12 Miller regularly received cortisone injections from Drs. Victor Ippolito and John Bergfield and
13 trainer Leo Murphy, who provided no warnings or mention of side effects and for the sole purpose of
14 enabling him to practice and play through pain. Mr. Miller now suffers from knee, shoulder and
15 ankle problems, all of which he believes is directly attributable to the injuries he suffered in the NFL
16 that were masked by the Medications, or the Medications themselves, provided to him by the Club
17 for whom he played.

18
19 254. **Dallas Cowboys**: When named Plaintiff Duriel Harris first arrived in Dallas in 1984,
20 the player personnel director told him that if he didn't sign a medical waiver for his heart, the Club
21 would cut him right then. He signed the waiver. Then, during the week of July 29, 1985 (right
22 before the first pre-season game), he hurt his back and was having back spasms. From that point
23 through the last pre-season game on August 31, trainers Dan Cochren and Ken Locker gave him
24 muscle relaxants every day at the Cowboys' training facility and in doing so, failed to provide him
25 with warnings or any information about side effects as to the medications they were providing him.
26 He remembers it so clearly because the trainer gave him boots and he had to hang upside down from
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1 a chinning bar and after he was hanging, they would give him the muscle relaxant. The medications
2 were provided to him for the sole purpose of enabling him to practice and play through pain. Mr.
3 Harris now suffers from the injuries described above, which he directly attributes to the injuries he
4 suffered in the NFL that were masked by the Medications, or the Medications themselves, provided
5 to him by the Clubs for whom he played.
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7 255. **Denver Broncos**: While playing for the Denver Broncos, plaintiff Alphonso
8 Carreker regularly consumed enormous quantities of painkilling anti-inflammatory drugs and muscle
9 relaxers, which trainers for that club made readily available and frequently volunteered. The
10 Medications included Motrin 800, Oxycontin, Tylenol-Codeine #3 and Percocet. He was taking
11 three or four pills during the week and the nights before and after every game. The trainers had the
12 pills in bags and handed them to Mr. Carreker for his use. Any player who asked to get a pill always
13 received one and the trainers frequently volunteered pill availability. He also received frequent
14 Cortisone injections in his knees and shoulders. Mr. Carreker was never informed of the possible
15 side effects of any of these drugs.
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17 Mr. Carreker discovered he had an infection in his heart in 2012, which caused severe
18 inflammation around his heart. The anti-inflammatories he was given for that malady were
19 ineffective due to the resistance he had built up to such drugs from the enormous quantities taken
20 during his playing career. In or around September 2013, he underwent heart surgery to drain the
21 inflammation from around his heart. In or around 2008, Mr. Carreker was diagnosed with gouty
22 arthritis as a result of his liver insufficiently processing the amount of uric acid in his body. This
23 condition regularly causes pain, swelling and poor circulation in various joints including, but not
24 limited to, his lower legs and feet. His doctors have advised him not to eat beef or pork because of
25 his heart and stomach problems. Mr. Carreker has constant pain in his neck, back, ankles, knees and
26 shoulders. He has had surgeries on his knees and has not yet decided on whether to have a
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1 recommended rotator cuff surgery. Mr. Carreker directly attributes the foregoing current injuries he
2 suffers to the injuries he suffered in the NFL that were masked by the Medications, or the
3 Medications themselves, provided to him by the Clubs for whom he played.

4 256. **Detroit Lions**: While playing for the Detroit Lions during the 2009 and 2010 seasons,
5 named Plaintiff Eric King received and consumed pain-numbing and anti-inflammatory medications,
6 including but not limited to Toradol, Oxycontin, Percocet, and Vicodin, at the Lions' training
7 facility, home stadium and during away games, all of which he received from Lions team doctors or
8 trainers, including but not limited to trainers Dean Kleinschmidt and/or Al Bellamy, who failed to
9 provide a prescription when one was necessary; identify the medication by its established name;
10 provide adequate directions for the medications' use, including adequate warnings of uses that have
11 potentially dangerous health consequences; or provide the recommended or usual dosage for the
12 medications. The medications were provided to him for the sole purpose of enabling him to practice
13 and play through pain. In particular, on September 13, 2009, Mr. King separated his left shoulder
14 but testified that he was told by the team doctor, David Collon or Kyle Anderson, that he needed to
15 "heal fast and get back out on the field as soon as I possibly could have" and that Mr. Kleinschmidt
16 and/or Mr. Bellamy gave him Oxycodone to play. Mr. King now suffers from the injuries described
17 above, which he directly attributes to the injuries he suffered in the NFL that were masked by the
18 Medications, or the Medications themselves, provided to him by the Clubs for whom he played.

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22 On September 4, 1994, the Detroit Lions were playing the Atlanta Falcons in the first game of the
23 season. Named Plaintiff Robert Massey had just signed his first large contract, coming to the Lions
24 as a free agent. He re-injured his right ankle (injured in his previous tenure with the Saints) early in
25 the game and someone – Mr. Massey believes it was a trainer – injected him with Toradol on the
26 sideline while the game was being played. He finished playing the game. After the game, he was
27 lying on the training table as the ankle ballooned. Head Coach Wayne Fonts entered the training
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1 room, saw Mr. Massey and the swollen ankle and then said to him “Congratulations, you played a
2 great game today. But you know we didn’t pay you that kind of money to sit on the bench... I need
3 you to help us win games.” He didn’t practice much during the next week because he couldn’t run.
4 The Lions’ next game was away against the Minnesota Vikings on September 11, 1994. On the
5 evening before the game, a trainer approached Mr. Massey, gave him some pills of Indocin and told
6 him they would help his ankle. Two hours before the game, the Club doctor gave him a Toradol shot
7 and the trainer wrapped his ankle extensively. Mr. Massey played the entire game and intercepted a
8 pass. Mr. Massey was given Toradol to permit him to get through the season practicing and playing
9 on a painful and swollen ankle. He now lives in constant pain from, among other things, his ankles.
10 Mr. Massey received numerous doses from Lions trainers of what believes was Indocin and
11 Ibuprofen and similar medications to numb the pain he was in, so he could practice and to play in
12 games. Mr. Massey believes the dose amounts increased from those administered in his previous
13 seasons. Mr. Massey also recalls being given a Darvocet or another muscle relaxer, but is not sure
14 what team he was with when he received that medication. As Mr. Massey has testified, on his “five
15 different teams, the only thing that was different was the names of the people you dealt with.”
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18 257. **Green Bay Packers:** While playing for the Green Bay Packers, named Plaintiff
19 Alphonso Carreker regularly consumed large quantities of anti-inflammatory drugs, painkillers,
20 including Motrin 800s, and muscle relaxants, which trainers for that club made readily available and
21 frequently volunteered. In addition, for every game he played for the Packers, Mr. Carreker took at
22 least one pill either before the game or at halftime. Although the trainers frequently did not tell him
23 what they were giving him, Mr. Carreker believes it was one of four: Vicodin, Percocet,
24 Hydrocodone or Tylenol 3 with Codeine. Mr. Carreker further remembers that Packers’ team doctor
25 Brusky would come to the Packers’ training facility on either Thursday or Friday in any given week
26 in season to see players with a specific injury. The player would indicate to Dr. Brusky the body
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1 part that was hurting and his consistent response before injecting the injured area was “I have a
2 cocktail for that.” In 2013, Mr. Carreker underwent heart surgery to drain inflammation from an
3 infection in his heart after anti-inflammatory drugs proved ineffective due to the resistance he had
4 built up to such drugs during his playing career.

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6 258. **Houston Texans**: While playing for the Houston Texans from 2006 to 2007, named
7 Plaintiff Cedric Killings received and consumed pain-numbing and anti-inflammatory medications at
8 the Texans’ training facility, home stadium and during away games, all of which he received from
9 Texans team doctors or trainers, including but not limited to trainers Kevin Bastin and Jon Ishop,
10 who failed to provide the recommended or usual dosage for the medications. The medications were
11 provided to him for the sole purpose of enabling him to practice and play through pain. Mr. Killings
12 has recently been placed on medication for high blood pressure. After retiring from professional
13 football, Mr. Killings also experienced an inflamed gall bladder, which necessitated the removal of
14 the entire organ in an emergency surgery. Mr. Killings also has constant pain in his back, shoulders,
15 knees, ankles and hands. He was taking pills and/or injections for pain in all of these areas during
16 his playing career. Mr. Killings has no family history of gall bladder problems or chronic pain in
17 any of the joints mentioned herein. Mr. Killings directly attributes the foregoing current injuries he
18 suffers to the injuries he suffered in the NFL that were masked by the Medications, or the
19 Medications themselves, provided to him by the Clubs for whom he played.
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22 259. **Indianapolis Colts**: While playing for the Indianapolis Colts from 1987 to 1993,
23 named Plaintiff Chris Goode received and consumed enormous quantities of pain-numbing and anti-
24 inflammatory drugs, including but not limited to Naproxen, Tylenol-Codeine # 3, Vicodin, Indocin,
25 and Percocet, at the Colts’ training facility, home stadium and during away games, all of which he
26 received from team doctors and trainers, including but not limited to trainers Hunter Smith and Dave
27 Hammer, who failed to provide a prescription when one was necessary; identify the medication by
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1 its established name; provide adequate directions for the medications' use, including adequate
2 warnings of uses that have potentially dangerous health consequences; or provide the recommended
3 or usual dosage for the medications. The medications were provided to him for the sole purpose of
4 enabling him to practice and play through pain. After suffering a neck injury in the 1993 season, Mr.
5 Goode believes that the Colts were unwilling to re-sign him out of fear of his inability to play the
6 following season. Moreover, he believes that other teams were told of his neck injury and that they
7 were unwilling to sign him because of that reason too. Mr. Goode was diagnosed as having renal
8 cancer in or around 2015. He underwent a partial nephrectomy in May 2015 to remove half of his
9 kidney along with the malignant tumor growth. He is currently in remission but continues to
10 experience pain on a daily basis resulting from this surgery. Just last week, he began experiencing
11 new complications related to his kidneys. Mr. Goode has no family history of any kidney problems.
12 He also suffers from numbness in his arms and legs and constant pain in his neck, back, elbows,
13 wrists, feet, knee and ankle. Mr. Goode directly attributes the foregoing, current injuries to the
14 injuries he suffered in the NFL that were masked by the Medications, or the Medications themselves,
15 provided to him by the Clubs for whom he played.

18 While playing for the Indianapolis Colts during the 1985, 1988, 1989, 1990 and 1993
19 seasons, putative class member Kevin Call received Valium, Prednisone, Tylox, Tylenol with
20 Codeine, Toradol, Codeine and Naprosyn, which he consumed, from team doctors Shelbourne,
21 Rettig, and Misamore and team trainers Hunter Smith and Dave Hammer, who provided no warnings
22 or mention of side effects and for the sole purpose of enabling him to practice and play through pain.
23 Mr. Call now suffers from chronic headaches and joint pain that he believes is directly attributable to
24 the injuries he suffered in the NFL that were masked by the Medications, or the Medications
25 themselves, provided to him.
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1 While playing for the Indianapolis Colts during the 1997 season, putative class member here,
2 named Plaintiff in the case of *Dent, et al. v. the National Football League, C-14-2324-WHA* (N.D.
3 Ca. 2014), and Hall of Famer Richard Dent received anti-inflammatory drugs and painkillers, which
4 he took upon receipt, from head trainer Hunter Smith and assistant trainers Dave Hammer and Dave
5 Walston and team doctors Arthur Rettig, Doug Robertson and Donald Shelbourne, who provided no
6 warnings or mention of side effects and for the sole purpose of enabling him to practice and play
7 through pain. Mr. Dent now suffers from an enlarged heart and nerve damage, particularly in his
8 feet, which he directly attributes to the injuries he suffered in the NFL that were masked by the
9 Medications, or the Medications themselves, provided to him by the Clubs for whom he played.

11 260. **Jacksonville Jaguars**: While playing for the Jacksonville Jaguars during the 1996
12 season, named Plaintiff Robert Massey received and consumed enormous quantities of pain-
13 numbing and anti-inflammatory medications, including but not limited to a “whole bunch of Toradol
14 shots” and what he believes were Ibuprofen and Indocin, at the Jaguars’ training facility, home
15 stadium and during away games, all of which he received from team trainers, including but not
16 limited to head trainer Mike Ryan, who failed to provide a prescription when necessary; identify the
17 medication by its established name; provide adequate directions for the medications’ use, including
18 adequate warnings of uses that have potentially dangerous health consequences; or provide the
19 recommended or usual dosage for the medications. The medications were provided to him for the
20 sole purpose of enabling him to practice and play through pain. Mr. Massey now suffers from the
21 injuries described above, which he directly attributes to the injuries he suffered in the NFL that were
22 masked by the Medications, or the Medications themselves, provided to him by the Clubs for whom
23 he played.

26 261. **Kansas City Chiefs**: While playing for the Kansas City Chiefs during the 1991
27 season, named Plaintiff Troy Sadowski received and consumed enormous quantities of pain-
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1 numbing and anti-inflammatory medications at the Chiefs' training facility, home stadium and
2 during away games, all of which he received from Chiefs' team doctors or trainers, including but not
3 limited to trainer David Kendall, who failed to provide a prescription when one was necessary or
4 adequate directions for the medications' use, including adequate warnings of uses that have
5 potentially dangerous health consequences. The medications were provided to him for the sole
6 purpose of enabling him to practice and play through pain. Mr. Sadowski now suffers from the
7 injuries described above, which he directly attributes to the injuries he suffered in the NFL that were
8 masked by the Medications, or the Medications themselves, provided to him by the Clubs for whom
9 he played.

11 While playing for the Kansas City Chiefs during the 1996 season, trainers for that club
12 regularly provided putative class member Reggie Johnson with Naprosyn without warnings of side
13 effects. Mr. Johnson now suffers from stomach pain and acid reflux that he believes is directly
14 attributable to the Medications provided to him by the Clubs for whom he played.

16 262. **Los Angeles Rams**: While playing for the Los Angeles/St. Louis Rams from 1992 to
17 1996, named Plaintiff Darryl Ashmore received and consumed enormous quantities of pain-numbing
18 and anti-inflammatory medications, including but not limited to Darvocet, Percocet, Vicodin,
19 Celebrex and sleeping pills, at the Rams' training facility, home stadia and during away games, all of
20 which he received from Rams' team doctors and trainers, including trainer Jim Anderson, who failed
21 to provide a prescription when one was necessary; identify the medication by its established name;
22 provide adequate directions for the medications' use, including adequate warnings of uses that have
23 potentially dangerous health consequences; or provide the recommended or usual dosage for the
24 medications. The medications were provided to him for the sole purpose of enabling him to practice
25 and play through pain. In particular, on September 17, 1995 in a game against the Carolina Panthers,
26 Mr. Ashmore ruptured a disc in his neck (which would later turn into a career-ending neck injury)
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1 but was kept on the field for that game, and for the remainder of the season, through Medications
2 given to him by Rams' team doctors and trainers, including Mr. Anderson, at their training facility,
3 home stadium and during away games.

4 Mr. Ashmore is now in constant pain in his neck, shoulders and knees. He has also been told
5 that his kidneys may be damaged because a blood test revealed that his kidneys were leaking protein.
6 His life insurance company raised his premiums due to the elevated serum creatinine levels in his
7 body. He has no family history of kidney problems. Mr. Ashmore directly attributes the foregoing
8 current injuries he suffers to the injuries he suffered in the NFL that were masked by the
9 Medications, or the Medications themselves, provided to him by the Clubs for whom he played.

10 While playing for the Los Angeles Rams in the 1986 season, trainer Jim Anderson regularly gave
11 Indocin to putative class member Steve Bartkowski, which he consumed, while failing to advise him
12 of any dangers related to the drug and for the purpose of allowing him to practice and play despite
13 pain. Mr. Bartkowski now suffers from chronic joint pain that he attributes directly to the injuries he
14 suffered while playing in the NFL that were masked by the Medications, or the Medications
15 themselves, provided to him by the Clubs for whom he played.

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18 263. **Miami Dolphins**: On December 5, 1976, the Miami Dolphins were playing a home
19 game against the Buffalo Bills. Named Plaintiff Duriel Harris was a 20-year-old rookie. He
20 severely sprained ligaments in his ankle at the end of that game and practiced very little during the
21 following week. The Dolphins' final game of the year was the next week on December 11, 1976 at
22 home against the Minnesota Vikings. Mr. Harris limped on to the field for pre-game warmups, not
23 expecting to play. Mr. Harris told the Trainer, Bob Lundy, that he could not play. Mr. Lundy said
24 something to the effect of Mr. Harris having a "low threshold for pain" and said Mr. Harris could
25 receive a shot that would permit him to play. Head Coach Don Shula and Wide Receivers Coach
26 Howard Shellenberger then approached Mr. Harris and Coach Shula said "We need you – you need
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1 to play. We've talked to the doctors and they will give you a shot and you can play." Mr. Harris
2 recalls the exchange as not presenting a choice, as challenging his manhood, and he was afraid he
3 would be cut if he objected. Coach Shula, who had a saying "anybody can play this game healthy,"
4 was "insisting" that Mr. Harris play. Feeling "intimidated," Mr. Harris limped back to the training
5 room and the trainer pulled off his shoe and cut the tape from his ankle. The Club doctor then gave
6 him a Cortisone shot in the ankle and the trainer re-taped it. Mr. Harris played the game even though
7 the shot wore off in the fourth quarter and he was hurt and visibly limping. After the game, the
8 trainer cut the tape off and the ankle ballooned up. Mr. Harris returned home and couldn't run for
9 three months. The Dolphins then flew him to a California specialist who recommended more rest.
10 Mr. Harris couldn't run or workout until June of 1977 which substantially inhibited his ability to
11 train prior to the 1977 NFL season. The Dolphins finished with six wins and eight losses in 1976 so
12 the Vikings game had no meaning *vis a vis* playoffs. Although the Dolphins Team Doctor told Mr.
13 Harris the shot would not cause any further damage to his ankle, playing on the injured ankle did
14 cause further damage. In addition, while playing for the Miami Dolphins from 1976 to 1983, Mr.
15 Harris received and consumed enormous quantities of pain-numbing and anti-inflammatory
16 medications, including but not limited to what he believes may have been Tylenol-Codeine #3,
17 Toradol, Percocet, Vicodin and Darvon, at the Dolphins' training facility, home stadium and during
18 away games, all of which he received from Dolphins' team trainers, including but not limited to
19 trainers Bob Lundy and Junior Wade, who failed to provide a prescription when one was necessary;
20 identify the medication by its established name; provide adequate directions for the medications'
21 use, including adequate warnings of uses that have potentially dangerous health consequences; or
22 provide the recommended or usual dosage for the medications. As Mr. Harris has testified, "the
23 trainers wouldn't really tell you what it was" and "everything was given to me in unmarked
24 envelopes." Mr. Harris received medications on the team plane after away games, unaccompanied
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1 by any information about the medications, provided in an “envelope with no writing on it.” The
2 medications were provided to him with the purpose of enabling him to practice and play through
3 pain. Mr. Harris now suffers from the injuries described above, which he directly attributes to the
4 injuries he suffered in the NFL that were masked by the Medications, or the Medications themselves,
5 provided to him by the Clubs for whom he played.
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7 264. **Minnesota Vikings**: During the 2003 season with the Minnesota Vikings, plaintiff
8 Cedric Killings sprained his right ankle in practice. The next morning, Head Coach Mike Tice stated
9 loud enough for others to hear that, if he was not able to practice that day, he would no longer be
10 with the team. Mr. Killings took Medications given by the Club to ensure that he could practice in
11 spite of the pain in his right ankle. He wanted to keep his job. Mr. Killings now suffers from the
12 injuries described above, which he directly attributes to the injuries he suffered in the NFL that were
13 masked by the Medications, or the Medications themselves, provided to him by the Clubs for whom
14 he played.
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16 At her deposition, Ms. Evans testified that when she first met her husband, Charles Evans, in
17 Minnesota in 1992 – 93, he did not talk about medications he was taking but that, over time, she saw
18 him take pills for pain that he received from the Vikings’ medical staff. She further testified that,
19 over time, she either recognized the pills he was taking, or he told her he was taking, Vicodin,
20 Percocet and prescription Motrin while with the Vikings. She further testified that the dosages
21 varied and that Mr. Evans would obtain the medications from the Vikings training facility. She
22 further testified that Mr. Evans obtained these medications from team trainer Steve Wetzel and team
23 doctors Sheldon Burns and Fred Zamberletti. She further testified that Dr. Burns would give her
24 medications that required a prescription, such as amoxicillin, without writing her a prescription and
25 would not advise her as to how to take the medication.
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1 265. **New England Patriots**: While playing for the New England Patriots during the 1997
2 and 1998 seasons, named Plaintiff Steve Lofton received and consumed enormous quantities of pain-
3 numbing and anti-inflammatory medications, including but not limited to Tramadol, Naproxen, and
4 muscle relaxants, at the Patriots' training facility, home stadium and during away games, all of
5 which he received from Patriots' team doctors or trainers, including but not limited to trainer Ron
6 O'Neill, who failed to provide a prescription when one was necessary; identify the medication by its
7 established name; provide adequate directions for the medications' use, including adequate warnings
8 of uses that have potentially dangerous health consequences; or provide the recommended or usual
9 dosage for the medications. The medications were provided to him for the sole purpose of enabling
10 him to practice and play through pain. Mr. Lofton now suffers from the injuries described above,
11 which he directly attributes to the injuries he suffered in the NFL that were masked by the
12 Medications, or the Medications themselves, provided to him by the Clubs for whom he played.
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15 266. **New Orleans Saints**: While playing for the New Orleans Saints during the 1989 and
16 1990 seasons, named Plaintiff Robert Massey received and consumed enormous quantities of pain-
17 numbing and anti-inflammatory drugs, including but not limited to Indocin, Oxycodone, Keflex, and
18 Toradol, at the Saints' training facility, home stadium and during away games, all of which he
19 received from team trainers, including but not limited to head trainer Dean Kleinschmidt and
20 assistant trainer Kevin Mangum, who failed to provide a prescription when necessary; identify the
21 medication by its established name; provide adequate directions for the medications' use, including
22 adequate warnings of uses that have potentially dangerous health consequences; or provide the
23 recommended or usual dosage for the medications. Mr. Massey remembers dealing only with team
24 trainers concerning medications, with the Saints and with every team for whom he played (Saints,
25 Lions, Cardinals, Giants, Jaguars). When Mr. Massey injured his ankle during a game, the New
26 Orleans Saints Trainers, Dean Kleinschmidt and Kevin Mangum shot him with Toradol on the
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1 sideline, and Mr. Massey returned to play. Toradol and the many other medications were provided
2 to him for the sole purpose of enabling him to practice and play through pain. In particular, during
3 the second half of a home game in 1989 during the middle of the season (the Saints played the Jets
4 on October 15, the Rams on October 22, the Falcons on October 29, the Patriots on November 12,
5 and the Falcons again on November 19), Mr. Massey testified that he “was on defense going to make
6 a tackle, and the guy stopped and tried to cut back, and I was trying to stop, and I ended up grabbing
7 his facemask ... but my ankle rolled.” He further testified that he only came out for about a series,
8 got a shot of Toradol from trainers Dean Kleinschmidt and Kevin Mangum, and went back and
9 played the rest of the game because he was “worried” about competition for his spot. Mr. Massey
10 now suffers from injuries described above, which he directly attributes to the injuries he suffered in
11 the NFL that were masked by the Medications, or the Medications themselves, provided to him by
12 the Clubs for whom he played.

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15 Being given no information, such as potential long-term consequences, from the Trainers, or
16 any Team Doctor, about the medications he was given other than “this will help you with your pain,”
17 or “help with the inflammation,” Mr. Massey was also pressured to take the medications. The Saints
18 coach, Jim Mora, repeatedly told Mr. Massey “you got to practice...you need got to be ready for
19 practice.” Coach Mora also told Mr. Massey: “You need all the practice you can get...You’re not
20 that good...that you can afford to miss practice time.” Despite having a serious ankle injury with the
21 Saints, confirmed by an X-ray that the Saints trainer, Kevin Mangum, reviewed with Mr. Massey,
22 Mr. Massey was given Indocin “week after week after week” to permit him to continue to play
23 because Coach Mora was not going to let Mr. Massey have the necessary operation until the season
24 had ended. Mr. Massey was “told it’s an injury you can play with” and was not told it would get
25 worse, only “you can play with it.” Mr. Massey understood that when the trainers gave him
26 medication “they gave it to you to take it, so I took it.”
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1 While playing for the New Orleans Saints from 1999 to 2001, putative class member Robert
2 Wilson regularly received Percocet and Vicodin from team trainers Dean Kleinschmidt and Kevin
3 Mangum, who provided no warnings or mention of side effects and for the sole purpose of enabling
4 him to practice and play through pain. Mr. Wilson currently suffers from right mid-abdominal pain,
5 dyspepsia, and gastritis, all of which he directly attributes to the injuries he suffered in the NFL that
6 were masked by the Medications, or the Medications themselves, provided to him by the Clubs for
7 whom he played.
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9 While playing for the New Orleans Saints during the 2002 and 2003 seasons, putative class
10 member Curtis Keaton regularly received Vioxx, Celebrex, Ibuprofen, Naproxen, Flexeril and
11 Percocet, which he consumed, from team trainer Scottie Patton, who provided no warnings or
12 mention of side effects and for the sole purpose of enabling him to practice and play through pain.
13 Mr. Keaton now suffers from chronic joint pain that he believes is directly attributable to the injuries
14 he suffered in the NFL that were masked by the Medications, or the Medications themselves,
15 provided to him by the Clubs for whom he played.
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17 267. **New York Giants**: While playing for the New York Giants during the 1997 season,
18 named Plaintiff Robert Massey received and consumed enormous quantities of pain-numbing and
19 anti-inflammatory medications, including but not limited what he believes was Indocin and
20 Ibuprofen at the Giants' training facility, home stadium and during away games, all of which he
21 received from Giants team trainers, including trainers Ronnie Barnes and Byron Hanson. Mr.
22 Massey believes he also received Toradol, which is not reflected on Giants medical records
23 provided; Mr. Massey does not recall ever seeing a doctor or trainer record any medications
24 administered or dispensed to Mr. Massey. The trainers failed to provide a prescription when one
25 was necessary; identify the medication by its established name; provide adequate directions for the
26 medications' use, including adequate warnings of uses that have potentially dangerous health
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1 consequences; or provide the recommended or usual dosage for the medications. The medications
2 were provided to him for the sole purpose of enabling him to practice and play through pain. Mr.
3 Massey now suffers from the injuries described above, which he directly attributes to the injuries he
4 suffered in the NFL that were masked by the Medications, or the Medications themselves, provided
5 to him by the Clubs for whom he played.
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7 While playing for the New York Giants from 1985 to 1989, putative class member George
8 Adams regularly received Vicodin, sleeping pills, and Cortisone injections from trainer Ronnie
9 Barnes and team doctor Russell Warren, who provided no warnings or mention of side effects and
10 for the sole purpose of enabling him to practice and play through pain. Mr. Adams currently suffers
11 from high blood pressure and chest pains, which he directly attributes to the Medications provided to
12 him by the Clubs for whom he played.
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14 While playing for the New York Giants during the 2004 season, putative class member Curtis
15 Keaton regularly received Vioxx, Celebrex, Ibuprofen, Naproxen, Flexeril and Percocet from team
16 trainer Ronnie Barnes, who provided no warnings or mention of side effects and for the sole purpose
17 of enabling him to practice and play through pain. Mr. Keaton now suffers from chronic joint pain
18 that he believes is directly attributable to the injuries he suffered in the NFL that were masked by the
19 Medications, or the Medications themselves, provided to him by the Clubs for whom he played.
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21 268. **New York Jets**: While playing for the New York Jets during the 1996 and 1997
22 seasons, named Plaintiff Jeff Graham received and consumed enormous quantities of pain-numbing
23 and anti-inflammatory medications at the Jets' training facility, home stadium and during away
24 games, all of which he received from Jets team doctors or trainers, including but not limited to
25 trainers David Price and John Mellody and doctor Elliott Pellman, who failed to provide a
26 prescription when one was necessary; ever discuss any of the medications' risks or long-term health
27 effects; include adequate warnings of uses that have potentially dangerous health consequences; or
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1 provide the recommended or usual dosage for the medications. The medications were provided to
2 him for the sole purpose of enabling him to practice and play through pain. At his deposition, Mr.
3 Graham testified that following a tear of some cartilage in his knee, Jets trainers and doctors looked
4 at him and said “you know, we don’t have enough receivers to play in the game, so you know, can
5 you see if you can, you know, go out there and put it together for us ... and withstand the pain.” He
6 further testified that the Jets coaches “looked down on me not playing” because of a turf toe injury
7 and that Coach Bill Parcells “had a nonsense clause as far as injuries” and would tell Mr. Graham
8 directly that “you need to be playing, you need to get out here....” On each of these occasions, all of
9 which occurred at the Jets’ training facility, home stadium or during away games, Mr. Graham was
10 administered pain killers and/or anti-inflammatory drugs by Jets trainers and doctors, including but
11 not limited to trainers David Price and John Mellody and doctor Elliott Pellman, to assist him in
12 getting back on the field. Mr. Graham now suffers from the injuries described above, which he
13 directly attributes to the injuries he suffered in the NFL that were masked by the Medications, or the
14 Medications themselves, provided to him by the Clubs for whom he played.
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17 While playing for the New York Jets during the 1992 and 1993 seasons, named Plaintiff Troy
18 Sadowski received and consumed large quantities of pain-numbing and anti-inflammatory drugs,
19 including but not limited to Tylenol 3 and Motrin, at the Jets’ training facility home stadium and
20 during away games, all of which he received from Jets’ team doctors and trainers, including from
21 team trainer Pepper Burruss, who failed to provide a prescription when one was necessary; identify
22 the medication by its established name; provide adequate directions for the medications’ use,
23 including adequate warnings of uses that have potentially dangerous health consequences; or provide
24 the recommended or usual dosage for the medications. The medications were provided to him for
25 the sole purpose of enabling him to practice and play through pain. Mr. Sadowski now suffers from
26 the injuries described above, which he directly attributes to the injuries he suffered in the NFL that
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1 were masked by the Medications, or the Medications themselves, provided to him by the Clubs for
2 whom he played.

3 While playing for the New York Jets in 1989, putative class member Stevon Moore regularly
4 received cortisone injections and Lortab from team doctor Elliott Hirshman, who provided no
5 warnings or mention of side effects and for the sole purpose of enabling him to practice and play
6 through pain. Mr. Moore currently suffers from stomach and bowel problems, breathing problems,
7 acid reflux, high blood pressure and urinary problems, all of which he directly attributes to the
8 Medications provided to him by the Clubs for whom he played.

10 269. **Oakland Raiders**: While with the Raiders, named Plaintiff Darryl Ashmore believed
11 he had broken his wrist at practice on or about October 25, 1998. Between that date and November
12 1, when the Raiders had an important Sunday night game against the Seattle Seahawks, he was told
13 by the Club's doctor, Dr. Warren King, that the injury was only a sprain and that he would be fine to
14 play with painkillers and anti-inflammatories. He played the Sunday night game without a cast and
15 the next morning, Dr. King told him that his wrist was in fact broken and needed a cast. He played
16 with a cast for the rest of the season and used painkillers and anti-inflammatories provided by the
17 Clubs, and in particular Toradol, for the remainder of his career to numb the pain in his wrist. His
18 wrist is now permanently damaged. Mr. Ashmore directly attributes that injury to the injuries he
19 suffered during the 1998 season as described above that were masked by the Medications provided
20 to him. In addition, trainers Rod Martin and Scott Touchet administered large quantities of pain-
21 numbing and anti-inflammatory drugs to Mr. Ashmore, including but not limited to Vioxx,
22 Darvocet, Percocet and sleeping pills, at the Raiders' training facility, home stadium and during
23 away games, while failing to provide a prescription when one was necessary; identify the medication
24 by its established name; provide adequate directions for the medications' use, including adequate
25 warnings of uses that have potentially dangerous health consequences; or provide the recommended
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1 or usual dosage for the medications. The medications were provided to him for the sole purpose of
2 enabling him to practice and play through pain. Mr. Ashmore now suffers from the injuries
3 described above, which he directly attributes to the injuries he suffered in the NFL that were masked
4 by the Medications, or the Medications themselves, provided to him by the Clubs for whom he
5 played.
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7 270. **Philadelphia Eagles**: While playing for the Philadelphia Eagles during the 1998
8 season, named Plaintiff Jeff Graham received and consumed enormous quantities of pain-numbing
9 and anti-inflammatory medications at the Eagles' training facility, home stadium and during away
10 games, all of which he received from Eagles team doctors or trainers, including but not limited to
11 head trainer James Collins, who failed to provide a prescription when one was necessary; provide
12 adequate warnings of uses that have potentially dangerous health consequences; or provide the
13 recommended or usual dosage for the medications. Mr. Graham testified that he knew "for a fact
14 that I took injections prior to almost every game in Philadelphia." He further testified that "if it was
15 a strain or a groin and I was going through it and I had to get an injection to go through and finish
16 the game or start the game and finish and that kind of thing, I was pressured to do that, just the sense
17 of the pressure because of the situation that was going on." The medications were provided to him
18 for the sole purpose of enabling him to practice and play through pain. Mr. Graham now suffers
19 from the injuries described above, which he directly attributes to the injuries he suffered in the NFL
20 that were masked by the Medications, or the Medications themselves, provided to him by the Clubs
21 for whom he played.
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24 While playing for the Philadelphia Eagles from 1983 to 1987, putative class member Jody
25 Schulz received enormous quantities of anti-inflammatory drugs, which he consumed, from team
26 trainer Otho Davis, who provided no warnings or mention of side effects and for the sole purpose of
27 enabling him to practice and play through pain. Mr. Schulz now suffers from chronic joint pain that
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1 he believes is directly attributable to the injuries he suffered in the NFL that were masked by the
2 Medications, or the Medications themselves, provided to him by the Clubs for whom he played.
3 While playing for the Philadelphia Eagles during the 1997 seasons, putative class member here,
4 named Plaintiff in the case of *Dent, et al. v. the National Football League*, C-14-2324-WHA (N.D.
5 Ca. 2014), and Hall of Famer Richard Dent received enormous amounts of anti-inflammatory drugs
6 and painkillers, which he took upon receipt, from head trainer James Collins, who provided no
7 warnings or mention of side effects and for the sole purpose of enabling him to practice and play
8 through pain. Mr. Dent now suffers from an enlarged heart and nerve damage, particularly in his
9 feet, which he directly attributes to the injuries he suffered in the NFL that were masked by the
10 Medications, or the Medications themselves, provided to him by the Clubs for whom he played.
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12 271. **Pittsburgh Steelers**: While playing for the Pittsburgh Steelers during the 1997 and
13 1998 seasons, named Plaintiff Troy Sadowski received and consumed enormous quantities of pain-
14 numbing and anti-inflammatory medications at the Steelers' training facility, home stadium and
15 during away games and received Toradol injections before every game in which he played (Mr.
16 Sadowski recalls that before every game he played for the Steelers at home, syringes of Toradol
17 would be lined up in the locker room with players' numbers, not their names, on them), all of which
18 he received from Steelers' doctors and trainers, including from head trainer Rick Burkholder, who
19 failed to provide a prescription when one was necessary; identify the medication by its established
20 name; provide adequate directions for the medications' use, including adequate warnings of uses that
21 have potentially dangerous health consequences; or provide the recommended or usual dosage for
22 the medications. The medications were provided to him for the sole purpose of enabling him to
23 practice and play through pain. Mr. Sadowski now suffers from the injuries described above, which
24 he directly attributes to the injuries he suffered in the NFL that were masked by the Medications, or
25 the Medications themselves, provided to him by the Clubs for whom he played.
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1 While playing for the Pittsburgh Steelers from 1991 to 1993, named Plaintiff Jeff Graham
2 received and consumed enormous quantities of pain-numbing and anti-inflammatory medications,
3 including but not limited to Naproxen, Vicodin, Indocin, Medrol, Celebrex, Darvocet, Tylenol-
4 Codeine #3, and Erythromycin, at the Steelers' training facility, home stadium and during away
5 games, all of which he received from Steelers team doctors such as James Bradley or trainers,
6 including but not limited to trainers John Norwig and Ralph Berlin, who failed to provide a
7 prescription when one was necessary; provide adequate warnings of uses that have potentially
8 dangerous health consequences; or provide the recommended or usual dosage for the medications.
9 The medications were provided to him for the sole purpose of enabling him to practice and play
10 through pain. Mr. Graham testified that the very first time he ever received an anti-inflammatory
11 injection in the NFL, it was from Dr. Bradley who never told him about the potential side effects or
12 long term consequences of taking multiple injections of anti-inflammatories. Mr. Graham also
13 testified that he received further anti-inflammatories from team trainers. Mr. Graham testified that if
14 he had been told about the risks and long term consequences, "I would not have [taken] the shot."
15 Mr. Graham also specifically recalls being pressured by his position coach, Bob Harrison, to play in
16 a playoff game ("we need you to play") during his third season despite a high ankle sprain that was
17 causing him significant pain and limiting his effectiveness. Mr. Graham now suffers from the
18 injuries described above, which he directly attributes to the injuries he suffered in the NFL that were
19 masked by the Medications, or the Medications themselves, provided to him by the Clubs for whom
20 he played.
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24 While playing for the Pittsburgh Steelers from 1971 to 1978, putative class member Glen
25 Edwards regularly received Novocain and enormous quantities of anti-inflammatory drugs, which he
26 consumed, from head trainer Ralph Berlin, who provided no warnings or mention of side effects and
27 for the sole purpose of enabling him to practice and play through pain. Mr. Edwards now suffers
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1 from extreme pain in his toe in which he received weekly pain-numbing injections and other
2 orthopedic injuries that he believes are directly attributable to the injuries he suffered in the NFL that
3 were masked by the Medications, or the Medications themselves, provided to him by the Clubs for
4 whom he played.

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6 While playing for the Pittsburgh Steelers from 1974 to 1976, putative class member Marvin
7 Kellum regularly received enormous quantities of anti-inflammatory drugs in a paper cup from head
8 trainer Ralph Berlin and team doctors David H. Huber and Paul Steele, who provided no warnings or
9 mention of side effects and for the sole purpose of enabling him to practice and play through pain.
10 Mr. Kellum now suffers from chronic joint pain, fatigue, and arthritis in his shoulders, all of which
11 he directly attributes to the injuries he suffered in the NFL that were masked by the Medications, or
12 the Medications themselves, provided to him by the Clubs.

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14 272. **San Diego Chargers**: While playing for the San Diego Chargers in the 2014 season,
15 named Plaintiff Reggie Walker sprained his left ankle during a game against the Buffalo Bills on
16 September 21, 2014. He did not play the next three games. He did play October 19 against Kansas
17 City; October 23 against Denver and November 2 against Miami. For each of those games, he was
18 given two Toradol shots (one before the game and one at halftime) by a female doctor so he could
19 play. The week after Miami was a bye and he did not play the next two games after the bye. During
20 that time, he remembers pressure to play; in particular, he remembers head coach Mike McCoy
21 saying at a team meeting that “things are not good. We may need to look at other guys if things
22 don’t pick up.” Mr. Walker felt additional pressure because other linebackers were hurt. He then
23 played in the last games of the season – November 30 at Baltimore, December 7 against New
24 England, December 14 against Denver, December 20 against San Francisco, and December 28
25 against Kansas City – and for each game received a Toradol shot before the game and at halftime
26 from the same female team doctor. Since retiring, Mr. Walker suffers from the injuries described
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1 above, which he directly attributes to the injuries he suffered in the NFL that were masked by the
2 Medications, or the Medications themselves, provided to him by the Clubs for whom he played.
3 While playing for the San Diego Chargers during the 2000 NFL season, named Plaintiff Jeff Graham
4 suffered a break in the transverse process in his back. Mr. Graham testified at his deposition that he
5 missed two games and then was cleared to play the remainder of the season. Mr. Graham further
6 testified that he “knew I wasn’t ready to play” but that the Charger coaches pressured him to play by
7 saying “Jeff, you know, we don’t have anything else so we want you to – I mean, can you play, can
8 you play for us, can you suit up and play.” Mr. Graham also testified that the only reason he was
9 able to play in those games was because he “took prior injections before the game and then I think
10 maybe at halftime may be took some other medication or injection to continue to play.” Lastly, Mr.
11 Graham testified that his back did not fully heal until after the season concluded. He was never told
12 of the risks or long term side effects of any of these drugs. He now lives in constant pain, which he
13 believes is directly attributable to various injuries suffered during his NFL career that were masked
14 by painkiller injections and numerous drugs.
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17 273. **San Francisco 49ers**: While playing for the San Francisco 49ers during the 2000
18 season, named Plaintiff Cedric Killings received and consumed enormous quantities of pain-
19 numbing and anti-inflammatory medications, including but not limited to Percocet, Vicodin and
20 Toradol, at the 49ers’ training facility, home stadium and during away games, all of which he
21 received from 49ers team doctors or trainers, including but not limited to trainer Lindsay McLean,
22 who failed to provide a prescription when one was necessary; identify the medication by its
23 established name; provide adequate directions for the medications’ use, including adequate warnings
24 of uses that have potentially dangerous health consequences; or provide the recommended or usual
25 dosage for the medications. The medications were provided to him for the sole purpose of enabling
26 him to practice and play through pain. Mr. Killings now suffers from the injuries described above,
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1 which he directly attributes to the injuries he suffered in the NFL that were masked by the
2 Medications, or the Medications themselves, provided to him by the Clubs for whom he played.

3 While playing for the San Francisco 49ers during the 1986 season, putative class member Dennis
4 Harrison regularly received Naprosyn, Butazolidin, and Oxycodone, which he consumed, from team
5 trainer Lindsay McLean, who provided no warnings or mention of side effects and for the sole
6 purpose of enabling him to practice and play through pain. Mr. Harrison currently suffers from
7 hypertension, hypertensive heart disease, and chronic joint pain, all of which he directly attributes to
8 the injuries he suffered in the NFL that were masked by the Medications, or the Medications
9 themselves, provided to him by the Clubs for whom he played.
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11 While playing for the San Francisco 49ers from 1996 to 1998, putative class member Tyrone
12 Smith received anti-inflammatory drugs from team trainer Lindsay McLean and painkiller injections
13 from team doctor Robert Millard, who provided no warnings or mention of side effects and for the
14 sole purpose of enabling him to practice and play through pain. Mr. Smith currently suffers from
15 acid reflux and pain in both feet, which he directly attributes to the injuries he suffered in the NFL
16 that were masked by the Medications, or the Medications themselves, provided to him by the Clubs
17 for whom he played.
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19 While playing for the San Francisco 49ers during the 1994 season, putative class member
20 here, named Plaintiff in the case of *Dent, et al. v. the National Football League*, C-14-2324-WHA
21 (N.D. Ca. 2014), and Hall of Famer Richard Dent received Depo-Medrol, Prednisone, Motrin,
22 Vicodin, Celestone Solspan and soluble Decadron, Indocin and Azulfidine, which he took upon
23 receipt, from team trainer Lindsay McLean, who provided no warnings or mention of side effects and
24 for the sole purpose of enabling him to practice and play through pain. Mr. Dent now suffers from
25 an enlarged heart and nerve damage, particularly in his feet, which he directly attributes to the
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1 injuries he suffered in the NFL that were masked by the Medications, or the Medications themselves,
2 provided to him by the Clubs for whom he played.

3 While playing for the San Francisco 49ers, Jeremy Newberry, a putative class member here
4 and named Plaintiff in the case of *Dent, et al. v. the National Football League*, C-14-2324-WHA
5 (N.D. Ca. 2014), received Toradol injections before every game in which he played between October
6 14, 2001 and September 7, 2003 from team doctor James Klint, save for the September 22, 2002
7 game against the Washington Redskins, when he received a Toradol injection from team doctor
8 Barry Bryan. Mr. Newberry was never provided with warnings about, or an explanation of, the side
9 effects of Toradol, which was provided to him prophylactically for the sole purpose of enabling him
10 to practice and play through pain. Mr. Newberry, who is only 40 years old, now suffers from Stage
11 3 renal failure, high blood pressure and violent headaches for which he cannot take any medications
12 that might further deteriorate his already-weakened kidneys, all of which he directly attributes to the
13 injuries he suffered in the NFL that were masked by the Medications, or the Medications themselves,
14 provided to him by the Clubs for whom he played.

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17 274. **Seattle Seahawks**: On November 22, 2003, the night before an away game in
18 Baltimore, Maryland, trainer Ken Smith gave named Plaintiff Jerry Wunsch an Ambien. The next
19 day, before the game, Coach Holmgren asked Mr. Wunsch if he could play, despite excruciating pain
20 down the whole right side of his body, to which Mr. Wunsch replied “I can’t play, Coach. I can’t
21 play today. It’s my first game. I just can’t do it.” Coach Holmgren then called for Sam Ramsden,
22 the Seahawks’ trainer, and asked “what can we do to help Mr. Wunsch play today.” Mr. Ramsden
23 brought the doctors over, who gave him a 750 mg dose of Vicodin and Tylenol-Codeine # 3, saying
24 they would help, even though Mr. Wunsch was already taking anti-inflammatories as prescribed by
25 his doctors. He played – feeling high – and after half time, the Medications wore off and he told
26 anyone who would listen that he could not play anymore, but Mr. Ramsden, the head trainer, gave
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1 him another 750 mg of Vicodin on the field for the second half, telling Mr. Wunsch, “don’t sue me
2 personally for this.” In short, on top of the Indocin he was already taking, Mr. Wunsch was also
3 given 1500 mg of Vicodin and Tylenol-Codeine # 3, within a three hour span, so he could play
4 football. After the game, the team flew back to Seattle and Mr. Wunsch drove home. When he
5 woke up the next morning, he had been so high that he had no memory of the flight or drive home.
6 A friend staying with him, Rob Swaner, told him the next day that the previous night Mr. Wunsch
7 had been completely “out of it” and expressed concerns about Mr. Wunsch’s ability to drive home in
8 his impaired state. In addition, while playing for the Seahawks from 2002 to 2005, Mr. Wunsch
9 received large quantities of pain-numbing and anti-inflammatory medications, including but not
10 limited to Tylenol-Codeine #3, Percocet, Vicodin, Toradol, Indocin, and Prednisone, at the
11 Seahawks’ training facility, home stadium and during away games, from Seahawks’ team doctors
12 and trainers, including trainers Sam Ramsden, Ken Smith and Donald Rich, who failed to provide a
13 prescription when one was necessary; identify the medication by its established name; provide
14 adequate directions for the medications’ use, including adequate warnings of uses that have
15 potentially dangerous health consequences; or provide the recommended or usual dosage for the
16 medications. The medications were provided to him for the sole purpose of enabling him to practice
17 and play through pain. Mr. Wunsch currently suffers from an enlarged liver, a damaged pituitary
18 gland, stomach problems and other endocrine issues. He has no family history of medical problems
19 with any of these organs. He is also in constant pain from all of his joints and has shooting nerve
20 pains. Mr. Wunsch once was told by Club doctor, Merrit K. Auld, that he had torn his labrum. The
21 doctor stated that, if he had surgery, his career would be over and recommended that he continue
22 playing and manage the problem with Medications. Mr. Wunsch followed his doctor’s advice. He
23 also received pills and injections to play through various injuries to his ankles. After the last such
24 injury, Dr. Auld informed him that his ankle was so damaged that it could not move properly and
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1 that was why he fractured his fifth metatarsal; specifically, Auld said to him that “[t]he only reason
2 you fractured the tip of your fifth metatarsal is because your ankle won’t bend.” He went on to tell
3 Wunsch that he would “notify the team your fracture is healed and you will probably be released.”
4 Mr. Wunsch was released after the appointment and never played again. Mark Dominic of the
5 Buccaneers asked Mr. Wunsch to become a player/coach and Chris Forester of the Baltimore Ravens
6 asked him to return to be a backup but after learning of the injuries informed him that his return
7 would not be possible. Something Mr. Wunsch already knew. Mr. Wunsch directly attributes the
8 foregoing current injuries he suffers to the injuries he suffered in the NFL that were masked by the
9 Medications, or the Medications themselves, provided to him by the Clubs for whom he played.

11 275. **Tampa Bay Buccaneers**: While playing for the Tampa Bay Buccaneers from 1997
12 to 2001, named Plaintiff Jerry Wunsch received and consumed enormous quantities of pain-numbing
13 and anti-inflammatory medications, including but not limited to Tylenol-Codeine #3, Percocet
14 (oxycodone), Vicodin (hydrocodone), Indocin, Vioxx, and muscle relaxers, at the Buccaneers’
15 training facility, home stadium and during away games, from team doctors Diaco and Janecki and
16 team trainers Todd Toriscelli and Jim Whalen, who failed to provide a prescription when one was
17 necessary; identify the medication by its established name; provide adequate directions for the
18 medications’ use, including adequate warnings of uses that have potentially dangerous health
19 consequences; or provide the recommended or usual dosage for the medications. The medications
20 were provided to him for the sole purpose of enabling him to practice and play through pain. Mr.
21 Wunsch now suffers from the injuries described above, which he directly attributes to the injuries he
22 suffered in the NFL that were masked by the Medications, or the Medications themselves, provided
23 to him by the Clubs for whom he played.

26 While playing for the Tampa Bay Buccaneers from 1998 to 2000, putative class member
27 Shevin Smith received Naprosyn, Flexeril, Tylenol 3, Toradol injections, injections of cortisone and
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1 other pain killers, Vicodin and Ibuprofen from team doctor Joe Diaco, who provided no warnings or
2 mention of side effects and for the sole purpose of enabling him to practice and play through pain.
3 Mr. Smith currently suffers from chronic joint pain, which he attributes directly to the injuries he
4 suffered in the NFL that were masked by the Medications, or the Medications themselves, provided
5 to him by the Clubs for whom he played.
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7 276. **Tennessee Titans**: While playing for the Tennessee Titans during the 2006 season,
8 named Plaintiff Eric King received muscle relaxers and pain killers on multiple occasions from team
9 trainers Brad Brown and/or Don Moseley, who provided no warnings or mention of side effects and
10 for the sole purpose of enabling him to practice and play through pain.

11 Mr. King testified at his deposition that, while playing for the Tennessee Titans during the
12 2007 season, he suffered a broken forearm, hamstring pulls and problems with his knees. Whenever
13 he received one of these injuries during a game, he was given pain medications and anti-
14 inflammatories by team trainers Brad Brown, Don Moseley, Geoff Kaplan, Jason Williams or Jon
15 Takahashi, who told him to get back in the game (and he would).
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17 Mr. King further testified at his deposition that, while playing for the Tennessee Titans
18 during the 2008 seasons, he began to have recurring physical problems and began receiving more
19 and more Medications from the team. During either the Ravens or Chiefs game, he re-aggravated a
20 forearm injury. Rather than rest or sit out, team trainers Brad Brown, Don Moseley, Geoff Kaplan,
21 Jason Williams and/or Jon Takahashi would give him oral Toradol on a daily basis and pain
22 medications to mask the pain so he would not complain about it to ensure that he would be able to
23 play. At first, Mr. King was receiving multiple vials of 10-30 Toradol pills but, as the season
24 progressed, he began receiving Toradol injections.
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26 Throughout his time with the Titans, Mr. King was never given warnings or told of side
27 effects of the Medications he was taking. Mr. King now suffers from injuries described herein,
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1 which he directly attributes to the injuries he suffered in the NFL that were masked by the
2 Medications, or the Medications themselves, provided to him by the Clubs for whom he played.

3 277. **Washington Redskins**: While playing for the Washington Redskins from 1996 to
4 1997, named Plaintiff Darryl Ashmore received and consumed enormous quantities of pain-numbing
5 and anti-inflammatory medications at the Redskins' training facility, home stadium and during away
6 games, all of which he received from Redskins' team doctors or trainers, including but not limited to
7 trainer Lamar "Bubba" Taylor, who failed to provide a prescription when one was necessary;
8 identify the medication by its established name; provide adequate directions for the medications'
9 use, including adequate warnings of uses that have potentially dangerous health consequences; or
10 provide the recommended or usual dosage for the medications. The medications were provided to
11 him for the sole purpose of enabling him to practice and play through pain. In particular, in
12 November 1997, Mr. Ashmore herniated discs in his back. Three days after sustaining that injury,
13 he was back out playing because of muscle relaxers and pain pills provided to him by Mr. Taylor.
14 Mr. Ashmore now suffers from the injuries described above, which he directly attributes to the
15 injuries he suffered in the NFL that were masked by the Medications, or the Medications themselves,
16 provided to him by the Clubs for whom he played.

17 While playing for the Washington Redskins from 1984 to 1988, putative class member
18 Anthony Jones received copious amounts of anti-inflammatory drugs from team trainers Lamar
19 "Bubba" Taylor and Keoki Kamau and team doctor Robert Collins, who provided no warnings or
20 mention of side effects and for the sole purpose of enabling him to practice and play through pain.
21 Mr. Jones now suffers from pain in his right foot, ankle and big toe and in both knees, headaches,
22 back pain on his left side and high blood pressure, all of which he directly attributes to the injuries he
23 suffered in the NFL that were masked by the Medications, or the Medications themselves, provided
24 to him by the Clubs for whom he played.

1 **V. DEFENDANTS DELIBERATELY CONCEALED THEIR ILLEGAL SCHEME.**

2 278. Numerous documents obtained during discovery show how the Clubs and their
3 doctors and trainers concealed their illegal activities for years. Examples include the following:

4 • In an e-mail dated November 3, 2010, Paul Sparling, the Bengals head trainer, writes
5 to Dean Kleinschmidt, the Lions head trainer, “Until the VCML is actually in effect, we will
6 continue to do as we have done for the past 42 years [*i.e.*, travel and distribute controlled substances
7 in violation of federal law].... I sure would love to know who blew up the system that worked all
8 these years. It reminds me of when Charlie (from NFL security) told Marv, George Anderson, Ralph
9 Berlin, etc., that having a bottle with more than one type of medications was co-mingling!”

10 • In an e-mail dated September 9, 2010 from Pepper Burruss, Packers’ head trainer, to
11 John Norwig, Steelers head trainer, Mr. Burruss states: “I expect no immediate guidance from Dr.
12 Brown or Dr. Pellman, other than ‘cover your own behind.’”

13 • In an e-mail dated May 19, 2010 from Rick McKay, Falcons President, to Dr.
14 Pellman, Mr. McKay states: “Here is an exchange that I am not happy about – this is Jeff Fish trying
15 to get after Scott G. My question is Mary Ann Fleming recommending the replacement of our Drs.
16 I need to know – is this really true and does she realize the on-site trainer is in control??? I need to
17 keep this confidential.”

18 • In an e-mail dated May 5, 2010 from Marty Lauzon to Thomas Dimitroff, Mr. Lauzon
19 states: “I did speak with Scott about physicals tomorrow and about our meetings to review our
20 medical procedures and policies. I really think that this is what he was referring to you about, since
21 he brought up to me by saying: ‘How much did you dig, you don’t want to dig out old skeletons? I
22 mean you can’t really prove any abuse by anyone can you?’ It was interesting to hear him say that,
23 like he knows about things that he hopes I don’t find out and would report to you....That’s the
24 feeling I was getting and it would make sense with the comment that he gave you yesterday, about
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1 'holding information back.' He did seem nervous when I told him about the findings of
2 SportsPharm during our own inventory/audit and our discussing with the League benefit director.”

3 • In an e-mail dated August 24, 2009, Bengals head trainer Paul Sparling writes: “I
4 trust all is well with your and Gtown. Can you have your office fax a copy of your DEA certificate
5 to me? I need it for my records when the NFL ‘pill counters’ come to see if we are doing things
6 right. Don’t worry, I’m pretty good at keeping them off the trail!”

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8 279. Dr. Chao testified that he asked Dr. Pellman and Dr. Conner to tell the truth about
9 how all Clubs were dispensing Medications in a manner similar to what the Chargers were doing but
10 they never did.

11 280. For example, on January 20, 2011, Damon Mitchell, a Chargers trainer, sent an e-mail
12 to all NFL head trainers in which he stated: “The San Diego Chargers are conducting a survey on
13 controlled medications. I am asking if you would complete the attached survey rather than your
14 physician. We feel the ATCs have all of the necessary information to complete it and give us the
15 best response rate so we may analyze the collected data accurately.”

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17 281. The next day, Mr. Mitchell sent a follow-up e-mail to the same distribution list
18 stating: “I have been just informed that our medical staff must stop collecting data from the survey.
19 It will be removed from the website effective immediately. For those of you who completed the
20 survey, our medical staff thanks you.”

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22 282. Dr. Chao testified emphatically that Dr. Pellman squelched the survey because, upon
23 information and belief, it would bear out what Dr. Chao told anyone who would listen to him that
24 what he was doing with his players was the norm for the League. For example, in an e-mail dated
25 August 4, 2010, Dr. Chao asked Saints’ head trainer Scottie Patton to provide “supporting info that
26 what james [Collins, the Chargers’ head trainer] and i did [*i.e.*, write prescriptions to themselves and
27 over-medicate players with opioids] were the norm in the nfl community.” Apparently Dr. Chao
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1 reached out to Mr. Patton because the “dea stuff” that he and Mr. Collins were going through was
2 “nothing that [Mr. Patton] ha[d]n’t experienced.”

3 283. Dr. Chao apparently also reached out to Dr. Pellman (per a July 11, 2010 e-mail he
4 sent Dr. Connor) to see if “he would back [Chao] up and say that everyone in the league does it the
5 same way. [Pellman] said that he would not do that as he doesn’t know for a fact how [Chao] do[es]
6 it. (This is after [Pellman] agreed that we all do it this way).” In responding to Dr. Pellman’s
7 forwarding of that e-mail, Dr. Connor stated that he sent an “intentionally vague” e-mail to the
8 NFLPS executive committee that stated in relevant part that “The League is in the process of hiring
9 an attorney ... to keep us all out of hot water.” Dr. Connor then forwarded that exchange to Dr.
10 Pellman to keep him “in the loop” and explaining that he would “obviously ... need to avoid [Dr.
11 Chao’s] request to get involved with the San Diego media.”

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14 **VI. THE CLUB PHYSICIANS ARE INHERENTLY CONFLICTED.**

15 284. In November 2016, the Football Players Health Study at Harvard University, which
16 received its funding pursuant to the 2011 collective bargaining agreement between the League and
17 the NFLPA, published a 500-page plus report titled “Protecting and Promoting the Health of NFL
18 Players: Legal and Ethical Analysis and Recommendations.”

19 285. The top recommendation of that study was as follows: “The current arrangement in
20 which club (*i.e.*, team) medical staff, including doctors, athletic trainers, and others, have
21 responsibilities both to players and to the club presents an inherent conflict of interest. To address
22 this problem and help ensure that players receive medical care that is as free from conflict as
23 possible, division of responsibilities between two distinct groups of medical professionals is needed.
24 Player care and treatment should be provided by one set of medical professionals ... appointed by a
25 joint committee with representation from the NFL and NFLPA, and evaluation of players for
26 business purposes should be done by separate medical personnel.”
27
28

1 286. Indeed, the conflict is written into physicians' agreements with their teams. For
2 example, Dr. Rettig's most recent contract with the Colts states in relevant part that he "shall also be
3 responsible for communicating with each member of the [Colts'] Medical Team and advising the
4 General Manager, the Head Coach and the Head Athletic Trainer of the Medical Team members'
5 recommendations and suggested course of action [regarding players]. Rettig shall also keep the
6 General Manager, the Head Coach, trainers and Club management informed of medical matters
7 involving Club players in a timely fashion." When asked at his deposition whether, with regard to
8 his non-NFL patients, he ever kept third parties informed as to their medical matters, he responded
9 that he did so only for minors and persons with mental issues that rendered them unfit to care for
10 themselves.
11

12 287. And folks around the NFL have known this for years. Gay Culverhouse, who was
13 president of the Tampa Bay Buccaneers from 1991 to 1994, testified at a Congressional hearing in
14 2009 on football head injuries that the Committee needed "to understand very clearly ... that the
15 [Club] doctor is hired by the coach and paid by the front office. This team doctor is not a medical
16 advocate for the players. This team doctor's role is to get that player back on the field, even if that
17 means injecting the player on the field. I have seen a wall of players surround a player, a particular
18 player, and seen his knees injected, seen his hip injected between plays and him back on the field.
19 This is inexcusable."
20

21 288. The inherent conflict got so bad that, prior to at least 2004, doctors were paying
22 certain clubs to serve as their club doctor, though upon information and belief that no longer occurs.
23 In that year, Commissioner Paul Tagliabue, in a September 7, 2004 letter to "All Chief Executives
24 and Club Presidents," abolished that practice.
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1 **CLASS ACTION ALLEGATIONS**

2 289. Plaintiffs adopt by reference all allegations contained in the paragraphs above, as if
3 fully set forth herein.

4 290. Plaintiffs bring this action on behalf of themselves and all other similarly-situated
5 individuals pursuant to Fed. R. Civ. P. 23, consisting of all Players, which for class purposes shall
6 mean anyone listed on one of the Clubs' rosters from the point in a season where a final roster
7 decision is announced (for the 2016 season, this would have been when the 53 man roster was
8 announced on September 3, 2016) through the completion of that season, who received Medications,
9 which for class purposes shall mean any drug ever listed as a controlled substance, Naprosyn,
10 Indocin, Vioxx, Prednisone, and Toradol, from a Club and excluding Defendants, their employees
11 and affiliates, and Judge Alsup.
12

13 291. The Class contains a sufficiently large number of persons that joining all of their
14 claims is impractical. Named Plaintiffs are but a few of the approximately 17,000 retired NFL
15 players, most if not all of who are within the Class definitions, and over 1,400 retired NFL players
16 who have signed Retention Agreements with undersigned counsel.
17

18 292. Numerous common questions of law and fact exist. They include, for example:
19
20 • Did Defendants conspire or otherwise agree, expressly or tacitly, to engage in the
21 illegal procurement, storage, and/or administration of, and secrecy concerning,
22 the Medications identified herein?
23
24 • Did Defendants provide or administer Medications to the Class Members as
25 described above?
26
27 • Did Defendants intentionally provide or administer Medications to the Class
28 Members as described above?
29 • Did Defendants violate the Controlled Substances Act's requirements governing
acquisition of controlled substances?

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- Did Defendants violate the Controlled Substances Act’s requirements governing storage of controlled substances?
- Did Defendants violate the Controlled Substances Act’s requirements governing distribution of controlled substances?
- Did Defendants violate the Food and Drug Act’s requirements governing distribution of prescribed medications?
- Did the provision or administration of Medications to Class Members, as described above, violate state pharmaceutical laws regulating the acquisition, storage and dispensing of Medications?
- Did the Class Members provide informed consent authorizing the provision or administration of Medications?
- Did Defendants intentionally mislead Class Members about the dangers of health risks associated with provision and administration of Medications as described above?
- Did Defendants intentionally fail to disclose to Class Members the dangers of the health risks associated with provision and administration of Medications as described above?
- Did the Defendants’ provision or administration of Medications as described above cause, in whole or in part, other injuries, illnesses, or disabilities of the Class Members?
- Did the Defendants’ provision or administration of Medications as described above increase Class Member’s risk of developing physical and mental health problems, injuries, disabilities, limitations and other problems in the future?
- Did the Defendants’ provision or administration of Medications as described above proximately cause Class Members’ economic losses, harms, lost earning potential, reduced earning capacity and other economic damages?

293. Plaintiffs and their claims are typical of the absent Class Members and their claims. Plaintiffs have the same incentives as the absent Class Members in this case, ensuring the proper

1 representation of and advocacy for the absent Class Members' interests. Plaintiffs' claims arise from
2 the same wrongful conduct the Defendants engaged in toward the absent Class Members.

3 294. Plaintiffs will adequately represent the Class Members. Plaintiffs have no conflicts of
4 interest with the absent Class Members who Plaintiffs seek to represent. To the contrary, Plaintiffs'
5 interests are fully aligned with the absent Class Members' interests in this action, in seeking redress
6 for the Clubs' common wrongful conduct to both Plaintiffs and absent Class Members. Plaintiffs
7 will fairly and adequately protect the interests of the absent Class Members.
8

9 295. Plaintiffs' counsel will properly and vigorously represent the Class Members.
10 Plaintiffs' counsel have no conflicts of interest with the Plaintiffs and Class Members. Plaintiffs'
11 counsel are experienced trial lawyers and litigators, with substantial experience in complex and class
12 action litigation. Reflecting their commitment to this case and the protection of the absent Class
13 Members, Plaintiffs' counsel have invested a great deal of time, money, legal research and factual
14 investigative effort in developing and understanding the facts set forth in this Complaint and
15 analyzing the best expression of those facts in legal theories and causes of action. Further
16 underscoring Plaintiffs' counsel's qualifications and satisfaction of the adequacy of representation
17 requirements, Plaintiffs' counsel have met with and received signed Retainer Agreements from over
18 1,400 Class Members.
19

20 296. The members of the Class are readily ascertainable and identifiable from reference to
21 existing, objective criteria that are administratively practical, including records maintained by
22 Defendants. Defendants have and maintain records reflecting the names of all of the Clubs' players,
23 their games played, injuries sustained, medical and injury reports on the Class Members and certain
24 reports and records of the provision of medical, pharmacological, and other therapeutic treatments to
25 the Class Members.
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1 297. Common questions, such as those listed above, predominate over any questions
2 affecting only individual members. As described above, and in light of the Defendants' common
3 misconduct toward all of the Class Members, the Class is sufficiently cohesive to warrant class
4 treatment. Plaintiffs, on behalf of the Class, allege a common body of operative facts and common
5 legal claims relevant to each Class Member's condition and claims. Moreover, if necessary, Due
6 Process compliant trial plans can be developed, at the appropriate time, to ensure the most efficient,
7 practical and just resolution of the claims alleged herein.
8

9 298. A class action here is superior to other adjudicatory methods possibly available for
10 resolving the Class's claim. First, Defendants are a \$9 billion business annually and continuously
11 growing, with virtually limitless resources to litigate against individual plaintiffs who have nowhere
12 near the financial and legal firepower that Defendants can immediately muster. Second, those vast
13 financial and economic resource disparities between individual Class Members and Defendants
14 mean that many, if not most, of the claims of individual Class Members would languish un-redressed
15 absent class action treatment. Third, the Class Members have not expressed interest in individually
16 controlling the prosecution of separate actions. Judicial economy, economic efficiency, and the goal
17 of avoiding inconsistent rulings and conflicting adjudications reflect the desirability of concentrating
18 the litigation of the claims in this Complaint in the single forum this Court provides. With an
19 appropriate trial plan, adjudicating the claims of the clearly defined Class above will not present
20 undue difficulties for case management.
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23 299. This action is properly maintainable as a class action under Fed. R. Civ. P. 23(b)(3).
24 As described above, Defendants have acted or refused to act on grounds generally applicable to the
25 Class such that questions of law or fact common to the Class predominate over any questions
26 affecting only individual members, making a class action superior to other available methods for
27 fairly and efficiently adjudicating the controversy.
28

1 308. The Clubs knew that Class Members would rely on what they said about the
2 Medications that kept the Class Members on the field.

3 309. The Class Members reasonably relied on what the Clubs did say – “here you go, take
4 this and get out there.” That message did not include: disclosure of the numerous and serious risks
5 associated with the Medications; the need for informed consent; the need for independent medical
6 evaluation, diagnoses and prescription; the need for monitoring for toxicity, potentially serious or
7 even fatal drug interactions; and any recognition of, let alone adherence to, limitations on frequency
8 and duration of the Class Member’s exposure to these Medications.

9
10 310. The Class Members reasonably believed the Clubs were taking their best interests
11 into consideration when they provided and administered Medications.

12 311. The atmosphere of trust inherent in locker rooms, in which players become friendly
13 with their Clubs’ medical and training staffs, inured the Class Members to any suspicion that the
14 Medications they were given and administered might be dangerous.

15
16 312. The Class Members reasonably believed the Clubs would not act illegally and, in
17 doing so, injure the Class Members and put them at risk of substantial and continuing future injuries.

18 313. The Class Members were in fact deceived by the Club’s misrepresentations, and
19 justifiably acted and detrimentally relied on those intentional misrepresentations.

20 314. The Clubs are liable for their intentional misrepresentations to the Class Members.

21 315. The Clubs’ intentional misrepresentations were a cause in fact of the Class Members’
22 damages, injuries and losses, both economic and otherwise, alleged in this Complaint.

23 316. The Clubs’ intentional misrepresentations proximately caused the Class Members’
24 damages, injuries and losses, both economic and otherwise, alleged in this Complaint, all of which
25 are ongoing and will continue for the foreseeable future.
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1 317. The Class Members suffered damages and losses factually and proximately caused by
2 their reasonable and justifiable reliance on the Clubs' intentional misrepresentations and omissions
3 about the Medications.

4 318. The Clubs are liable to the Class Members for all categories of damages, in the
5 greatest amounts permissible under applicable law.

6 319. As a result of the foregoing uniform, agreement-based misrepresentations, Plaintiffs
7 and the Class Members ingested vast amounts of opioids, anti-inflammatories and other analgesics,
8 and local anesthetics during their NFL careers that they otherwise would not have, all of which
9 occurred without proper medical diagnosis, supervision and monitoring; in quantities exceeding
10 recommended dosages; and for periods far longer than recommended treatment intervals.

11 320. As a result of Defendants' provision and administration of Medications, the Class
12 Members are currently suffering from, or at a substantially-increased risk of developing, physical
13 and/or internal injuries resulting from the provision and administration of the Medications.

14 321. Such injuries, and the substantially-increased risks thereof, are latent injuries. They
15 develop over time, often undetected at first because the absence, paucity or modest nature of early
16 symptoms are readily explained away as "old age" or caused by some other factor independent of
17 Defendants' provision and administration of Medications.

18 322. Such latent injuries include, without limitation, musculoskeletal deterioration,
19 arthritic and osteoarthritic progression, and damage to internal organs.

20 323. Defendants had superior knowledge to that of the Class Members concerning the
21 current use, and latent injuries, associated with the provision and administration of the Medications
22 to the Class Members.

1 324. Despite that knowledge, Defendants systematically misrepresented to the Class
2 Members that Defendants' administration of the Medications would have no adverse impact on their
3 health or concealed the scope of injuries from which the Class Members might suffer.

4 325. The Class Members' latent injuries, and substantially increased risks of developing
5 physical maladies later in their lives, necessitate specialized medical investigation, monitoring,
6 testing and treatment not generally required by or given to the public at large.

7 326. The testing and medical monitoring regime required for the Class Members is specific
8 to their experience with the Clubs' provision and administration of the Medications.

9 327. Persons not exposed to the Medications that the Clubs provided and administered to
10 the Class Members would not require a testing and medical monitoring regime like that necessary to
11 protect the Class Members.

12 328. The testing and medical monitoring regime will include baseline testing of each Class
13 Member, with diagnostic examinations, to determine whether the Class Member is currently
14 suffering from any of the physical injuries associated with the Medications.

15 329. This testing and medical monitoring regime will also include evaluations of the non-
16 currently symptomatic Class Members to determine whether, and, if so, by how much, they are at
17 increased risk for developing the injuries at issue in the future.

18 330. This testing and medical monitoring regime will help to prevent, or mitigate, the
19 numerous adverse health effects the Class Members suffered and will suffer from Defendants'
20 provision and administration of the Medications.

21 331. Scientifically-sound and well-recognized medical and scientific principles and
22 observations support the efficacy of the testing and medical monitoring regime the Class Members
23 require.

1 332. Testing and monitoring the Class Members will help prevent or mitigate the
2 development of the injuries at issue.

3 333. Testing and monitoring the Class Members will help to ensure that they do not go
4 without adequate treatment that could either prevent, or mitigate, the occurrence of the injuries at
5 issue.

6 334. In addition to compensatory and punitive damages against Defendants, Plaintiffs seek
7 a mandatory continuing injunction creating and imposing a Court-ordered, Defendants-funded
8 testing and medical monitoring program to help prevent the occurrence of Medication-caused
9 injuries and disabilities, to help ensure the prompt diagnosis and early treatment necessary to reduce
10 the degree or slow the progression of such Medication-caused problems, and otherwise to facilitate
11 the treatment of such problems.

12 335. This testing and medical monitoring program should include a trust fund, under the
13 supervision of the Court or Court-appointed Special Master who makes regular reports to the Court
14 about the fund.

15 336. This trust fund is required to pay for the testing and medical monitoring and treatment
16 the Class Members require as a matter of sound medical practice, regardless of the frequency, cost or
17 duration of such testing, monitoring and treatments.

18 337. Plaintiffs have no adequate legal remedy with regard to the latent injuries described
19 herein. Money damages are by themselves insufficient to compensate the Plaintiffs and Class
20 Members for the continuing risks associated with such injuries.

21 338. Absent the testing and medical monitoring program described in the preceding
22 paragraphs, the Plaintiffs will remain unprotected against the continuing risk, created by Defendants'
23 misconduct, of subsequent development and manifestation of physical injuries that are now latent.

1 **COUNT II – CONCEALMENT**

2 **(All Plaintiffs Against All Defendants)**

3 339. Plaintiffs adopt by reference all allegations contained in the paragraphs above, as if
4 fully set forth herein.

5 340. The Clubs continuously and systematically failed to provide Class Members with
6 prescriptions, as illustrated by examples provided herein.

7 341. The Clubs continuously and systematically failed to identify Medications they
8 provided to Class Members by their established name, as illustrated by examples provided herein.

9 342. The Clubs continuously and systematically failed to provide adequate directions for
10 the use of Medications they provided the Class Members, as illustrated by examples provided herein.

11 343. The Clubs continuously and systematically failed to include adequate warnings of
12 uses of the Medications they provided the Class Members that have potentially dangerous health
13 consequences, as illustrated by examples provided herein.

14 344. The Clubs continuously and systematically failed to provide the recommended or
15 usual dosage for the Medications they provided the Class Members, as illustrated by examples
16 provided herein.

17 345. The foregoing omissions relate to material facts that the Clubs were required to
18 provide to the Class Members under federal and state law as detailed herein.

19 346. The Clubs intended to deceive the Class Members through their intentional
20 omissions.

21 347. The Clubs know that, had they made these disclosures to the Class Members, the
22 Class Members would not have ingested Medications in the manner described herein.

23 348. The Class Members reasonably believed the Clubs were taking their best interests
24 into consideration when they provided and administered Medications.

1 349. The atmosphere of trust inherent in locker rooms, in which players become friendly
2 with their Clubs' medical and training staffs, inured the Class Members to any suspicion that the
3 Medications they were given and administered might be dangerous.

4 350. The Class Members reasonably believed the Clubs would not act illegally and, in
5 doing so, injure the Class Members and put them at risk of substantial and continuing future injuries.

6 351. The Class Members were in fact deceived by the Club's intentional omissions, and
7 justifiably acted and detrimentally relied on those intentional omissions.

8 352. The Clubs are liable for their omissions to the Class Members.

9 353. The Clubs' omissions were a cause in fact of the Class Members' damages, injuries
10 and losses, both economic and otherwise, alleged in this Complaint.

11 354. The Clubs' omissions proximately caused the Class Members' damages, injuries and
12 losses, both economic and otherwise, alleged in this Complaint, all of which are ongoing and will
13 continue for the foreseeable future.

14 355. The Class Members suffered damages and losses factually and proximately caused by
15 their reasonable and justifiable reliance on the Clubs' omissions relating to the Medications.

16 356. As a result of the foregoing uniform, agreement-based omissions, Plaintiffs and the
17 Class Members ingested vast amounts of Medications during their NFL careers that they otherwise
18 would not have, all of which occurred without proper medical diagnosis, supervision and
19 monitoring; in quantities exceeding recommended dosages; and for periods far longer than
20 recommended treatment intervals.

21 357. As a result of Defendants' provision and administration of Medications, the Class
22 Members are currently suffering from, or at a substantially-increased risk of developing, physical
23 and/or internal injuries resulting from the provision and administration of the Medications.

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2 develop over time, often undetected at first because the absence, paucity or modest nature of early
3 symptoms are readily explained away as “old age” or caused by some other factor independent of
4 Defendants’ provision and administration of Medications.

5 359. Such latent injuries include, without limitation, musculoskeletal deterioration,
6 arthritic and osteoarthritic progression, and damage to internal organs.

7 360. Defendants had superior knowledge to that of the Class Members concerning the
8 current use, and latent injuries, associated with the provision and administration of the Medications
9 to the Class Members.

10 361. Despite that knowledge, Defendants systematically misrepresented to the Class
11 Members that Defendants’ administration of the Medications would have no adverse impact on their
12 health or concealed the scope of injuries from which the Class Members might suffer.

13 362. The Class Members’ latent injuries, and substantially increased risks of developing
14 physical maladies later in their lives, necessitate specialized medical investigation, monitoring,
15 testing and treatment not generally required by or given to the public at large.

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17 to their experience with the Clubs’ provision and administration of the Medications.

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19 the Class Members would not require a testing and medical monitoring regime like that necessary to
20 protect the Class Members.

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22 Member, with diagnostic examinations, to determine whether the Class Member is currently
23 suffering from any of the physical injuries associated with the Medications.

1 366. This testing and medical monitoring regime will also include evaluations of the non-
2 currently symptomatic Class Members to determine whether, and, if so, by how much, they are at
3 increased risk for developing the injuries at issue in the future.

4 367. This testing and medical monitoring regime will help to prevent, or mitigate, the
5 numerous adverse health effects the Class Members suffered and will suffer from Defendants'
6 provision and administration of the Medications.

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8 observations support the efficacy of the testing and medical monitoring regime the Class Members
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11 development of the injuries at issue.

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13 without adequate treatment that could either prevent, or mitigate, the occurrence of the injuries at
14 issue.

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16 a mandatory continuing injunction creating and imposing a Court-ordered, Defendants-funded
17 testing and medical monitoring program to help prevent the occurrence of Medication-caused
18 injuries and disabilities, to help ensure the prompt diagnosis and early treatment necessary to reduce
19 the degree or slow the progression of such Medication-caused problems, and otherwise to facilitate
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21 372. This testing and medical monitoring program should include a trust fund, under the
22 supervision of the Court or Court-appointed Special Master who makes regular reports to the Court
23 about the fund.

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